

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 22, 2022	Mon	Practice	N/A	3:00 PM	7:00 PM	TBD		
Aug 23, 2022	Tue	Practice	N/A	3:00 PM	7:00 PM	TBD		
Aug 24, 2022	Wed	Practice	N/A	3:00 PM	7:00 PM	TBD		
Aug 25, 2022	Thu	Practice	N/A	8:00 AM	12:00 PM	TBD		
Aug 26, 2022	Fri	Practice	N/A	8:00 AM	12:00 PM	TBD		
Aug 27, 2022	Sat	Practice	N/A	8:00 AM	11:00 AM	TBD		
Aug 29, 2022	Mon	Practice	N/A	3:00 PM	7:00 PM	TBD		
Aug 30, 2022	Tue	Practice	N/A	3:00 PM	7:00 PM	TBD		
Aug 31, 2022	Wed	Practice	N/A	3:00 PM	7:00 PM	TBD		
Sep 1, 2022	Thu	Practice	N/A	3:00 PM	7:00 PM	TBD		
Sep 3, 2022	Sat	Regular Season 6-28 L	Clinton	1:00 PM		HS Football Field		NL
Sep 6, 2022	Tue	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Sep 7, 2022	Wed	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Sep 8, 2022	Thu	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Sep 9, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Westmo High School		
Sep 10, 2022	Sat	Regular Season 8-43 L	@ Holland Patent	6:00 PM		HS Stadium / Track		L
Sep 12, 2022	Mon	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Sep 13, 2022	Tue	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Sep 14, 2022	Wed	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Sep 15, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Westmo High School		
Sep 16, 2022	Fri	Regular Season	@ Lowville	7:00 PM		Lowville High School		L
Sep 19, 2022	Mon	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Sep 20, 2022	Tue	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Sep 21, 2022	Wed	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Sep 22, 2022	Thu	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 23, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Westmo High School		
Sep 24, 2022	Sat	Regular Season 12-48 L	Vernon-Verona- Sherrill	1:00 PM		Bernie Block Field @ Walbran Elementary		L
Sep 26, 2022	Mon	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Sep 27, 2022	Tue	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Sep 28, 2022	Wed	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Sep 29, 2022	Thu	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Sep 30, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Westmo High School		
Oct 1, 2022	Sat	Regular Season	General Brown	1:00 PM		HS Football Field		L
Oct 3, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Westmo High School		
Oct 4, 2022	Tue	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Oct 5, 2022	Wed	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Oct 6, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Westmo High School		
Oct 7, 2022	Fri	Regular Season	@ Tully (Southern Hills Storm)	7:00 PM	9:00 PM	Tully HS Field #1- Larry Hart Field		L
Oct 11, 2022	Tue	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Oct 12, 2022	Wed	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Oct 13, 2022	Thu	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Oct 14, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Westmo High School		
Oct 15, 2022	Sat	Regular Season	Adirondack	1:00 PM	4:00 PM	HS Football Field		L
Oct 17, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Westmo High School		
Oct 18, 2022	Tue	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Oct 19, 2022	Wed	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Oct 20, 2022	Thu	Practice	N/A	3:00 PM	5:30 PM	Westmo High School		
Oct 21, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Westmo High School		
Oct 22, 2022	Sat	Regular Season	Solvay	1:00 PM		HS Football Field		L
Oct 26, 2022	Wed	Regular Season	@ Onondaga Central	6:00 PM		Stadium		L
Jun 5, 2023	Mon	Practice (Preseason)	N/A	3:00 PM	5:00 PM	HS Football Field		
Jun 6, 2023	Tue	Practice (Workouts)	N/A	3:00 PM	4:15 PM	weight room		
Jun 7, 2023	Wed	Practice (Preseason)	N/A	3:00 PM	5:00 PM	HS Football Field		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jun 8, 2023	Thu	Practice (Workouts)	N/A	3:00 PM	4:15 PM	weight room		
Jun 9, 2023	Fri	Practice (Preseason)	N/A	3:00 PM	5:00 PM	HS Football Field		
Jun 12, 2023	Mon	Practice (Preseason)	N/A	3:00 PM	5:00 PM	HS Football Field		
Jun 13, 2023	Tue	Practice (Workouts)	N/A	3:00 PM	4:15 PM	weight room		
Jun 14, 2023	Wed	Practice (Preseason)	N/A	3:00 PM	5:00 PM	HS Football Field		
Jun 15, 2023	Thu	Practice (Workouts)	N/A	3:00 PM	4:15 PM	weight room		
Jun 19, 2023	Mon	Practice (Preseason)	N/A	3:00 PM	5:00 PM	HS Football Field		
Jun 20, 2023	Tue	Practice (Workouts)	N/A	3:00 PM	4:15 PM	weight room		
Jun 21, 2023	Wed	Practice (Preseason)	N/A	3:00 PM	5:00 PM	HS Football Field		
Jun 22, 2023	Thu	Practice (Workouts)	N/A	3:00 PM	4:15 PM	weight room		
Jun 23, 2023	Fri	Practice (Preseason)	N/A	3:00 PM	5:00 PM	HS Football Field		
Jun 26, 2023	Mon	Practice (Preseason)	N/A	3:00 PM	5:00 PM	HS Football Field		
Jun 27, 2023	Tue	Practice (Workouts)	N/A	3:00 PM	4:15 PM	weight room		
Jun 28, 2023	Wed	Practice (Preseason)	N/A	3:00 PM	5:00 PM	HS Football Field		
Jun 29, 2023	Thu	Practice (Workouts)	N/A	3:00 PM	4:15 PM	weight room		
Jun 30, 2023	Fri	Practice (Preseason)	N/A	3:00 PM	5:00 PM	HS Football Field		

Date: 2024-04-29