



# Notre Dame, Utica

## (B) V Cross Country

### Coaches:

- Stephen Roefaro, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2024	Sat	Regular Season (Mustang Invitational)	Remsen (Remsen/Town of Webb), Phoenix, Holland Patent, Tully, Cato-Meridian (Blue Devils), South Lewis, Adirondack, Whitesboro, Clinton, Waterville, Beaver River, Vernon-Verona-Sherrill, Weedsport, Central Square, Rome Free Academy, Auburn, Canastota, Cazenovia, Christian Brothers Academy, Dewitt, Central Valley Academy, Chittenango, Cicero-North Syracuse, DeRuyter, Dolgeville, Fabius-Pompey, Fayetteville-Manlius, Homer, TBD, Indian River, Jamesville-Dewitt, Jordan-Elbridge, Liverpool, Marcellus, Mexico, New Hartford, Nottingham (Nottingham), Oneida, Onondaga Central, Utica Proctor, Pulaski, Skaneateles, South Jefferson, Watertown, West Genesee, Westmoreland @ Mount Markham	8:00 AM	12:00 PM	HS Track			<b>Departure Point:</b> Notre Dame Lane <b>Departure Time:</b> 6:30 AM NL
Sep 14, 2024	Sat	Regular Season (New Hartford Invitational)	Clinton, Whitesboro, Mount Markham, Dolgeville, Hamilton, Utica Proctor, Central Valley Academy, Unadilla Valley (UV/GMU), Rome Free Academy @ New Hartford	9:00 AM		Cross Country Course (Perry JH)			NL
Sep 21, 2024	Sat	Regular Season (Invitational)	@ TBD	10:00 AM	6:30 PM	Bville - Durgess Cross Country Trail	<b>Bus/Driver:</b> Durham		<b>Departure Point:</b> Notre Dame Lane <b>Departure Time:</b> 8:00 AM L
Sep 24, 2024	Tue	Regular Season	Oneida @ Rome Free Academy	4:00 PM		Rome Free Academy H S			<b>Departure Point:</b> Notre Dame Lane <b>Departure Time:</b> 2:45 PM L
Sep 28, 2024	Sat	Regular Season (EJ Herman Invitational)	Rome Free Academy	TBD		Proctor Park, Utica			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 1, 2024	Tue	Regular Season	Central Valley Academy, Utica Proctor	4:30 PM		Proctor Park, Utica		<b>Departure Point:</b> Notre Dame Lane <b>Departure Time:</b> 2:45 PM	L
Oct 5, 2024	Sat	Regular Season (Whitesboro XC Invitational)	Holland Patent, Cooperstown (Cooperstown/Milford), Little Falls, Mount Markham, Clinton, Oswego, Beaver River, DeRuyter, Central Valley Academy, Poland, Remsen (Remsen/Town of Webb) @ Whitesboro	9:00 AM	6:30 PM	Deerfield Town Wilderness Park			NL
Oct 8, 2024	Tue	Regular Season	Vernon-Verona-Sherrill, Whitesboro @ Holland Patent	4:30 PM	6:30 PM	Holland Patent HS		<b>Departure Point:</b> Notre Dame Lane <b>Departure Time:</b> 2:45 PM	L
Oct 12, 2024	Sat	Regular Season (Invitational)	@ Alden	9:00 AM		TBD	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Notre Dame Lane <b>Departure Time:</b> 6:00 AM	L
Oct 15, 2024	Tue	Regular Season	Camden @ New Hartford	4:00 PM		Cross Country Course (Perry JH)		<b>Departure Point:</b> Notre Dame Lane <b>Departure Time:</b> 2:45 PM	L
Oct 19, 2024	Sat	Regular Season (Beaver River Invitational)	Phoenix, South Lewis, Rome Free Academy @ Beaver River	9:00 AM		Beaver River H S			NL
Oct 26, 2024	Sat	Regular Season (TVL Championship)	Rome Free Academy, Whitesboro, New Hartford, Utica Proctor, Holland Patent, Vernon-Verona-Sherrill, Camden, Central Valley Academy, Oneida	11:00 AM		Proctor Park, Utica			L
CANCELLED Nov 2, 2024	Sat	Regular Season (Invitational)	@ Adirondack	9:00 AM	6:30 PM	Adirondack HS	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Notre Dame Lane <b>Departure Time:</b> 7:45 AM	L
Nov 9, 2024	Sat	Post-Season (Sectionals)	@ Mount Markham	TBD		HS Track	<b>Bus/Driver:</b> Durham	<b>Departure Point:</b> Notre Dame Lane	L

Date: 2025-01-14