

Coaches:

- Dominick Pike, Head Coach
- Kristina Taylor, Asst Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|--|---|---------------|-------------|--|---|----------------------------|
| Aug 30, 2023 | Wed | Regular Season (Cazenovia XC Trail Run) | @ TBD | 5:45 PM | | Cazenovia Googin/Fenner X-C Course | Departure Point: OHS Departure Time: 3:15 PM | NL |
| Sep 8, 2023 | Fri | Regular Season (Dash n The Dark) | @ TBD | TBD | | O-A M/HS | Departure Point: OHS Departure Time: 1:00 PM | NL |
| Sep 13, 2023 | Wed | Regular Season | Corcoran (Syracuse West) @ Fulton | 5:00 PM | | Bodley H S | Departure Point: OHS Departure Time: 3:00 PM | L |
| Sep 16, 2023 | Sat | Regular Season (ESM Invitational) | @ TBD | TBD | | Pine Grove Cross Country Track | Departure Point: OHS Departure Time: 7:00 AM | NL |
| Sep 20, 2023 | Wed | Regular Season | @ Jamesville- Dewitt | 5:00 PM | | JD HS Stadium | Departure Point: OHS Departure Time: 2:45 PM | L |
| Sep 23, 2023 | Sat | Regular Season (Baldwinsville Harriers Invitational) | @ TBD | 9:15 AM | | Bville - Durgee Cross Country Trail | Departure Point: OHS Departure Time: 10:15 AM | L |
| Sep 26, 2023 | Tue | Regular Season | @ East Syracuse Minoa | 5:00 PM | | ESM Kirkville Rd. Field | Departure Point: OHS Departure Time: 2:30 PM | L |
| Sep 30, 2023 | Sat | Regular Season (McQuaid Invitational Genesee Valley Park) | @ TBD | 11:40 AM | | TBD | Departure Point: OHS Departure Time: 8:00 AM | NL |
| Oct 4, 2023 | Wed | Regular Season | Nottingham (Nottingham), Central Square | 5:00 PM | | Oswego Middle School Cross Country Trail | | L |
| Oct 18, 2023 | Wed | Regular Season (SCAC Championships) | Jamesville-Dewitt, Fulton, Nottingham (Nottingham), East Syracuse Minoa, Central Square, Auburn, West Genesee, Fayetteville- Manlius, Henninger (Henninger), Fowler (Syracuse West), Liverpool, Cicero- North Syracuse @ Baldwinsville | 5:00 PM | 5:30 PM | Bville - Durgee Cross Country Trail | Departure Point: OHS Departure Time: 2:20 PM | L |
| Oct 21, 2023 | Sat | Regular Season (Weedsport Invitational) | @ TBD | TBD | | Weedsport Jr Sr. High School | Departure Point: OHS Departure Time: 8:15 AM | NL |
| Nov 4, 2023 | Sat | Post-Season (Sectionals) | @ TBD | 2:30 PM | | Cross Country Course | Departure Point: OHS Departure Time: 11:00 AM | NL |

| DATE | WEEI DAY | K TYPE | OPPONENTS | START END TIME TIM | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|-------------------------|-----------|-----------------------|-------------------------|---|----------------------------|
| Nov 10, 2023 | Fri | Post-Season (States) | @ TBD | TBD | Cross Country Course | Departure Point: OHS Departure Time: 9:00 AM | NL |
| Nov 11, 2023 | Sat | Post-Season (States) | @ TBD | TBD | Cross Country Course | Departure Point: OHS Departure Time: 11:00 AM | NL |

Date: 2024-04-19