



Onondaga Central

(G) V Cross Country

Coaches:

- Dennis O'Rourke

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|------------------------------------|---|------------|----------|------------------------------------|--|---------------------|
| Sep 7, 2022 | Wed | Regular Season | Manlius Pebble Hill, Tully | 4:30 PM | | Cross Country Trail | | L |
| Sep 10, 2022 | Sat | Regular Season (VVS Invitational) | TBD | 1:50 PM | | Cross Country Trail | Departure Date: Sep 10, 2022 Departure Time: 11:10 AM | L |
| Sep 14, 2022 | Wed | Regular Season | Fabius-Pompey @ Altmar-Parish-Williamstown (APW Rebels) | 4:30 PM | | A-P-W Elementary School | Departure Time: 3:10 PM | L |
| Sep 21, 2022 | Wed | Regular Season | Cincinnatus, Cincinnatus @ LaFayette | 4:30 PM | | LaFayette H S Stadium | Departure Time: 3:40 PM | L |
| Sep 28, 2022 | Wed | Regular Season | Faith Heritage, DeRuyter | 4:30 PM | | Cross Country Trail | | L |
| Oct 5, 2022 | Wed | Regular Season | Jordan-Elbridge, Bishop Ludden | 4:30 PM | | Cross Country Trail | | NL |
| Oct 12, 2022 | Wed | Regular Season | Altmar-Parish-Williamstown (APW Rebels) @ Port Byron (Port Byron/Union Springs) | 4:30 PM | | Port Byron Cross Country Trail | Departure Time: 3:10 PM | NL |
| Oct 25, 2022 | Tue | Meet (OHSL League Meet) | Vs. Multiple | 4:00 PM | 7:00 PM | Cato-Meridian Cross Country Course | Departure Time: 2:10 PM | NL |

Date: 2025-12-17