



Oneida

(G) 7/8TH Cross Country

Coaches:

- Mary Houck

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 19, 2023	Tue	Regular Season	Notre Dame, Utica, Utica Proctor (JFK/DMS) @ Rome Free Academy	4:30 PM		RFA Cross Country Course	Bus/Driver: Mr. Phil Hubbard	Departure Point: OSMS then High School Tennis Courts	L
Sep 23, 2023	Sat	Regular Season (QBY INVY)	Schenectady High School (Modified), Schuylerville, Shaker High School, Greenville @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School			L
Sep 26, 2023	Tue	Regular Season	Whitesboro @ New Hartford	4:00 PM		Cross Country Course (Perry JH)			L
Sep 30, 2023	Sat	Regular Season (E.J. Herrmann Invite / Utica Proctor Park)	@ TBD	9:00 AM		Proctor Park	Bus/Driver: Mr Randy Bonville	Departure Point: High School	NL
Oct 3, 2023	Tue	Regular Season	Camden, Holland Patent	4:00 PM		Cross Country Course			L
Oct 7, 2023	Sat	Regular Season (Whitesboro Cross Country Invitational)	@ TBD	9:00 AM		TBD	Bus/Driver: Ms Danielle Brown	Departure Point: High School	NL
Oct 10, 2023	Tue	Regular Season	Central Valley Academy @ Vernon-Verona-Sherrill	4:00 PM		Cross Country Course			L
Oct 20, 2023	Fri	Practice	N/A	3:15 PM	4:30 PM	Cross Country Course			
Oct 21, 2023	Sat	Regular Season	@ TBD	9:00 AM		Holland Patent HS		Departure Point: High School	L
Oct 21, 2023	Sat	Regular Season (TVL League Championship)	Whitesboro, Notre Dame, Utica, Camden, Central Valley Academy, New Hartford, Rome Free Academy, Vernon-Verona-Sherrill, Utica Proctor (JFK/DMS) @ Holland Patent	10:00 AM		HS Stadium / Track			L
Oct 23, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 24, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course			
Oct 25, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Cross Country Course			
Oct 26, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	Cross Country Course			
Oct 28, 2023	Sat	Regular Season (Adirondack Invite)	@ TBD	9:00 AM		Adirondack HS	Departure Point: High School		NL

Date: 2024-05-03