

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 13, 2023	Wed	Regular Season	West Canada Valley, Dolgeville, Sauquoit Valley, Little Falls @ Westmoreland	4:30 PM		Westmoreland H S	Departure Point: Fitness room Entrance Departure Time: 3:15 PM	L
Sep 15, 2023	Fri	Regular Season (VVS Invitational)	@ Vernon-Verona-Sherrill	4:00 PM	8:30 PM	Cross Country Course		L
Sep 20, 2023	Wed	Regular Season	Clinton, Westmoreland, Herkimer @ Remsen (Remsen/Town of Webb)	4:30 PM		Remsen Jr/Sr H.S.	Departure Point: Fitness room Entrance Departure Time: 3:00 PM	L
Sep 27, 2023	Wed	Regular Season (@ Waterville)	Mount Markham, Westmoreland, New York Mills @ Waterville	4:30 PM	6:00 PM	Waterville H S		L
Oct 4, 2023	Wed	Regular Season	Sherburne-Earlville, Cooperstown (Cooperstown/Milford), Owen D. Young (Richfield/ODY) @ Hamilton	4:30 PM		Colgate Cross Coutry trails	Departure Point: Fitness room Entrance Departure Time: 2:45 PM	L
Oct 11, 2023	Wed	Regular Season	Canastota, Adirondack, Poland @ Westmoreland	4:30 PM		Westmoreland M S	Departure Point: Fitness room Entrance Departure Time: 3:15 PM	L

Date: 2024-03-20