



# Oswego Boys Varsity Wrestling 2022 - 2023

Athletics Director: Cynthia Lauzon

2 Buccaneer Blvd  
Oswego, NY, 13126  
(315) 341-2019  
[www.oswego.org](http://www.oswego.org)

## Coaches:

- Mike Howard, Head Coach
- Austin Reed, Asst Coach

## Players (11)

NAME	GRADE	WEIGHT
John DelConte	12	145
Theodore Gosier II	12	152
Kevin Gregory	11	
Matthew Murray	11	110
Garret Pickens	12	172/189
Jose' Ramos Jr	12	132
Antonio Rivera Gonzalez	12	138
Evan Sanders	12	195
Hayden Sanders	12	172/189
Max Steiger	12	126
Nicholas Thompson	12	132/138