

Coaches:

- Lenny Rodriguez, Coach
- Madisyn Lee, Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATIO	LEAGUE N / NON- LEAGUE
Mar 13, 2023	Mon	Practice (Practice)	N/A	3:05 PM	4:45 PM	TBD			
CANCELLED Mar 14, 2023	Tue	Practice (Practice)	N/A	3:05 PM	4:45 PM	TBD			
Mar 15, 2023	Wed	Practice (Practice)	N/A	3:05 PM	4:45 PM	TBD			
Mar 16, 2023	Thu	Practice (Practice)	N/A	12:30 PM	1:45 PM	Davis Gym @ High School			
Mar 17, 2023	Fri	Practice (Practice)	N/A	3:05 PM	4:45 PM	TBD			
Mar 20, 2023	Mon	Practice (Practice)	N/A	3:05 PM	4:45 PM	TBD			
Mar 21, 2023	Tue	Practice (Practice)	N/A	3:05 PM	4:45 PM	TBD			
Mar 22, 2023	Wed	Practice (Practice)	N/A	3:05 PM	4:45 PM	TBD			
Mar 23, 2023	Thu	Practice (Practice)	N/A	3:05 PM	4:45 PM	TBD			
Mar 24, 2023	Fri	Practice (Practice)	N/A	3:05 PM	4:45 PM	TBD			
Mar 27, 2023	Mon	Practice (Practice)	N/A	3:05 PM	4:45 PM	TBD			
Mar 28, 2023	Tue	Practice (Practice)	N/A	3:05 PM	4:45 PM	TBD			
Mar 29, 2023	Wed	Practice (Practice)	N/A	3:05 PM	4:45 PM	TBD			
Mar 30, 2023	Thu	Practice (Practice)	N/A	3:05 PM	4:45 PM	TBD			
Mar 31, 2023	Fri	Practice (Practice)	N/A	3:05 PM	4:45 PM	TBD			
POSTPONED Mar 31, 2023	Fri	Regular Season	Westmoreland @ Clinton	TBD		Stadium Field		Departure Point: Fitness room Entrance Departure Time: 3:15 PM	L
Apr 3, 2023	Mon	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			
Apr 4, 2023	Tue	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			
Apr 5, 2023	Wed	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			
Apr 6, 2023	Thu	Regular Season	Remsen	4:30 PM		Bernie Block Field @ Walbran Elementary			L

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Apr 17, 2023	Mon	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			
Apr 18, 2023	Tue	Regular Season	Morrisville- Eaton @ New York Mills	4:30 PM		Track			L
Apr 19, 2023	Wed	Practice (Practice)	N/A	3:00 PM	4:15 PM	Davis Gym @ High School			
Apr 20, 2023	Thu	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			
Apr 21, 2023	Fri	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			
Apr 24, 2023	Mon	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			
Apr 25, 2023	Tue	Regular Season	Hamilton, Waterville	4:30 PM	8:00 PM	Bernie Block Field @ Walbran Elementary			L
Apr 26, 2023	Wed	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			
Apr 27, 2023	Thu	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			
Apr 28, 2023	Fri	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			
Apr 28, 2023	Fri	Regular Season	@ Sauquoit Valley	4:30 PM		Stadium Field		Departure Point: Fitness room Entrance	NL
May 1, 2023	Mon	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			
May 2, 2023	Tue	Regular Season	Town of Webb UFSD (Varsity Boys Track) @ Poland	4:30 PM		TBD			L
May 3, 2023	Wed	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			
May 4, 2023	Thu	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			
May 5, 2023	Fri	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			

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May 8, 2023	Mon	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary		
May 9, 2023	Tue	Regular Season	Town of Webb UFSD (Varsity Boys Track), Westmoreland	4:30 PM	8:00 PM	Bernie Block Field @ Walbran Elementary		L
May 10, 2023	Wed	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary		
May 11, 2023	Thu	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary		
May 12, 2023	Fri	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary		
May 15, 2023	Mon	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary		
May 15, 2023	Mon	Regular Season (Steeplechase)	Waterville, Cooperstown, Mount Markham, Owen D. Young (Richfield/ODY), Westmoreland, Morrisville- Eaton, New York Mills, Town of Webb UFSD (Varsity Boys Track), Sauquoit Valley, Poland, Remsen	4:30 PM		Bernie Block Field @ Walbran Elementary		L
May 16, 2023	Tue	Regular Season (CSC Division 3 & 4 Track and Field Championships @ Waterville)		4:00 PM	10:00 PM	Track	Departure Point: Fitness room Entrance Departure Time: 1:45 PM	L
May 18, 2023	Thu	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary		
May 19, 2023	Fri	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary		

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May 22, 2023	Mon	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			
May 23, 2023	Tue	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			
May 24, 2023	Wed	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			
May 25, 2023	Thu	Practice (Practice)	N/A	3:00 PM	4:15 PM	Bernie Block Field @ Walbran Elementary			
May 26, 2023	Fri	Post-Season	@ TBD	3:00 PM		Track		Departure Point: Fitness room Entrance Departure Time: 1:15 PM	NL
Jun 1, 2023	Thu	Post-Season	@ TBD	TBD		CNS High School	Class Dismissal: 1:45 PM	Departure Point: Fitness room Entrance Departure Time: 2:00 PM	NL

Date: 2024-04-26