



Altmar-Parish-Williamstown

Girls (APW Rebels) Varsity Cross Country

2022 - 2023

Coaches:

- Fred Sovie, Head Coach

Athletics Director: Mr. George F. Emrich

639 County Route 22
Parish, NY, 13131
(315) 625-5232

Players (4)

| NAME | GRADE |
|--------------------|-----------|
| Jane VanVranken | 9 |
| Kandace Tanner | 12 |
| ShiannDestiny King | 9 |
| Sabrina Gamble | Graduated |