



Oneida

(G) V Cheerleading

Coaches:

- Julie Ano, Head Coach
- Mackenzie Ano

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 22, 2022	Mon	Practice (Practice)	N/A	5:00 PM	7:30 PM	HS Track		
Aug 23, 2022	Tue	Practice (Practice)	N/A	5:30 PM	7:30 PM	HS Track		
Aug 24, 2022	Wed	Practice (Practice)	N/A	5:30 PM	7:30 PM	HS Track		
Aug 25, 2022	Thu	Practice (Practice)	N/A	5:30 PM	7:30 PM	HS Track		
Aug 26, 2022	Fri	Practice (Practice)	N/A	5:30 PM	7:30 PM	HS Track		
Aug 29, 2022	Mon	Practice (Practice)	N/A	5:00 PM	7:30 PM	HS Track		
Aug 30, 2022	Tue	Practice (Practice)	N/A	5:00 PM	7:30 PM	HS Track		
Sep 1, 2022	Thu	Practice (Practice)	N/A	5:00 PM	7:30 PM	HS Track		
Sep 2, 2022	Fri	Practice (Game)	N/A	6:30 PM		Stadium Field		
CANCELLED Sep 5, 2022	Mon	Practice (Practice)	N/A	4:30 PM	7:30 PM	HS Track		
Sep 6, 2022	Tue	Practice	N/A	5:00 PM	7:30 PM	HS Track		
Sep 7, 2022	Wed	Practice (Practice)	N/A	5:30 PM	7:30 PM	Oneida H S		
Sep 8, 2022	Thu	Practice (Practice for Comp only)	N/A	5:00 PM	7:30 PM	Oneida H S		
Sep 9, 2022	Fri	Regular Season	Institute of Technology, Syracuse (Cheer Fall)	7:00 PM	9:30 PM	Stadium Field		L
Sep 12, 2022	Mon	Practice (Practice)	N/A	6:00 PM	7:30 PM	Oneida H S		
Sep 13, 2022	Tue	Practice (Practice)	N/A	5:00 PM	7:30 PM	Oneida H S		
Sep 14, 2022	Wed	Practice (Practice)	N/A	5:45 PM	7:30 PM	Oneida H S		
Sep 15, 2022	Thu	Practice (Practice)	N/A	5:00 PM	7:30 PM	Oneida H S		
Sep 16, 2022	Fri	Practice (Practice)	N/A	4:30 PM	7:30 PM	Oneida H S		
CANCELLED Sep 16, 2022	Fri	Practice (Regular Season)	N/A	7:00 PM		TBD	Departure Point: High School Departure Date: Sep 16, 2022 Departure Time: 5:45 PM	
Sep 20, 2022	Tue	Practice	N/A	5:00 PM	7:30 PM	Oneida H S		
Sep 21, 2022	Wed	Practice (Practice)	N/A	4:00 PM	6:00 PM	Oneida H S		
Sep 22, 2022	Thu	Practice	N/A	5:00 PM	7:30 PM	Oneida H S		
Sep 23, 2022	Fri	Practice (Regular Season (Homecoming))	N/A	5:00 PM		Stadium Field		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 24, 2022	Sat	Practice	N/A	10:00 AM	12:00 PM	Oneida HS		
Sep 27, 2022	Tue	Practice (Practice)	N/A	6:00 PM	7:30 PM	Oneida HS		
Sep 28, 2022	Wed	Practice	N/A	5:00 PM	7:30 PM	Oneida HS		
Sep 29, 2022	Thu	Practice (Practice)	N/A	5:00 PM	7:30 PM	Oneida HS		
Sep 30, 2022	Fri	Practice (Practice)	N/A	5:30 PM	8:30 PM	Oneida HS		
Oct 1, 2022	Sat	Practice (Practice)	N/A	10:00 AM	12:00 PM	Oneida HS		
Oct 3, 2022	Mon	Practice	N/A	5:30 PM	7:00 PM	Oneida HS		
Oct 3, 2022	Mon	Practice (Practice)	N/A	5:30 PM	7:30 PM	Oneida HS		
Oct 4, 2022	Tue	Practice (Practice)	N/A	5:00 PM	7:00 PM	Oneida HS		
Oct 5, 2022	Wed	Practice	N/A	5:30 PM	7:00 PM	Oneida HS		
Oct 7, 2022	Fri	Practice	N/A	5:00 PM	7:00 PM	Oneida HS		
Oct 8, 2022	Sat	Practice	N/A	9:00 AM	12:00 PM	Oneida HS		
Oct 9, 2022	Sun	Regular Season (Phyllis Greene Annual Competition / Dansville HS)	@ TBD	9:00 AM		Dansville HS	Departure Point: Oneida HS Departure Date: Oct 9, 2022 Departure Time: 7:00 AM	NL
Oct 9, 2022	Sun	Practice (Competition)	N/A	11:00 AM	3:30 PM	TBD	Departure Point: Oneida High School Departure Date: Oct 9, 2022 Departure Time: 8:00 AM Return Date: Oct 9, 2022 Return Time: 7:30 PM	
Oct 11, 2022	Tue	Practice (Practice)	N/A	5:00 PM	7:00 PM	Oneida HS		
Oct 12, 2022	Wed	Practice (Practice)	N/A	5:30 PM	7:00 PM	Oneida HS		
CANCELLED Oct 13, 2022	Thu	Practice (Practice)	N/A	5:00 PM	7:00 PM	Oneida HS		
Oct 14, 2022	Fri	Regular Season	Cortland (Fall)	7:00 PM		Stadium Field	Departure Point: Oneida HS	L
Oct 17, 2022	Mon	Practice	N/A	5:00 PM	6:30 PM	Oneida Castle E		
Oct 18, 2022	Tue	Practice	N/A	5:00 PM	6:30 PM	Oneida HS		
Oct 19, 2022	Wed	Practice	N/A	5:00 PM	6:30 PM	Oneida HS		
Oct 20, 2022	Thu	Practice	N/A	5:00 PM	6:30 PM	Oneida HS		
Oct 21, 2022	Fri	Regular Season	TBD	6:30 PM		Stadium Field	Departure Point: Oneida HS	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 22, 2022	Sat	Regular Season (Hannibal Cheer Competition)	TBD @ TBD	9:00 AM		Hannibal H S	Departure Point: Oneida HS Departure Date: Oct 22, 2022 Departure Time: 7:00 AM	NL
Oct 24, 2022	Mon	Practice	N/A	3:30 PM	5:00 PM	Oneida H S		
Oct 25, 2022	Tue	Practice	N/A	3:30 PM	5:00 PM	Oneida H S		
Oct 27, 2022	Thu	Practice	N/A	3:30 PM	5:00 PM	Oneida H S		

Date: 2025-12-20