## Coaches:



• Eric Boisen, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 29, 2022	Mon	Practice	N/A	7:00 AM	8:30 AM	Walbran ELM gym		
Aug 30, 2022	Tue	Practice	N/A	8:00 AM	10:00 AM	Walbran ELM gym		
Aug 31, 2022	Wed	Practice	N/A	7:00 AM	8:30 AM	Walbran ELM gym		
Sep 1, 2022	Thu	Practice	N/A	8:00 AM	10:00 AM	Walbran ELM gym		
Sep 2, 2022	Fri	Practice (Practice @ Home )	N/A	TBD		TBD		
Sep 4, 2022	Sun	Practice	N/A	8:00 AM		Walbran ELM gym		
Sep 6, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Walbran ELM gym		
Sep 14, 2022	Wed	Regular Season	Little Falls, Sherburne-Earlville, Hamilton, Cooperstown (Modified) @ Dolgeville	4:30 PM		TBD		L
Sep 14, 2022	Wed	Regular Season	Mount Markham, Owen D. Young (Richfield/ODY) @ Clinton	4:30 PM		Clinton HS		L
Sep 20, 2022	Tue	Regular Season	West Canada Valley, Mount Markham, Herkimer @ Poland	TBD		TBD		L
Sep 21, 2022	Wed	Regular Season	Dolgeville, Little Falls, Waterville, Canastota	4:30 PM		Westmoreland H S		L
Sep 28, 2022	Wed	Regular Season	Westmoreland, Remsen, Sauquoit Valley	4:30 PM	5:30 PM	Bernie Block Field @ Walbran Elementary Campus		L
Oct 1, 2022	Sat	Regular Season (Whitesboro Cross country Invitational)	Notre Dame, Utica, Corcoran (Syracuse West), Rome Free Academy, Oneonta, Westmoreland, New York Mills, New Hartford, Adirondack, Hamilton, Liverpool, Cooperstown (Modified), Central Valley Academy, West Canada Valley, Mount Markham, Henninger, Utica Proctor (JFK/DMS), Herkimer, South Lewis, Oneida, Central Square, Remsen @ Whitesboro			Deerfield Town Wilderness Park		NL

DATE	WEE! DAY	< TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 5, 2022	Wed	Regular Season	New York Mills, West Canada Valley, Poland, Cooperstown (Modified)	4:30 PM		Westmoreland H S		L
Oct 5, 2022	Wed	Regular Season	Clinton, Waterville @ Adirondack	4:30 PM		Adirondack HS		L
Oct 12, 2022	Wed	Regular Season	Adirondack, Sherburne-Earlville, Hamilton @ Herkimer	4:30 PM		Herkimer County CC		L
Oct 22, 2022	Sat	Regular Season	Westmoreland, Mount Markham, Clinton, Owen D. Young (Richfield/ODY), New York Mills, Herkimer, Waterville, Sauquoit Valley, West Canada Valley, Remsen, Canastota Adirondack, Poland, Dolgeville, Little Falls, Sherburne- Earlville, Hamilton @ Cooperstown (Modified)	AM ,		Herkimer County CC		L

Date: 2025-12-15