



# Oswego Boys Varsity Wrestling 2021 - 2022

Athletics Director: Cynthia Lauzon  
Assistant: Angela Miller

2 Buccaneer Blvd  
Oswego, NY, 13126  
(315) 341-2019  
[www.oswego.org](http://www.oswego.org)

## Coaches:

- Mike Howard, Head Coach
- James Stevens, Asst Coach

## Players (16)

NAME	GRADE	WEIGHT
Nicholas Thompson	11	132
Logan Duval	11	145
Michael Orel	11	152/160
Garret Pickens	11	215
Jose' Ramos Jr	11	118
Spencer Therrien	12	145
Caleb Cunningham	11	145
Mason Sinclair	12	160
Antonio Rivera Gonzalez	12	145
Hayden Sanders	12	215
John DelConte	12	145
Logan Mathews	12	189/215
Hunter McCarthy	12	126
Jamee Ekman	12	118
Ethan Hart	12	215
Wayne Earl Jr	12	132/138

## Personnel (2)

NAME	POSITION
Bradee Ekman	Team Manager
alyssa monahan	Team Manager