



Oneida (B) V Cross Country

Coaches:

- Kevin Goggins

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|----------|-----------|------------|----------|----------------------|----------------|---------------------|
| Aug 19, 2019 | Mon | Practice | N/A | 7:30 AM | | Cross Country Course | | |
| Aug 19, 2019 | Mon | Practice | N/A | 4:30 PM | | Cross Country Course | | |
| Aug 20, 2019 | Tue | Practice | N/A | 7:30 AM | | Cross Country Course | | |
| Aug 20, 2019 | Tue | Practice | N/A | 4:30 PM | | Cross Country Course | | |
| Aug 21, 2019 | Wed | Practice | N/A | 7:30 AM | | Cross Country Course | | |
| Aug 21, 2019 | Wed | Practice | N/A | 4:30 PM | | Cross Country Course | | |
| Aug 22, 2019 | Thu | Practice | N/A | 7:30 AM | | Cross Country Course | | |
| CANCELLED Aug 22, 2019 | Thu | Practice | N/A | 4:30 PM | | Cross Country Course | | |
| Aug 23, 2019 | Fri | Practice | N/A | 7:30 AM | | Cross Country Course | | |
| Aug 23, 2019 | Fri | Practice | N/A | 4:30 PM | | Cross Country Course | | |
| Aug 25, 2019 | Sun | Practice | N/A | 7:30 AM | | Cross Country Course | | |
| Aug 26, 2019 | Mon | Practice | N/A | 7:30 AM | | Cross Country Course | | |
| Aug 27, 2019 | Tue | Practice | N/A | 7:30 AM | | Cross Country Course | | |
| Aug 27, 2019 | Tue | Practice | N/A | 4:30 PM | | Cross Country Course | | |
| Aug 28, 2019 | Wed | Practice | N/A | 7:30 AM | | Cross Country Course | | |
| Aug 28, 2019 | Wed | Practice | N/A | 4:30 PM | | Cross Country Course | | |
| Aug 29, 2019 | Thu | Practice | N/A | 7:30 AM | | Cross Country Course | | |
| Aug 29, 2019 | Thu | Practice | N/A | 4:30 PM | | Cross Country Course | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|---|------------|----------|---------------------------------|-----------------------------------|---------------------|
| Aug 30, 2019 | Fri | Practice | N/A | 7:30 AM | | Cross Country Course | | |
| Sep 1, 2019 | Sun | Practice | N/A | 7:30 AM | | Cross Country Course | | |
| Sep 3, 2019 | Tue | Practice | N/A | 3:15 PM | | Cross Country Course | | |
| Sep 4, 2019 | Wed | Practice | N/A | 3:15 PM | | Cross Country Course | | |
| Sep 5, 2019 | Thu | Practice | N/A | 3:15 PM | | Cross Country Course | | |
| Sep 6, 2019 | Fri | Practice | N/A | 3:15 PM | | Cross Country Course | | |
| Sep 7, 2019 | Sat | Regular Season (VVS Invitational) | @ Vernon-Verona-Sherrill | 12:20 PM | | Cross Country Course | Departure Time: 8:00 AM | NL |
| Sep 14, 2019 | Sat | Regular Season (Invitational) | Whitesboro, Oneonta, Vernon-Verona-Sherrill, Utica Proctor, Adirondack, Cazenovia, Clinton, Edmeston (Edmeston/Morris), Herkimer, Notre Dame, Utica, Hamilton @ New Hartford | 9:00 AM | | Cross Country Course (Perry JH) | Departure Time: 8:30 AM | NL |
| Sep 17, 2019 | Tue | Regular Season 41-41-20 L | Vernon-Verona-Sherrill @ Camden | 4:00 PM | | Camden Cross Country Course | Departure Time: 2:45 PM | L |
| Sep 24, 2019 | Tue | Regular Season | Central Valley Academy @ Rome Free Academy | 4:00 PM | | TBD | Departure Time: 2:45 PM | L |
| Sep 28, 2019 | Sat | Regular Season (McQuaid Invitational) | @ McQuaid Jesuit | 12:40 PM | | TBD | Departure Time: 8:30 AM | NL |
| Oct 1, 2019 | Tue | Regular Season | New Hartford @ Notre Dame, Utica | TBD | | TBD | Departure Time: 2:40 PM | L |
| Oct 5, 2019 | Sat | Regular Season (Whitesboro Invitational) | Jamesville-Dewitt, Holland Patent, Central Valley Academy, Altmar-Parish-Williamstown (APW Rebels), Corcoran (Syracuse West), Canastota, Vernon-Verona-Sherrill, Cooperstown (Cooperstown/Milford), New Hartford, Westmoreland, Edmeston (Edmeston/Morris), Utica Proctor, Little Falls, Notre Dame, Utica, Poland, Waterville @ Whitesboro | 8:30 AM | | Deerfield Town Wilderness Park | Departure Time: 7:45 AM | NL |
| Oct 8, 2019 | Tue | Regular Season | Whitesboro, Utica Proctor | 4:00 PM | | TBD | | L |
| Oct 12, 2019 | Sat | Regular Season (Manhattan Invitational) | @ TBD | TBD | | TBD | | NL |

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| Oct 22, 2019 | Tue | Regular Season (TVL Championship) | Camden, Central Valley Academy, New Hartford, Notre Dame, Utica, Rome Free Academy, Utica Proctor, Vernon- Verona-Sherrill @ Whitesboro | 5:00 PM | | Deerfield Town Wilderness Park | Departure Time: 1:45 PM | L |
| Nov 9, 2019 | Sat | Regular Season (Sectionals) | @ TBD | 10:30 AM | | TBD | Departure Point: Oneida High School Departure Time: 8:00 AM | NL |

Date: 2026-02-01