

Coaches:

Mary Houck

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START E	END LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 19, 2023	Tue	Regular Season	Notre Dame, Utica, Utica Proctor (JFK/DMS) @ Rome Free Academy	4:30 PM	RFA Cross Country Course			L
Sep 23, 2023	Sat	Regular Season (Queensbury invitational)	Amsterdam, Schenectady High School (Modified), Schuylerville, Maple Hill, Shaker High School, Greenville @ Queensbury	9:00 AM	Queensbury HS, Trails @ Elem. School			L
Sep 26, 2023	Tue	Regular Season	Whitesboro @ New Hartford		Cross Country Course (Perry JH)			L
Sep 30, 2023	Sat	Regular Season (E.J. Herrmann Invite / Utica Proctor Park)	@ TBD	9:00 AM	Proctor Park	Bus/Driver: Mr Randy Bonville	Departure Point: High School	NL
Sep 30, 2023	Sat	Regular Season (Whitesboro Cross Country Invitational)	@ TBD	9:00 AM	Deerfield Town Wilderness Park		Departure Point: High School	NL
Oct 10, 2023	Tue	Regular Season	Central Valley Academy @ Vernon- Verona- Sherrill	4:00 PM	Cross Country Course			L
Oct 21, 2023	Sat	Regular Season	@ TBD	9:00 AM	Holland Patent HS		Departure Point: High School	L
Oct 21, 2023	Sat	Regular Season (TVL League Championship)	Whitesboro, Notre Dame, Utica, Camden, Central Valley Academy, New Hartford, Rome Free Academy, Vernon- Verona- Sherrill, Utica Proctor (JFK/DMS) @ Holland Patent	10:25 AM	HS Stadium / Track			L
Oct 28, 2023	Sat	Regular Season (Adirondack Invite)	@ TBD	9:00 AM	Adirondack HS		Departure Point: High School	NL

Date: 2024-04-28