



Oneida

(G) V Cross Country

Coaches:

- Giovanni Silvestri
- Giovanni Silvestri

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|-------------------------|------------------------|------------|----------|----------------------|----------------|---------------------|
| Aug 21, 2023 | Mon | Practice | N/A | 8:00 AM | 10:00 AM | Cross Country Course | | |
| Aug 24, 2023 | Thu | Practice | N/A | 8:00 AM | 10:00 AM | Cross Country Course | | |
| Aug 25, 2023 | Fri | Practice | N/A | 8:00 AM | 10:00 AM | Cross Country Course | | |
| Aug 26, 2023 | Sat | Practice | N/A | 8:00 AM | 10:00 AM | Cross Country Course | | |
| Aug 29, 2023 | Tue | Practice | N/A | 8:00 AM | 10:00 AM | Cross Country Course | | |
| Aug 30, 2023 | Wed | Practice | N/A | 8:00 AM | 10:00 AM | Cross Country Course | | |
| Aug 31, 2023 | Thu | Practice | N/A | 8:00 AM | 10:00 AM | Cross Country Course | | |
| Sep 1, 2023 | Fri | Practice | N/A | 8:00 AM | 10:00 AM | Cross Country Course | | |
| Sep 5, 2023 | Tue | Practice | N/A | TBD | 10:00 AM | TBD | | |
| Sep 6, 2023 | Wed | Practice | N/A | 8:00 AM | 10:00 AM | TBD | | |
| Sep 7, 2023 | Thu | Practice | N/A | 5:00 PM | 6:30 PM | TBD | | |
| Sep 11, 2023 | Mon | Practice | N/A | 5:00 PM | 6:30 PM | TBD | | |
| Sep 13, 2023 | Wed | Practice | N/A | 5:00 PM | 6:30 PM | TBD | | |
| Sep 14, 2023 | Thu | Practice | N/A | 3:15 PM | 5:00 PM | TBD | | |
| Sep 15, 2023 | Fri | Practice | N/A | 3:15 PM | 5:00 PM | TBD | | |
| Sep 18, 2023 | Mon | Practice | N/A | 3:15 PM | 5:00 PM | TBD | | |
| Sep 20, 2023 | Wed | Practice | N/A | 3:15 PM | 5:00 PM | TBD | | |
| Sep 21, 2023 | Thu | Practice | N/A | 3:15 PM | 5:00 PM | TBD | | |
| Sep 22, 2023 | Fri | Practice | N/A | 3:15 PM | 5:00 PM | TBD | | |
| Sep 25, 2023 | Mon | Practice | N/A | 3:15 PM | 5:00 PM | TBD | | |
| Sep 27, 2023 | Wed | Practice | N/A | 3:15 PM | 5:00 PM | TBD | | |
| Sep 28, 2023 | Thu | Practice | N/A | 3:15 PM | 5:00 PM | TBD | | |
| Oct 2, 2023 | Mon | Practice | N/A | 3:15 PM | 5:15 PM | TBD | | |
| Oct 3, 2023 | Tue | Regular Season | Camden, Holland Patent | 4:00 PM | | Cross Country Course | | L |
| Oct 4, 2023 | Wed | Practice (With Goggins) | N/A | 3:15 PM | 5:00 PM | TBD | | |
| Oct 5, 2023 | Thu | Practice | N/A | 5:00 PM | 6:30 PM | TBD | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|-------------------------|-----------|------------|----------|----------|----------------|---------------------|
| Oct 6, 2023 | Fri | Practice | N/A | 8:00 AM | 10:00 AM | TBD | | |
| Oct 9, 2023 | Mon | Practice | N/A | 8:00 AM | 10:00 AM | TBD | | |
| Oct 11, 2023 | Wed | Practice | N/A | 3:15 PM | 5:15 PM | TBD | | |
| Oct 12, 2023 | Thu | Practice | N/A | 3:15 PM | 5:15 PM | TBD | | |
| Oct 14, 2023 | Sat | Practice | N/A | 8:00 AM | 9:30 PM | TBD | | |
| Oct 16, 2023 | Mon | Practice | N/A | 5:00 PM | 6:30 PM | TBD | | |
| Oct 17, 2023 | Tue | Practice (With Goggins) | N/A | 3:15 PM | 5:15 PM | TBD | | |
| Oct 18, 2023 | Wed | Practice | N/A | 3:15 PM | 5:15 PM | TBD | | |
| Oct 19, 2023 | Thu | Practice | N/A | 3:15 PM | 5:15 PM | TBD | | |
| Oct 20, 2023 | Fri | Practice | N/A | 4:00 PM | 5:15 PM | TBD | | |
| Oct 22, 2023 | Sun | Practice | N/A | 8:00 AM | 10:00 AM | TBD | | |
| Oct 23, 2023 | Mon | Practice | N/A | 4:30 PM | 6:30 PM | TBD | | |
| Oct 24, 2023 | Tue | Practice | N/A | 3:15 PM | 5:15 PM | TBD | | |
| Oct 25, 2023 | Wed | Practice | N/A | 3:15 PM | 5:15 PM | TBD | | |
| Oct 27, 2023 | Fri | Practice | N/A | 3:15 PM | 5:15 PM | TBD | | |
| Oct 30, 2023 | Mon | Practice | N/A | 3:15 PM | 4:30 PM | TBD | | |
| Oct 31, 2023 | Tue | Practice | N/A | 3:15 PM | 5:15 PM | TBD | | |
| Nov 1, 2023 | Wed | Practice | N/A | 3:15 PM | 5:15 PM | TBD | | |
| Nov 2, 2023 | Thu | Practice | N/A | 3:15 PM | 4:30 PM | TBD | | |
| Nov 3, 2023 | Fri | Practice | N/A | 4:30 PM | 6:30 PM | TBD | | |

Date: 2024-04-17