Coaches:



DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START E	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 7, 2019	Sat	Regular Season	@ Vernon-Verona- Sherrill	TBD		Cross Country Course		NL
Sep 11, 2019	Wed	Regular Season	Sauquoit Valley, Holland Patent @ Clinton	4:30 PM		Kirkland Town Park		L
Sep 11, 2019	Wed	Regular Season	Little Falls, Dolgeville, Sherburne-Earlville, Hamilton @ Cooperstown (Cooperstown/Milford)	5:00 PM		Clarks Tower		L
Sep 18, 2019	Wed	Regular Season	West Canada Valley, Poland, Sauquoit Valley @ Herkimer	4:30 PM		TBD		L
Sep 18, 2019	Wed	Regular Season	Dolgeville, Waterville, Canastota @ Little Falls	4:30 PM		Little Falls HS		L
Sep 21, 2019	Sat	Regular Season (Guilderland Invitational)	Colonie High School, Schenectady High School, Shaker High School, Sauquoit Valley, Greenwich @ Guilderland High School	7:30 AM		Tawasentha Park		L
Sep 25, 2019	Wed	Regular Season	Remsen (Remsen/Town of Webb), Town of Webb UFSD (Remsen/Town of Webb), Westmoreland, Mount Markham			Walbran EM Gym		L
Sep 28, 2019	Sat	Regular Season (EJ Herrmann Invitational)	@ TBD	9:00 AM		Proctor Park		NL
Oct 2, 2019	Wed	Regular Season	Adirondack, Clinton, Waterville	4:30 PM		Bernie Block Field @ Walbran Elementary		L
Oct 2, 2019	Wed	Regular Season	Cooperstown (Cooperstown/Milford), West Canada Valley, Poland, New York Mills	4:30 PM		Upper Elem/MS Gym		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 5, 2019	Sat	Regular Season (Whitesboro Invitational)	Jamesville-Dewitt, Holland Patent, Central Valley Academy, Altmar-Parish- Williamstown (APW Rebels), Corcoran (Syracuse West), Canastota, Oneida, Vernon-Verona-Sherrill, Cooperstown (Cooperstown/Milford), New Hartford, Edmeston (Edmeston/Morris), Utica Proctor, Little Falls, Notre Dame, Utica, Poland, Waterville @ Whitesboro	8:30 AM		Deerfield Town Wilderness Park		NL
Oct 9, 2019	Wed	Regular Season	New York Mills, Canastota @ Holland Patent	4:30 PM		TBD		L
Oct 9, 2019	Wed	Regular Season	Adirondack, Hamilton, Herkimer @ Sherburne- Earlville	4:30 PM		TBD		L
Oct 19, 2019	Sat	Regular Season	Adirondack, West Canada Valley, Poland, Remsen (Remsen/Town of Webb), Town of Webb UFSD (Remsen/Town of Webb), Sauquoit Valley, Clinton, Westmoreland, Holland Patent, Little Falls, Dolgeville, Cooperstown (Cooperstown/Milford), Sherburne-Earlville, Hamilton, New York Mills, Herkimer, Mount Markham, Waterville, Canastota @ TBD	11:20 AM		Kirkland Town Park		L
Oct 26, 2019	Sat	Meet (The John Bernard (Adirondack) XC Invitational)	Vs. Multiple	9:00 AM	1:30 PM	Adirondack HS		NL
Oct 26, 2019	Sat	Regular Season	@ Adirondack	12:00 PM		Adirondack HS		L

Date: 2024-04-09