



Notre Dame, Utica

(B) V Cross Country

Coaches:

- Stephen Roefaro, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2025	Sat	Regular Season (Mustang Invitational)	Central Valley Academy, Remsen (Remsen), Utica Proctor, Camden, New Hartford, Westmoreland, Holland Patent, Waterville, Clinton, South Lewis, Jamesville-Dewitt, Cicero-North Syracuse, Weedsport, Jordan-Elbridge, Marcellus, Beaver River, Watertown, Pulaski, Fabius-Pompey, Canastota, Vernon-Verona-Sherrill, Cazenovia, Whitesboro, DeRuyter, Hamilton, Baldwinsville, Indian River, Liverpool, Onondaga Central, Phoenix, West Genesee, Auburn, Central Square, Tully @ Mount Markham	8:00 AM		HS Track		L
Sep 13, 2025	Sat	Regular Season (NH INVITATIONAL)	TBD, Adirondack, Central Valley Academy, DeRuyter, Edmeston (Edmeston/Morris), Herkimer, Holland Patent, Mount Markham, Poland, Sauquoit Valley, Vernon-Verona-Sherrill, Westmoreland, Whitesboro @ New Hartford	9:00 AM		Cross Country Course (Perry JH)		L
Sep 16, 2025	Tue	Regular Season	Holland Patent, Utica Proctor @ Camden	4:00 PM		Camden Cross Country Course	Departure Point: Notre Dame Lane Departure Time: 2:30 PM	L
Sep 24, 2025	Wed	Regular Season	Camden, Rome Free Academy @ New Hartford	4:30 PM		Cross Country Course (Perry JH)	Departure Point: Notre Dame Lane Departure Time: 2:45 PM	L
Sep 30, 2025	Tue	Regular Season	Whitesboro, Camden @ Oneida	4:00 PM		Cross Country Course	Departure Point: Notre Dame Lane Departure Time: 2:45 PM	L
Oct 4, 2025	Sat	Meet (Whitesboro Cross Country Invitational 2025)	Vs. Multiple	10:40 AM		Deerfield Town Wilderness Park		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 7, 2025	Tue	Regular Season	Central Valley Academy, Vernon-Verona-Sherrill, Camden	4:00 PM		Proctor Park, Utica	Departure Point: Notre Dame Lane Departure Time: 2:45 PM	L
Oct 25, 2025	Sat	Regular Season (TVL Invitational)	New Hartford, Vernon-Verona-Sherrill, Camden, Oneida, Utica Proctor, Holland Patent, Whitesboro, Rome Free Academy @ Central Valley Academy	9:00 AM		Diss Athletic Complex	Departure Point: Notre Dame Lane Departure Time: 7:30 AM	L
Nov 1, 2025	Sat	Regular Season (53rd Annual John Bernard (Adirondack) Cross Country Invitaional)	Indian River, Pulaski, McQuaid Jesuit, Vernon-Verona-Sherrill, DeRuyter, Clinton, West Canada Valley, Watertown, Hamilton @ Adirondack	9:00 AM		Adirondack HS	Departure Point: Notre Dame Lane Departure Time: 7:00 AM	NL

Date: 2025-12-05