



Notre Dame, Utica

(G) 7/8TH Cross Country

Coaches:

- Sarah Bushey-O'Hearn, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 17, 2022	Sat	Regular Season	@ New Hartford	TBD		Cross Country Course (Perry JH)	Bus/Driver: Birnie	Departure Time: 8:00 AM	L
Sep 20, 2022	Tue	Regular Season	New Hartford @ Utica Proctor (JFK/DMS)	4:00 PM		Proctor Park	Bus/Driver: Birnie Bus	Departure Time: 3:00 PM	L
Sep 24, 2022	Sat	Regular Season (EJ Hermann Invitational)	TBD	TBD		Proctor Park, Utica			L
Sep 27, 2022	Tue	Regular Season (*Note VVS/Holland Patent will be Non League)	Vernon-Verona-Sherrill, Holland Patent @ Central Valley Academy	4:00 PM		Diss Athletic Complex	Bus/Driver: Hale	Departure Time: 2:45 PM	L
Oct 1, 2022	Sat	Regular Season (Whitesboro Cross country Invitational)	Corcoran (Syracuse West), Rome Free Academy, Oneonta, Westmoreland, New York Mills, New Hartford, Adirondack, Hamilton, Liverpool, Cooperstown (Modified), Central Valley Academy, Oriskany, West Canada Valley, Mount Markham, Henninger, Utica Proctor (JFK/DMS), Herkimer, South Lewis, Oneida, Central Square, Remsen @ Whitesboro	9:00 AM		Deerfield Town Wilderness Park	Bus/Driver: No bus needed		NL
Oct 4, 2022	Tue	Regular Season	Oneida, Whitesboro	4:00 PM		Proctor Park, Utica		Departure Time: 3:00 PM	L
Oct 8, 2022	Sat	Regular Season (Coughlin Invitational)	@ Rome Free Academy	TBD		RFA Cross Country Course	Bus/Driver: Birnie Bus	Departure Point: Notre Dame Lane Departure Time: 9:30 AM	L
Oct 11, 2022	Tue	Regular Season	Camden @ Rome Free Academy	4:00 PM		RFA Cross Country Course		Departure Time: 2:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 15, 2022	Sat	Regular Season	Westhill, Altmar- Parish- Williamstown (APW Rebels), Bishop Grimes, Cincinnatus, Cicero-North Syracuse, East Syracuse Minoa, Fayetteville- Manlius, Fulton, Jamesville- Dewitt, Liverpool, Mexico, Manlius Pebble Hill, Oneida, Sandy Creek, South Jefferson, Trumansburg, West Genesee, Sauquoit Valley, Whitesboro, Chittenango @ Tully	8:45 AM	2:00 PM	Tully XC Course	Bus/Driver: Birnie	Departure Time: 7:15 AM	NL
Oct 22, 2022	Sat	Regular Season (TVL League championship)	Whitesboro, Camden, Holland Patent, Oneida, Utica Proctor (JFK/DMS), Rome Free Academy, Vernon-Verona- Sherrill, Central Valley Academy @ New Hartford	10:00 AM		Cross Country Course (Perry JH)	Bus/Driver: Birnie Bus	Departure Point: Notre Dame Lane Departure Time: 8:45 AM	L
Oct 29, 2022	Sat	Regular Season	@ Adirondack	TBD		Adirondack HS	Departure Time: 8:00 AM		L

Date: 2025-12-06