



# Altmar-Parish-Williamstown

## (G) 7/8TH Cross Country (APW Rebels)

### Coaches:

- Fred Sovie, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 15, 2021	Wed	Regular Season	Phoenix, Cazenovia	4:30 PM		A-P-W Elementary School			L
Sep 18, 2021	Sat	Regular Season (Invitational)	@ TBD	9:00 AM		Pine Grove Cross Country Track	<b>Bus/Driver:</b> APW	<b>Departure Point:</b> Athletic Entrance <b>Departure Time:</b> 7:15 AM	NL
Sep 22, 2021	Wed	Regular Season (meet)	Skaneateles @ Hannibal	4:30 PM		Hannibal HS	<b>Bus/Driver:</b> APW	<b>Departure Point:</b> Athletic Entrance <b>Departure Time:</b> 3:00 PM	L
Sep 25, 2021	Sat	Regular Season (Invitational)	@ TBD	10:00 AM	6:30 PM	Bville - Durgee Cross Country Trail	<b>Bus/Driver:</b> APW	<b>Departure Point:</b> Athletic Entrance <b>Departure Time:</b> 8:15 AM	NL
Sep 29, 2021	Wed	Regular Season (meet)	@ Pulaski	4:30 PM		Selkirk State Park	<b>Bus/Driver:</b> APW	<b>Departure Point:</b> Athletic Entrance <b>Departure Time:</b> 3:30 PM	NL
Oct 2, 2021	Sat	Regular Season (Whitesboro Invitational)	Oriskany, Remsen (Remsen/Town of Webb), Central Valley Academy, New Hartford, Henninger, Clinton, Utica Proctor (JFK/DMS), Holland Patent, Notre Dame, Utica, Jamesville-Dewitt, Corcoran (Syracuse West) @ Whitesboro	9:00 AM	1:30 PM	Deerfield Town Wilderness Park	<b>Bus/Driver:</b> APW Central Schools	<b>Departure Time:</b> 7:00 AM	NL
Oct 6, 2021	Wed	Regular Season	Solvay @ Jordan-Elbridge	4:30 PM	6:00 PM	JE HS Cross Country Course	<b>Bus/Driver:</b> APW	<b>Departure Point:</b> Athletic Entrance <b>Departure Time:</b> 3:30 PM	L
Oct 13, 2021	Wed	Regular Season	@ Phoenix	4:30 PM		EJD XC Course	<b>Bus/Driver:</b> APW	<b>Departure Point:</b> Athletic Entrance <b>Departure Time:</b> 3:30 PM	L
Oct 16, 2021	Sat	Regular Season (Invitational)	@ TBD	9:15 AM		Weedsport Jr.-Sr. High School	<b>Bus/Driver:</b> APW	<b>Departure Point:</b> Athletic Entrance <b>Departure Time:</b> 7:30 AM	NL

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Oct 16, 2021	Sat	Regular Season (Weedsport Invite)	East Syracuse Minoa, Jordan-Elbridge, Oswego, Port Byron (Port Byron/Union Springs), Mynderse Academy, Auburn, West Genesee, Skaneateles, Waterloo, Baldwinsville @ Weedsport	9:45 AM		Weedsport Jr.-Sr. High School	<b>Bus/Driver:</b> APW Central Schools	<b>Departure Time:</b> 7:30 AM	NL

Date: 2024-04-29