## Coaches:



## Oriskany (G) V Winter Track (Oriskany/Westmoreland)

- Madisyn Lee, Head Coach
- Jane Fahy , Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 18, 2024	Mon	Practice (Week 1 Practices)	N/A	5:00 PM	6:15 PM	Atrium @ High School		
Nov 19, 2024	Tue	Practice (Week 1 Practices)	N/A	5:00 PM	6:15 PM	Atrium @ High School		
Nov 20, 2024	Wed	Practice (Week 1 Practices)	N/A	5:00 PM	6:15 PM	Atrium @ High School		
Nov 21, 2024	Thu	Practice (Week 1 Practices)	N/A	5:00 PM	6:15 PM	Atrium @ High School		
Nov 22, 2024	Fri	Practice (Week 1 Practices)	N/A	5:00 PM	6:15 PM	Atrium @ High School		
Nov 25, 2024	Mon	Practice (Practice)	N/A	5:00 PM	6:15 PM	Auditorium @ High School		
Nov 26, 2024	Tue	Practice (Practice)	N/A	5:00 PM	6:15 PM	Auditorium @ High School		
Nov 27, 2024	Wed	Practice (Practice)	N/A	5:00 PM	6:15 PM	Auditorium @ High School		
Dec 2, 2024	Mon	Practice (Practice)	N/A	5:00 PM	6:15 PM	Auditorium @ High School		
Dec 3, 2024	Tue	Practice (Practice)	N/A	5:00 PM	6:15 PM	Auditorium @ High School		
Dec 4, 2024	Wed	Practice (Practice)	N/A	5:00 PM	6:15 PM	Auditorium @ High School		
CANCELLED Dec 5, 2024	Thu	Practice (Practice)	N/A	5:00 PM	6:15 PM	Auditorium @ High School		
Dec 6, 2024	Fri	Practice (Practice)	N/A	5:00 PM	6:15 PM	Auditorium @ High School		
Dec 10, 2024	Tue	Practice (Practice)	N/A	5:00 PM	6:15 PM	Auditorium @ High School		
Dec 11, 2024	Wed	Practice (Practice)	N/A	5:00 PM	6:15 PM	Auditorium @ High School		
Dec 12, 2024	Thu	Practice (Practice)	N/A	5:00 PM	6:15 PM	Auditorium @ High School		
Dec 13, 2024	Fri	Practice (Pre Meet Practice)	N/A	5:00 PM	6:00 PM	Auditorium @ High School		
Dec 14, 2024	Sat	Regular Season	@ TBD	3:00 PM		OCC SRC Arena	Departure Point: Fitness room Entrance Departure Time: 1:00 PM	L
Dec 17, 2024	Tue	Regular Season	@ TBD	4:30 PM		Hamilton College Scott Field House	Departure Point: Fitness room Entrance Departure Time: 3:00 PM	L
Dec 19, 2024	Thu	Practice (Practice )	N/A	5:00 PM	6:15 PM	Auditorium @ High School		
Dec 20, 2024	Fri	Practice (Practice )	N/A	5:00 PM	6:15 PM	Auditorium @ High School		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 21, 2024	Sat	Regular Season	@ TBD	3:00 PM		OCC SRC Arena		Departure Point: Fitness room Entrance Departure Time: 1:00 PM	L
Dec 26, 2024	Thu	Practice (Practice)	N/A	11:30 AM	12:30 PM	Atrium @ High School			
Dec 27, 2024	Fri	Practice (Practice)	N/A	11:30 AM	12:30 PM	Atrium @ High School			
Dec 28, 2024	Sat	Regular Season	@ TBD	8:00 AM		Utica College		<b>Departure Point:</b> Fitness room Entrance	L
Dec 30, 2024	Mon	Practice	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Jan 2, 2025	Thu	Practice	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
POSTPONED Jan 3, 2025	Fri	Regular Season	@ TBD	2:00 PM		Colgate University Sanford field House		Departure Point: Fitness room Entrance Departure Time: 12:15 PM	L
Jan 6, 2025	Mon	Practice (Practice )	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Jan 7, 2025	Tue	Practice (Practice )	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Jan 8, 2025	Wed	Practice (Practice )	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Jan 9, 2025	Thu	Practice (Practice )	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Jan 10, 2025	Fri	Practice (Practice )	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Jan 13, 2025	Mon	Practice	N/A	5:00 PM	6:00 PM	Fitness center  @ High School			
Jan 14, 2025	Tue	Practice	N/A	5:00 PM	6:00 PM	Fitness center  @ High School			
Jan 15, 2025	Wed	Practice	N/A	5:00 PM	6:00 PM	Fitness center @ High School			
Jan 16, 2025	Thu	Regular Season	@ TBD	4:00 PM		MVCC Jorgensen Event Center		Departure Point: Fitness room Entrance Departure Time: 3:00 PM	L
Jan 17, 2025	Fri	Practice	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Jan 18, 2025	Sat	Regular Season	@ TBD	3:00 PM		OCC SRC Arena		Departure Point: Fitness room Entrance Departure Time: 1:00 PM	L
Jan 20, 2025	Mon	Practice	N/A	10:30 AM		Auditorium @ High School			
Jan 21, 2025	Tue	Practice	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Jan 22, 2025	Wed	Practice	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Jan 23, 2025	Thu	Practice	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Jan 24, 2025	Fri	Practice	N/A	5:00 PM	6:15 PM	Auditorium @ High School			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START S TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 25, 2025	Sat	Regular Season	@ TBD	1:00 PM		OCC SRC Arena	Bus/Driver: Jessica	Departure Point: Fitness room Entrance Departure Time: 1:00 PM	L
POSTPONED Jan 28, 2025	Tue	Regular Season	@ TBD	4:30 PM		OCC SRC Arena		Departure Point: Fitness room Entrance Departure Time: 2:45 PM	NL
CANCELLED Jan 29, 2025	Wed	Practice	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Jan 31, 2025	Fri	Practice	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Feb 3, 2025	Mon	Practice	N/A	4:15 PM	5:15 PM	Fitness center @ High School			
Feb 4, 2025	Tue	Practice	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Feb 5, 2025	Wed	Practice	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
CANCELLED Feb 6, 2025	Thu	Practice	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Feb 7, 2025	Fri	Practice	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Feb 8, 2025	Sat	Post-Season	@ TBD	3:00 PM		OCC SRC Arena	Bus/Driver: Westmo	Departure Point: Fitness room Entrance Departure Time: 1:00 PM	NL
Feb 10, 2025	Mon	Practice	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Feb 11, 2025	Tue	Practice	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Feb 12, 2025	Wed	Practice	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Feb 13, 2025	Thu	Practice (Practice)	N/A	5:00 PM	6:15 PM	Fitness center @ High School			
CANCELLED Feb 17, 2025	Mon	Practice (Practice)	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
CANCELLED Feb 18, 2025	Tue	Practice (Practice)	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Feb 19, 2025	Wed	Practice (Practice)	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Feb 20, 2025	Thu	Practice (Practice)	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Feb 21, 2025	Fri	Practice (Practice)	N/A	5:00 PM	6:15 PM	Auditorium @ High School			
Feb 24, 2025	Mon	Practice (Practice)	N/A	5:00 PM	6:15 PM	Fitness center @ High School			
Feb 25, 2025	Tue	Post-Season (State quals)	@ TBD	4:30 PM		OCC SRC Arena	Bus/Driver: Westmo	Departure Point: Fitness room Entrance Departure Time: 2:15 PM	NL
Mar 2, 2025	Sun	Practice (End of Season Party )	N/A	12:15 PM	2:15 PM	Auditorium @ High School			
Mar 8, 2025	Sat	Post-Season (State quals)	TBD	TBD		TBD		Departure Point: Fitness room Entrance	NL

DATE	WEE! DAY	<sup>(</sup> TYPE	OPPONENTS	START	END TIME	LOCATION	DEPARTURE TRANSPORTATION /	LEAGUE 'NON- LEAGUE
Mar 24, 2025	Mon	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus		
Mar 25, 2025	Tue	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus		
Mar 26, 2025	Wed	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus		
Mar 27, 2025	Thu	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus		
Mar 28, 2025	Fri	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus		
May 5, 2025	Mon	Practice (Practice)	N/A	3:00 PM	4:15 PM	Track @ Walbran Elementary Campus		

Date: 2025-12-18