



Altmar-Parish-Williamstown

(B) 7/8TH Cross Country (APW Rebels)

Coaches:

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|----------|--------------------------------|------------------------|-----------------------------------------------------------------------------|---------------------|
| Sep 14, 2019 | Sat | Regular Season (Invitational) | Liverpool, Camden, Fabius-Pompey, Jamesville-Dewitt, Central Valley Academy @ East Syracuse Minoa | 9:00 AM | | ESM Kirkville Rd. Field | Bus/Driver: APW | Departure Point: Athletic Entrance Departure Time: 7:15 AM | L |
| Sep 18, 2019 | Wed | Regular Season (Tri-meet with Hannibal) | @ Skaneateles | 4:30 PM | | Skaneateles Polo Grounds | Bus/Driver: APW | Departure Point: Athletic Entrance Departure Time: 2:45 PM | L |
| Oct 2, 2019 | Wed | Regular Season | Jordan-Elbridge, Solvay | 4:30 PM | | A-P-W Elementary School | | | L |
| Oct 5, 2019 | Sat | Regular Season (Cross Country Invitational) | Jamesville-Dewitt, Oneida, Corcoran (Syracuse West), Canastota, Fayetteville-Manlius, Utica Proctor (JFK/DMS), Cooperstown (Modified), Central Valley Academy, New Hartford, Westmoreland, Holland Patent, Vernon-Verona-Sherrill, Notre Dame, Utica @ Whitesboro | 8:30 AM | | Deerfield Town Wilderness Park | Bus/Driver: APW | Departure Point: Athletic Entrance Departure Time: 7:00 AM | NL |
| Oct 9, 2019 | Wed | Regular Season | @ Marcellus | 4:30 PM | | Cross Country Course at MS | Bus/Driver: APW | Departure Point: Athletic Entrance Departure Time: 2:45 PM | L |
| Oct 21, 2019 | Mon | Regular Season | Cazenovia | 4:30 PM | | A-P-W Elementary School | Bus/Driver: APW | Departure Point: Athletic Entrance | L |
| Oct 23, 2019 | Wed | Meet (OHSL Modified Meet) | Vs. Multiple | 4:00 PM | 6:45 PM | Marcellus Park | | Departure Time: 2:30 PM | NL |

Date: 2025-12-06