



# Oswego Boys Varsity Wrestling 2022 - 2023

Athletics Director: Cynthia Lauzon  
Assistant: Angela Miller

2 Buccaneer Blvd  
Oswego, NY, 13126  
(315) 341-2019  
[www.oswego.org](http://www.oswego.org)

## Coaches:

- Mike Howard, Head Coach
- James Stevens, Asst Coach

## Players (11)

NAME	GRADE	WEIGHT
Matthew Murray	9	110
Max Steiger	10	126
Jose' Ramos Jr	11	132
Nicholas Thompson	11	132/138
Antonio Rivera Gonzalez	12	138
John DelConte	12	145
Theodore Gosier II	11	152
Garret Pickens	11	172/189
Hayden Sanders	12	172/189
Evan Sanders	10	195
Kevin Gregory	11	