



# Altmar-Parish-Williamstown

## Girls (APW Rebels) 7th/8th Cross Country

### 2021 - 2022

#### Coaches:

- Fred Sovie, Head Coach

Athletics Director: Mr. George F. Emrich

639 County Route 22  
Parish, NY, 13131  
(315) 625-5232

#### Players (3)

NAME	HOME NUMBER	AWAY NUMBER	GRADE
Mila Demko			9
Zoryana Dupree			9
Jane VanVranken			9