



# Oneida

## (G) V Cross Country

### Coaches:

- Giovanni Silvestri
- Giovanni Silvestri

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2024	Sat	Regular Season (Mustang Invitational)	TBD, Adirondack, Auburn, Beaver River, Canastota, Cato-Meridian (Blue Devils), Cazenovia, Christian Brothers Academy, Dewitt, Central Square, Central Valley Academy, Chittenango, Clinton, Cicero-North Syracuse, DeRuyter, Dolgeville, Fabius-Pompey, Fayetteville-Manlius, Holland Patent, Homer, Indian River, Jamesville-Dewitt, Jordan-Elbridge, Liverpool, Marcellus, Mexico, New Hartford, Notre Dame, Utica, Nottingham (Nottingham), Onondaga Central, Phoenix, Utica Proctor, Pulaski, Remsen (Remsen/Town of Webb), Rome Free Academy, Skaneateles, South Lewis, South Jefferson, Tully, Vernon-Verona-Sherrill, Watertown, Whitesboro, Waterville, Weedsport, West Genesee, Westmoreland @ Mount Markham	8:00 AM	12:00 PM	HS Track		NL
Sep 9, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 10, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 11, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 14, 2024	Sat	Regular Season (Queensbury Invy)	Lake George, Remsen (Remsen/Town of Webb), Roy C Ketcham/Wappingers JHS, Schenectady High School, Schuylerville, Saratoga Springs High School, Maple Hill, Greenville, Shaker High School, Delaware Academy, Shenendehowa High School, Adirondack, Gloversville, Broadalbin-Perth, South Lewis, Scotia-Glenville, Vernon-Verona-Sherrill, Ballston Spa High School, Ballston Spa High School, Waterville, Auburn, Colonie High School, Beaver River @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School		NL
Sep 16, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 17, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 18, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 19, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 20, 2024	Fri	Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 24, 2024	Tue	Regular Season	Notre Dame, Utica @ Rome Free Academy	4:00 PM		Rome Free Academy H S	<b>Departure Point:</b> High School Tennis Courts	L
Oct 1, 2024	Tue	Regular Season	Whitesboro, Holland Patent @ New Hartford	4:00 PM	7:00 PM	Cross Country Course (Perry JH)		L
Oct 8, 2024	Tue	Regular Season	Camden, Utica Proctor	4:00 PM		Cross Country Course	<b>Departure Point:</b> High School Tennis Courts	L
Oct 15, 2024	Tue	Regular Season	Central Valley Academy @ Vernon-Verona-Sherrill	4:30 PM		Cross Country Course		L
Oct 19, 2024	Sat	Meet (Marcellus Invitational)	Vs. Multiple	9:00 AM		Marcellus Park		NL
Oct 26, 2024	Sat	Regular Season (TVL Championship)	Rome Free Academy, Whitesboro, New Hartford, Utica Proctor, Holland Patent, Vernon-Verona-Sherrill, Camden, Central Valley Academy @ Notre Dame, Utica	11:00 AM		Proctor Park, Utica		L

Date: 2024-09-13