

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|---------------------------|-------------|--------------------------------------------------------|-----------|---------------|-------------|-----------------------------------------------|---------------------------------------------------------------|----------------------------|
| Dec 6, 2019 | Fri | Regular Season (Mohawk Valley Team Relays) | @ TBD | 4:30 PM | 10:00 PM | Utica College | Departure Time: 2:45 PM | L |
| Dec 12, 2019 | Thu | Regular Season (Mohawk Valley Individual Relays) | @ TBD | 4:30 PM | 10:00 PM | Utica College | Departure Time: 2:45 PM | L |
| POSTPONED Dec 17, 2019 | Tue | Regular Season (Dimao Invitational) | @ TBD | 4:30 PM | 10:00 PM | Colgate University | Departure Time: 2:45 PM | NL |
| Dec 20, 2019 | Fri | Regular Season (Mohaak Valley meet #3) | @ TBD | 4:30 PM | 10:00 PM | Utica College | Departure Time: 2:45 PM | L |
| Jan 3, 2020 | Fri | Regular Season (Mohawk Valley Meet #4) | @ TBD | 4:30 PM | 10:00 PM | Utica College | Departure Time: 2:45 PM | L |
| Jan 10, 2020 | Fri | Regular Season (Mohawk valley Meet #5) | @ TBD | 4:30 PM | 10:00 PM | Utica College | Departure Point: High School Departure Time: 2:45 PM | L |
| Jan 17, 2020 | Fri | Regular Season (Mohawk valley Meet #6) | @ TBD | 4:30 PM | 10:00 PM | Utica College | Departure Time: 2:45 PM | L |
| Jan 31, 2020 | Fri | Regular Season (League Championships) | @ TBD | 4:30 PM | 10:00 PM | Utica College | Departure Time: 2:45 PM | L |
| Feb 8, 2020 | Sat | Post-Season | @ TBD | 2:00 PM | 10:00 PM | Onondaga Community CollegeSRC Areana | Departure Time: 12:00 PM | NL |

Date: 2026-01-02