



# Altmar-Parish-Williamstown

## Girls (APW Rebels) Varsity Cross Country

### 2022 - 2023

#### Coaches:

- Fred Sovie, Head Coach

Athletics Director: Mr. George F. Emrich

639 County Route 22  
Parish, NY, 13131  
(315) 625-5232

#### Players (4)

NAME	GRADE
Sabrina Gamble	Graduated
ShiannDestiny King	9
Kandace Tanner	12
Jane VanVranken	9