



Oneida

(G) V Cross Country

Coaches:

- Giovanni Silvestri
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DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 22, 2022	Mon	Practice	N/A	8:00 AM	10:00 AM	HS Track		
Aug 23, 2022	Tue	Practice	N/A	8:00 AM	10:00 AM	HS Track		
Aug 24, 2022	Wed	Practice	N/A	9:00 AM	12:30 PM	Green Lakes State Park		
Aug 25, 2022	Thu	Practice	N/A	8:00 AM	10:00 AM	HS Track		
Aug 26, 2022	Fri	Practice	N/A	8:00 AM	10:00 AM	HS Track		
Aug 27, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	HS Track		
Aug 29, 2022	Mon	Practice	N/A	8:00 AM	10:00 AM	HS Track		
Aug 30, 2022	Tue	Practice	N/A	8:00 AM	10:00 AM	HS Track		
Aug 31, 2022	Wed	Practice	N/A	8:00 AM	10:00 AM	HS Track		
Sep 1, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	HS Track		
Sep 2, 2022	Fri	Practice	N/A	8:00 AM	10:00 AM	HS Track		
Sep 10, 2022	Sat	Regular Season	@ TBD	TBD		Cross Country Course	Departure Point: High School Departure Date: Sep 10, 2022 Departure Time: 7:15 AM	L
Sep 17, 2022	Sat	Regular Season	@ TBD	TBD		Queensbury HS	Departure Point: High School Departure Date: Sep 17, 2022 Departure Time: 7:00 AM Return Date: Return Time: 1:30 PM	L
Sep 20, 2022	Tue	Regular Season	Central Valley Academy, Rome Free Academy	4:00 PM		Cross Country Course		L
Sep 24, 2022	Sat	Regular Season	@ TBD	TBD		Proctor Park	Departure Time: 7:15 AM	L
Sep 27, 2022	Tue	Regular Season	Camden @ New Hartford	4:30 PM		Cross Country Course (Perry JH)	Departure Point: High School Departure Date: Sep 27, 2022 Departure Time: 2:45 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 1, 2022	Sat	Regular Season (Whitesboro Cross country invitational)	Oneonta, Watertown, Notre Dame, Utica, Corcoran (Syracuse West), Westmoreland, New York Mills, New Hartford, Adirondack, Hamilton, Cooperstown, Central Valley Academy, Oriskany, West Canada Valley, Fulton, Utica Proctor, Herkimer, Holland Patent, Clinton @ Whitesboro	9:00 AM		Deerfield Town Wilderness Park		NL
Oct 1, 2022	Sat	Regular Season	@ TBD	TBD		Deerfield Town Wilderness Park		L
Oct 4, 2022	Tue	Regular Season	Whitesboro @ Notre Dame, Utica	4:00 PM		Proctor Park, Utica	Departure Point: High School Departure Date: Oct 4, 2022 Departure Time: 2:45 PM	L
Oct 8, 2022	Sat	Regular Season (Manhattan NY)	@ TBD	TBD		Van Cortlandt Park		L
Oct 11, 2022	Tue	Regular Season (*Note VVS/Holland Patent will be Non League)	Holland Patent, Utica Proctor, Vernon-Verona-Sherrill	4:00 PM		Cross Country Course		L
Oct 15, 2022	Sat	Regular Season	Homer, Bishop Grimes, Cazenovia, Chittenango, Cincinnatus, Cortland, Mexico, Manlius Pebble Hill, New York Mills, Notre Dame, Utica, Sandy Creek, South Jefferson, Trumansburg, Whitesboro, Sullivan West, Altmar-Parish-Williamstown (APW Rebels) @ Tully	8:45 AM	2:00 PM	Tully H S		NL
Oct 15, 2022	Sat	Regular Season	@ TBD	TBD		Tully H S		L
Oct 22, 2022	Sat	Regular Season (TVL League championship)	Whitesboro, Camden, Holland Patent, Notre Dame, Utica, Utica Proctor, Rome Free Academy, Vernon-Verona-Sherrill, Central Valley Academy @ New Hartford	10:00 AM		Cross Country Course (Perry JH)	Departure Point: High School Departure Date: Oct 22, 2022 Departure Time: 8:00 AM	L
Oct 29, 2022	Sat	Regular Season	@ TBD	TBD		Adirondack HS		L
Nov 5, 2022	Sat	Post-Season (Sec 3 Championship)	@ TBD	TBD		Cross Country Course		L

Date: 2025-12-20

