

## **Coaches:**

• Sarah Bushey-O'Hearn, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 14, 2024	Sat	Regular Season (New Hartford Invitational)	Mount Markham, Dolgeville, Whitesboro, Clinton, Hamilton, Vernon- Verona-Sherrill, Beaver River, Rome Free Academy @ New Hartford	9:00 AM		Cross Country Course (Perry JH)			NL
Sep 21, 2024	Sat	Regular Season (Invitational)	@ TBD	10:00 AM	6:30 PM	Bville - Durgee Cross Country Trail	<b>Bus/Driver:</b> Durham	Departure Point: Notre Dame Lane Departure Time: 8:00 AM	L
Sep 24, 2024	Tue	Regular Season	Oneida @ Rome Free Academy	4:30 PM		RFA Cross Country Course		Departure Point: Notre Dame Lane Departure Time: 3:00 PM	L
Sep 28, 2024	Sat	Regular Season (EJ Herman Invitational)	Rome Free Academy	TBD		Proctor Park, Utica			L
Oct 1, 2024	Tue	Regular Season	Utica Proctor (JFK/DMS), Central Valley Academy	4:30 PM		Proctor Park, Utica		Departure Point: Notre Dame Lane Departure Time: 3:00 PM	L
Oct 5, 2024	Sat	Regular Season (Whitesboro Invitational)	Utica Proctor (JFK/DMS), Beaver River, Remsen, Central Valley Academy, Clinton, Central Square, TBD @ Whitesboro	9:00 AM	6:30 PM	Deerfield Town Wilderness Park			NL
Oct 8, 2024	Tue	Regular Season	Vernon- Verona-Sherrill, Whitesboro @ Holland Patent	4:30 PM	7:00 PM	Holland Patent HS		Departure Point: Notre Dame Lane Departure Time: 3:00 PM	L
Oct 15, 2024	Tue	Regular Season	Camden @ New Hartford	4:00 PM		Cross Country Course (Perry JH)		Departure Point: Notre Dame Lane Departure Time: 3:00 PM	L
Oct 19, 2024	Sat	Regular Season (Invitational)	South Lewis, Phoenix @ Beaver River	9:00 AM		Beaver River H S	Bus/Driver: Durham	Departure Point: Notre Dame Lane Departure Time: 7:30 AM	L

DATE	WEE	ТҮРЕ	OPPONENTS	START TIME	END LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 26, 2024	Sat	Regular Season (TVL Championship)	Rome Free Academy, Whitesboro, New Hartford, Vernon- Verona-Sherrill, Central Valley Academy, Oneida, Camden, Holland Patent, Utica Proctor (JFK/DMS)	11:30 AM	Proctor Park, Utica		L

Date: 2025-12-14