

Coaches:

- Madisyn Lee, Head Coach
- Jane Fahy , Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 17, 2025	Mon	Practice (Practice)	N/A	5:00 PM	6:00 PM	Auditorium @ High School			
Mar 18, 2025	Tue	Practice (Practice)	N/A	5:00 PM	6:00 PM	Auditorium @ High School			
Mar 19, 2025	Wed	Practice (Practice)	N/A	5:00 PM	6:00 PM	Auditorium @ High School			
Mar 20, 2025	Thu	Practice (Practice)	N/A	5:00 PM	6:00 PM	Auditorium @ High School			
Mar 21, 2025	Fri	Practice (Practice)	N/A	5:00 PM	6:00 PM	Auditorium @ High School			
Mar 31, 2025	Mon	Practice	N/A	5:00 PM	6:15 PM	Track @ Walbran Elementary Campus			
Apr 1, 2025	Tue	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus			
Apr 2, 2025	Wed	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus			
Apr 3, 2025	Thu	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus			
Apr 4, 2025	Fri	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus			
Apr 7, 2025	Mon	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus			
POSTPONED Apr 8, 2025	Tue	Regular Season	Poland @ Remsen	4:30 PM	8:45 PM	Alan Heywood Track Complex	Bus/Driver: Dave	Departure Point: Fitness room Entrance Departure Time: 3:15 PM	L
Apr 9, 2025	Wed	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus			
Apr 10, 2025	Thu	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus			
Apr 11, 2025	Fri	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus			
Apr 14, 2025	Mon	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus			
Apr 15, 2025	Tue	Regular Season	Waterville, Morrisville-Eaton, Sauquoit Valley @ Westmoreland	4:30 PM		Westmoreland H S	Bus/Driver: Guy/Jonathan		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 16, 2025	Wed	Practice (Practice)	N/A	4:45 PM	6:00 PM	Fitness center @ High School			
Apr 17, 2025	Thu	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus			
Apr 18, 2025	Fri	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus			
Apr 21, 2025	Mon	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus			
Apr 22, 2025	Tue	Practice (Practice)	N/A	12:00 PM	1:30 PM	Track @ Walbran Elementary Campus			
Apr 23, 2025	Wed	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus			
Apr 24, 2025	Thu	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus			
Apr 25, 2025	Fri	Regular Season (Sauquoit)	@ Sauquoit Valley	4:30 PM		Stadium Field	Bus/Driver: Dave	Departure Point: Fitness room Entrance	NL
Apr 29, 2025	Tue	Regular Season	Town of Webb UFSD (Varsity Girls Track) @ Remsen	4:30 PM	8:45 PM	Alan Heywood Track Complex	Bus/Driver: Al/Dave	Departure Point: Fitness room Entrance Departure Time: 3:15 PM	L
May 5, 2025	Mon	Practice (Practice)	N/A	3:00 PM	4:15 PM	Track @ Walbran Elementary Campus			
May 6, 2025	Tue	Regular Season (Senior Night)	New York Mills, Hamilton	4:30 PM		Bernie Block Field @ Walbran Elementary Campus			L
May 13, 2025	Tue	Regular Season	TBD, Living Word Academy @ New York Mills	4:30 PM		Track	Bus/Driver: Jonathan	Departure Point: Fitness room Entrance Departure Time: 3:30 PM	L
May 14, 2025	Wed	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus			
POSTPONED May 15, 2025	Thu	Regular Season	Sauquoit Valley, Waterville @ Westmoreland	4:30 PM		Westmoreland H S			L
May 15, 2025	Thu	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus			

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May 16, 2025	Fri	Regular Season (Quinney Invite)	Gilbertsville-Mount Upton, Edmeston (Morris/Edmeston), Charlotte Valley, Walton, Unadilla Valley (UV), Whitney Point, Cooperstown, Oxford (Greene/Oxford), Newark Valley, New York Mills, Sauquoit Valley @ Sidney	4:30 PM		Sidney HS Track	Bus/Driver: Dave	Departure Point: Fitness room Entrance Departure Time: 2:00 PM	NL
May 19, 2025	Mon	Practice (Practice)	N/A	4:45 PM		Track @ Walbran Elementary Campus			
May 20, 2025	Tue	Practice (Practice)	N/A	4:45 PM	6:00 PM	Track @ Walbran Elementary Campus			
May 21, 2025	Wed	Practice (Practice)	N/A	3:00 PM	4:30 PM	Track @ Walbran Elementary Campus			
May 21, 2025	Wed	Post-Season (CSC Steeplechase)	Mount Markham, Cooperstown, Sauquoit Valley, Westmoreland, Morrisville-Eaton, Hamilton, Poland, New York Mills, TBD, Remsen, Waterville	4:30 PM		Bernie Block Field @ Walbran Elementary Campus		Departure Point: Fitness room Entrance	L
May 22, 2025	Thu	Regular Season (CSC Division 3/4 @ Waterville Coaches Meeting at 3:00)	Mount Markham, Cooperstown, Sauquoit Valley, Westmoreland, Morrisville-Eaton, Hamilton, Poland, New York Mills, Town of Webb UFSD (Varsity Girls Track), Remsen @ Waterville	3:00 PM	8:45 PM	Track	Bus/Driver: Al/Jessica	Departure Point: Fitness room Entrance Departure Time: 2:00 PM	L
May 26, 2025	Mon	Practice (Practice)	N/A	12:40 PM		Track @ Walbran Elementary Campus			
May 27, 2025	Tue	Practice (Practice)	N/A	4:50 PM		Track @ Walbran Elementary Campus			
May 28, 2025	Wed	Practice (Practice)	N/A	4:50 PM		Track @ Walbran Elementary Campus			
May 29, 2025	Thu	Practice (Practice)	N/A	3:30 PM	4:30 PM	Track @ Walbran Elementary Campus			
May 29, 2025	Thu	Post-Season (Class D Steeple event scoring)	Notre Dame, Utica, New York Mills	4:30 PM		Bernie Block Field @ Walbran Elementary Campus		Departure Point: Fitness room Entrance	NL

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May 30, 2025	Fri	Regular Season	@ DeRuyter	4:00 PM	DeRuyter HS Track	Bus/Driver: Al	Departure Point: Fitness room Entrance Departure Time: 1:30 PM	NL
Jun 5, 2025	Thu	Post-Season (State Quals @ CNS)	@ TBD	4:00 PM	TBD		Departure Point: Fitness room Entrance	NL

Date: 2025-12-23