Coaches:

Oneida
(B) 7/8TH Cross Country

• Mary Houck

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START EN | | DEPARTURE | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---|---|-------------|---|-------------------------------------|--|----------------------------|
| Sep 19, 2023 | Tue | Regular Season | Notre Dame, Utica, Utica Proctor (JFK/DMS) @ Rome Free Academy | 4:30 PM | RFA Cross Country Course | | | L |
| Sep 23, 2023 | Sat | Regular Season (Queensbury invitational) | Amsterdam, Schenectady High School (Modified), Schuylerville, Maple Hill, Shaker High School, Greenville @ Queensbury | 9:00 AM | Queensbury HS, Trails @ Elem. School | | | L |
| Sep 26, 2023 | Tue | Regular Season | Whitesboro @ New Hartford | 4:00 PM | Cross Country Course (Perry JH) | | | L |
| Sep 30, 2023 | Sat | Regular Season (E.J. Herrmann Invite / Utica Proctor Park) | @ TBD | 9:00 AM | Proctor Park | Bus/Driver: Mr Randy Bonville | Departure Point: High School | NL |
| Sep 30, 2023 | Sat | Regular Season (Whitesboro Cross Country Invitational) | @ TBD | 9:00 AM | Deerfield Town Wilderness Park | | Departure Point: High School | NL |
| Oct 10, 2023 | Tue | Regular Season | Central Valley Academy @ Vernon- Verona- Sherrill | 4:00 PM | Cross Country Course | | | L |
| Oct 21, 2023 | Sat | Regular Season | @ TBD | 9:00 AM | Holland Patent HS | | Departure Point: High School | L |
| Oct 21, 2023 | Sat | Regular Season (TVL League Championship) | Whitesboro, Notre Dame, Utica, Camden, Central Valley Academy, New Hartford, Rome Free Academy, Vernon- Verona- Sherrill, Utica Proctor (JFK/DMS) @ Holland Patent | 10:25 AM | HS Stadium / Track | | | L |
| Oct 28, 2023 | Sat | Regular Season (Adirondack Invite) | @ TBD | 9:00 AM | Adirondack HS | | Departure Point: High School | NL |

Date: 2024-04-10