



# Oneida

## (G) 7/8TH Cross Country

### Coaches:

- Mary Houck

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 31, 2021	Tue	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course			
Sep 7, 2021	Tue	Practice	N/A	3:15 PM	4:45 PM	Cross Country Course			
Sep 8, 2021	Wed	Practice	N/A	3:15 PM	4:45 PM	Cross Country Course			
Sep 9, 2021	Thu	Practice	N/A	3:15 PM	4:45 PM	Cross Country Course			
Sep 10, 2021	Fri	Practice	N/A	3:15 PM	4:45 PM	Cross Country Course			
Sep 13, 2021	Mon	Practice	N/A	3:15 PM	4:45 PM	Cross Country Course			
Sep 14, 2021	Tue	Practice	N/A	3:15 PM	4:45 PM	Cross Country Course			
Sep 15, 2021	Wed	Practice	N/A	3:15 PM	4:45 PM	Cross Country Course			
Sep 16, 2021	Thu	Practice	N/A	3:15 PM	4:45 PM	Cross Country Course			
Sep 17, 2021	Fri	Practice	N/A	3:15 PM	4:45 PM	Cross Country Course			
Sep 20, 2021	Mon	Practice	N/A	3:15 PM	4:45 PM	Cross Country Course			
Sep 21, 2021	Tue	Regular Season	Notre Dame, Utica @ New Hartford	4:00 PM		Cross Country Course (Perry JH)	<b>Class Dismissal:</b> 2:25 PM		<b>Departure Point:</b> OSMS <b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 6:15 PM
Sep 21, 2021	Tue	Regular Season (Baldwinsville Cross Country Invitational )	@ TBD	TBD		TBD	<b>Class Dismissal:</b> 2:25 PM		<b>Departure Point:</b> OSMS <b>Departure Time:</b> 7:30 AM
Sep 22, 2021	Wed	Practice	N/A	3:15 PM	4:45 PM	Cross Country Course			
Sep 23, 2021	Thu	Practice	N/A	3:15 PM	4:45 PM	Cross Country Course			
Sep 24, 2021	Fri	Practice	N/A	3:15 PM	4:15 PM	Cross Country Course			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 25, 2021	Sat	Practice (Meet: Baldwinsville INVITATIONAL)	N/A	10:00 AM	10:20 AM	TBD			<b>Departure Point:</b> Oneida High School <b>Departure Time:</b> 7:30 AM
Sep 27, 2021	Mon	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course			
Sep 28, 2021	Tue	Regular Season	Utica Proctor (JFK/DMS) @ Vernon-Verona-Sherrill	4:30 PM		Cross Country Course	<b>Class Dismissal:</b> 2:25 PM		<b>Departure Point:</b> Otto Shortell Middle School <b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 6:15 PM
CANCELLED Sep 29, 2021	Wed	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course			
Sep 30, 2021	Thu	Practice	N/A	3:15 PM	4:45 PM	Cross Country Course			
Oct 1, 2021	Fri	Practice	N/A	3:15 PM	4:15 PM	Cross Country Course			
Oct 2, 2021	Sat	Regular Season (McQuaid Cross Country Invitational )	@ TBD	TBD		McQuaid Jesuit HS			<b>Departure Point:</b> OSMS <b>Departure Time:</b> 6:00 AM
Oct 4, 2021	Mon	Regular Season	Camden @ Rome Free Academy	4:00 PM		RFA Cross Country Course	<b>Class Dismissal:</b> 2:25 PM		<b>Departure Point:</b> Otto Shortell Middle School <b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 6:15 PM
Oct 5, 2021	Tue	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course			
Oct 6, 2021	Wed	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course			
Oct 7, 2021	Thu	Practice (NO PRACTICE PLEASE RUN ON YOUR OWN TODAY )	N/A	TBD		TBD			
Oct 8, 2021	Fri	Practice (NO PRACTICE PLEASE RUN ON YOUR OWN TODAY )	N/A	TBD		TBD			
Oct 12, 2021	Tue	Regular Season	Central Valley Academy, Whitesboro	4:00 PM		Cross Country Course			L
Oct 13, 2021	Wed	Practice (Practice)	N/A	3:15 PM	5:00 PM	Cross Country Course			
Oct 14, 2021	Thu	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 15, 2021	Fri	Practice (Short practice )	N/A	3:15 PM	4:15 PM	Cross Country Course			
Oct 16, 2021	Sat	Regular Season	@ TBD	TBD		TBD			<b>Departure Point:</b> OSMS <b>Departure Time:</b> 7:30 AM
Oct 18, 2021	Mon	Practice (Practice)	N/A	3:15 PM	5:00 PM	Cross Country Course			
Oct 20, 2021	Wed	Practice (Practice)	N/A	3:15 PM	5:00 PM	Cross Country Course			
Oct 21, 2021	Thu	Practice (Practice)	N/A	3:15 PM	5:00 PM	Cross Country Course			
Oct 22, 2021	Fri	Practice (Practice)	N/A	3:15 PM	5:00 PM	Cross Country Course			
Oct 23, 2021	Sat	Regular Season (TVL Championship )	Vernon-Verona-Sherrill, Utica Proctor (JFK/DMS), Rome Free Academy, Notre Dame, Utica, New Hartford, Central Valley Academy, Camden, Whitesboro @ TBD	8:00 AM		Osceola Ski and Sport Resort			<b>Departure Point:</b> Oneida High School <b>Departure Time:</b> 6:15 AM <b>Return Date:</b> <b>Return Time:</b> 12:15 PM

Date: 2024-04-25