



# Oneida

## (B) V Cross Country

### Coaches:

- Kevin Goggins

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 19, 2019	Mon	Practice	N/A	7:30 AM		Cross Country Course		
Aug 19, 2019	Mon	Practice	N/A	4:30 PM		Cross Country Course		
Aug 20, 2019	Tue	Practice	N/A	7:30 AM		Cross Country Course		
Aug 20, 2019	Tue	Practice	N/A	4:30 PM		Cross Country Course		
Aug 21, 2019	Wed	Practice	N/A	7:30 AM		Cross Country Course		
Aug 21, 2019	Wed	Practice	N/A	4:30 PM		Cross Country Course		
Aug 22, 2019	Thu	Practice	N/A	7:30 AM		Cross Country Course		
CANCELLED Aug 22, 2019	Thu	Practice	N/A	4:30 PM		Cross Country Course		
Aug 23, 2019	Fri	Practice	N/A	7:30 AM		Cross Country Course		
Aug 23, 2019	Fri	Practice	N/A	4:30 PM		Cross Country Course		
Aug 25, 2019	Sun	Practice	N/A	7:30 AM		Cross Country Course		
Aug 26, 2019	Mon	Practice	N/A	7:30 AM		Cross Country Course		
Aug 27, 2019	Tue	Practice	N/A	7:30 AM		Cross Country Course		
Aug 27, 2019	Tue	Practice	N/A	4:30 PM		Cross Country Course		
Aug 28, 2019	Wed	Practice	N/A	7:30 AM		Cross Country Course		
Aug 28, 2019	Wed	Practice	N/A	4:30 PM		Cross Country Course		
Aug 29, 2019	Thu	Practice	N/A	7:30 AM		Cross Country Course		
Aug 29, 2019	Thu	Practice	N/A	4:30 PM		Cross Country Course		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 30, 2019	Fri	Practice	N/A	7:30 AM		Cross Country Course		
Sep 1, 2019	Sun	Practice	N/A	7:30 AM		Cross Country Course		
Sep 3, 2019	Tue	Practice	N/A	3:15 PM		Cross Country Course		
Sep 4, 2019	Wed	Practice	N/A	3:15 PM		Cross Country Course		
Sep 5, 2019	Thu	Practice	N/A	3:15 PM		Cross Country Course		
Sep 6, 2019	Fri	Practice	N/A	3:15 PM		Cross Country Course		
Sep 7, 2019	Sat	Regular Season (VVS Invitational)	@ Vernon-Verona-Sherrill	12:20 PM		Cross Country Course	Departure Time: 8:00 AM	NL
Sep 14, 2019	Sat	Regular Season (Invitational)	Whitesboro, Oneonta, Vernon-Verona-Sherrill, Utica Proctor, Adirondack, Cazenovia, Clinton, Edmeston (Edmeston/Morris), Herkimer, Notre Dame, Utica, Hamilton @ New Hartford	9:00 AM		Cross Country Course (Perry JH)	Departure Time: 8:30 AM	NL
Sep 17, 2019	Tue	Regular Season 41-41-20 L	Vernon-Verona-Sherrill @ Camden	4:00 PM		Camden Cross Country Course	Departure Time: 2:45 PM	L
Sep 24, 2019	Tue	Regular Season	Central Valley Academy @ Rome Free Academy	4:00 PM		TBD	Departure Time: 2:45 PM	L
Sep 28, 2019	Sat	Regular Season (McQuaid Invitational)	@ McQuaid Jesuit	12:40 PM		TBD	Departure Time: 8:30 AM	NL
Oct 1, 2019	Tue	Regular Season	New Hartford @ Notre Dame, Utica	TBD		TBD	Departure Time: 2:40 PM	L
Oct 5, 2019	Sat	Regular Season (Whitesboro Invitational)	Jamesville-Dewitt, Holland Patent, Central Valley Academy, Altmar-Parish-Williamstown (APW Rebels), Corcoran (Syracuse West), Canastota, Vernon-Verona-Sherrill, Cooperstown (Cooperstown/Milford), New Hartford, Westmoreland, Edmeston (Edmeston/Morris), Utica Proctor, Little Falls, Notre Dame, Utica, Poland, Waterville @ Whitesboro	8:30 AM		Deerfield Town Wilderness Park	Departure Time: 7:45 AM	NL
Oct 8, 2019	Tue	Regular Season	Whitesboro, Utica Proctor	4:00 PM		TBD		L
Oct 12, 2019	Sat	Regular Season (Manhattan Invitational)	@ TBD	TBD		TBD		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 22, 2019	Tue	Regular Season (TVL Championship)	Camden, Central Valley Academy, New Hartford, Notre Dame, Utica, Rome Free Academy, Utica Proctor, Vernon-Verona-Sherrill @ Whitesboro	5:00 PM		Deerfield Town Wilderness Park	<b>Departure Time:</b> 1:45 PM	L
Nov 9, 2019	Sat	Regular Season (Sectionals)	@ TBD	10:30 AM		TBD	<b>Departure Point:</b> Oneida High School <b>Departure Time:</b> 8:00 AM	NL

Date: 2024-06-02