



Notre Dame, Utica

(G) V Cross Country

Coaches:

- Erin Wake, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2024	Sat	Regular Season (Mustang Invitational)	TBD, Adirondack, Auburn, Beaver River, Canastota, Cato-Meridian (Blue Devils), Cazenovia, Christian Brothers Academy, Dewitt, Central Square, Central Valley Academy, Chittenango, Clinton, Cicero- North Syracuse, DeRuyter, Dolgeville, Fabius- Pompey, Fayetteville- Manlius, Holland Patent, Homer, Indian River, Jamesville- Dewitt, Jordan- Elbridge, Liverpool, Marcellus, Mexico, New Hartford, Nottingham (Nottingham), Oneida, Onondaga Central, Phoenix, Utica Proctor, Pulaski, Remsen, Rome Free Academy, Skaneateles, South Lewis, South Jefferson, Tully, Vernon- Verona-Sherrill, Watertown, Whitesboro, Waterville, Weedsport, West Genesee, Westmoreland @ Mount Markham	8:00 AM	12:00 PM	HS Track			NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 14, 2024	Sat	Regular Season (New Hartford Invitational)	Clinton, Whitesboro, Mount Markham, Dolgeville, Hamilton, Unadilla Valley (UV/GMU), Central Valley Academy, Utica Proctor, Rome Free Academy @ New Hartford	9:00 AM		Cross Country Course (Perry JH)			NL
Sep 21, 2024	Sat	Regular Season (Invitational)	@ TBD	10:00 AM	6:30 PM	Bville - Durgee Cross Country Trail	Bus/Driver: Durham	Departure Point: Notre Dame Lane Departure Time: 8:00 AM	L
Sep 24, 2024	Tue	Regular Season	Oneida @ Rome Free Academy	4:00 PM		Rome Free Academy H S		Departure Point: Notre Dame Lane Departure Time: 2:45 PM	L
Sep 28, 2024	Sat	Regular Season (EJ Herman Invitational)	Rome Free Academy	12:45 PM	1:15 PM	Proctor Park, Utica			L
Oct 1, 2024	Tue	Regular Season	Utica Proctor, Central Valley Academy	4:30 PM		Proctor Park, Utica		Departure Point: Notre Dame Lane Departure Time: 3:00 PM	L
Oct 5, 2024	Sat	Regular Season (Whitesboro XC Invitational)	Holland Patent, Cooperstown, Little Falls, Mount Markham, Clinton, Oswego, Beaver River, DeRuyter, Remsen, Poland, Central Valley Academy @ Whitesboro	9:00 AM	6:30 PM	Deerfield Town Wilderness Park			NL
Oct 8, 2024	Tue	Regular Season	Vernon-Verona-Sherrill, Whitesboro @ Holland Patent	4:30 PM	6:30 PM	Holland Patent HS		Departure Point: Notre Dame Lane Departure Time: 2:45 PM	L
Oct 12, 2024	Sat	Regular Season (Invitational)	@ Alden	9:00 AM		Alden High School	Bus/Driver: Durham	Departure Point: Notre Dame Lane Departure Time: 6:00 AM	L
Oct 15, 2024	Tue	Regular Season	Camden @ New Hartford	4:00 PM		Cross Country Course (Perry JH)		Departure Point: Notre Dame Lane Departure Time: 2:45 PM	L
Oct 19, 2024	Sat	Regular Season (Beaver River Invitational)	Phoenix, South Lewis, Rome Free Academy @ Beaver River	9:00 AM		Beaver River H S			NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 26, 2024	Sat	Regular Season (TVL Championship)	Rome Free Academy, Whitesboro, New Hartford, Utica Proctor, Holland Patent, Vernon-Verona-Sherrill, Camden, Central Valley Academy, Oneida	12:45 PM		Proctor Park, Utica			L
CANCELLED Nov 2, 2024	Sat	Regular Season (Invitational)	@ Adirondack	9:00 AM		Adirondack HS	Bus/Driver: Durham	Departure Point: Notre Dame Lane Departure Time: 7:45 AM	L

Date: 2025-12-05