



Onondaga Central

(B) V Cross Country

Coaches:

- Dennis O'Rourke

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2019	Sat	Regular Season (VVS Cross Country Invitational)	@ TBD	11:00 AM		Track	Departure Time: 8:00 AM	L
Sep 11, 2019	Wed	Regular Season (Multi-Meet)	Port Byron (Port Byron/Union Springs), Tully	4:30 PM		Cross Country Trail		L
Sep 18, 2019	Wed	Regular Season	Bishop Grimes, DeRuyter @ Fabius-Pompey	4:30 PM		Highland Forest	Departure Time: 3:20 PM	L
Sep 21, 2019	Sat	Regular Season (Baldwinsville Cross Country Invitational)	@ TBD	9:00 AM		Bville - Durgee Jr. High School	Departure Time: 7:30 AM	L
Sep 25, 2019	Wed	Regular Season	Faith Heritage @ Weedsport	4:30 PM		Weedsport Jr.-Sr. High School	Departure Time: 3:10 PM	L
Sep 28, 2019	Sat	Regular Season (McQuaid Invitational)	@ TBD	TBD		TBD	Departure Time: 6:00 AM	NL
Oct 2, 2019	Wed	Regular Season (Dual)	DeRuyter	4:00 PM		Cross Country Trail		NL
Oct 2, 2019	Wed	Regular Season	LaFayette, Manlius Pebble Hill	4:30 PM		Cross Country Trail		L
Oct 9, 2019	Wed	Regular Season	Pulaski @ Cato-Meridian (Blue Devils)	4:30 PM		Cato-Meridian Jr. Sr H S Gym	Departure Time: 3:10 PM	L
Oct 11, 2019	Fri	Regular Season (Manhattan Invitational, Van Cortland Park, Bronx NY)	@ TBD	TBD		TBD		NL
Oct 23, 2019	Wed	Regular Season (League Meet)	@ Cato-Meridian (Blue Devils)	4:00 PM		Cato-Meridian Jr. Sr H S Gym	Departure Time: 2:00 PM	L
Oct 23, 2019	Wed	Regular Season (League Meet)	Port Byron (Port Byron/Union Springs), Weedsport, Bishop Grimes, Pulaski, Bishop Ludden, Faith Heritage, LaFayette, Fabius-Pompey, Manlius Pebble Hill, Tully @ Cato-Meridian (Blue Devils)	5:00 PM		Cato-Meridian Jr. Sr H S Gym		L
Oct 26, 2019	Sat	Meet (The John Bernard (Adirondack) XC Invitational)	Vs. Multiple	9:00 AM	1:30 PM	Adirondack HS	Departure Time: 7:00 AM	NL
Nov 9, 2019	Sat	Regular Season (Sectionals at VVS)	@ TBD	TBD		TBD	Departure Time: 9:00 AM	L

Date: 2026-04-09