



Oneida

(G) V Cross Country

Coaches:

- Giovanni Silvestri
- Giovanni Silvestri

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	Cross Country Course		
Aug 24, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	Cross Country Course		
Aug 25, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	Cross Country Course		
Aug 26, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	Cross Country Course		
Aug 29, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	Cross Country Course		
Aug 30, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	Cross Country Course		
Aug 31, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	Cross Country Course		
Sep 1, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	Cross Country Course		
Sep 5, 2023	Tue	Practice	N/A	TBD	10:00 AM	TBD		
Sep 6, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	TBD		
Sep 7, 2023	Thu	Practice	N/A	5:00 PM	6:30 PM	TBD		
Sep 11, 2023	Mon	Practice	N/A	5:00 PM	6:30 PM	TBD		
Sep 13, 2023	Wed	Practice	N/A	5:00 PM	6:30 PM	TBD		
Sep 14, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 15, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 18, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 20, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 21, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 22, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 25, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 27, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 28, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	TBD		
Oct 2, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	TBD		
Oct 3, 2023	Tue	Regular Season	Camden, Holland Patent	4:00 PM		Cross Country Course		L
Oct 4, 2023	Wed	Practice (With Goggins)	N/A	3:15 PM	5:00 PM	TBD		
Oct 5, 2023	Thu	Practice	N/A	5:00 PM	6:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 6, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	TBD		
Oct 9, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	TBD		
Oct 11, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	TBD		
Oct 12, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	TBD		
Oct 14, 2023	Sat	Practice	N/A	8:00 AM	9:30 PM	TBD		
Oct 16, 2023	Mon	Practice	N/A	5:00 PM	6:30 PM	TBD		
Oct 17, 2023	Tue	Practice (With Goggins)	N/A	3:15 PM	5:15 PM	TBD		
Oct 18, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	TBD		
Oct 19, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	TBD		
Oct 20, 2023	Fri	Practice	N/A	4:00 PM	5:15 PM	TBD		
Oct 22, 2023	Sun	Practice	N/A	8:00 AM	10:00 AM	TBD		
Oct 23, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	TBD		
Oct 24, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	TBD		
Oct 25, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	TBD		
Oct 27, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	TBD		
Oct 30, 2023	Mon	Practice	N/A	3:15 PM	4:30 PM	TBD		
Oct 31, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	TBD		
Nov 1, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	TBD		
Nov 2, 2023	Thu	Practice	N/A	3:15 PM	4:30 PM	TBD		
Nov 3, 2023	Fri	Practice	N/A	4:30 PM	6:30 PM	TBD		

Date: 2024-04-29