



Notre Dame, Utica

(B) V Cross Country

Coaches:

- Stephen Roefaro, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 9, 2023	Sat	Meet (Cato-Meridian XC Invitational)	Vs. Multiple	9:00 AM	11:00 AM	Cato-Meridian Cross Country Course	Bus/Driver: Birnie Bus	Departure Point: Notre Dame Lane Departure Time: 7:00 AM	NL
Sep 16, 2023	Sat	Regular Season (VVS Invitational)	@ Vernon-Verona-Sherrill	8:30 AM	12:00 PM	Cross Country Course	Bus/Driver: Durham	Departure Point: Notre Dame Lane Departure Time: 7:15 AM	L
Sep 19, 2023	Tue	Regular Season	Utica Proctor, Oneida @ Rome Free Academy	4:30 PM		RFA Cross Country Course	Bus/Driver: Durham	Departure Point: Notre Dame Lane Departure Time: 2:45 PM	L
Sep 23, 2023	Sat	Regular Season	@ TBD	10:00 AM		Bville - Durgee Cross Country Trail	Bus/Driver: Birnie Bus	Departure Point: Notre Dame Lane Departure Time: 7:30 AM	L
Sep 26, 2023	Tue	Regular Season	Central Valley Academy, Holland Patent @ Utica Proctor	4:30 PM		Proctor Park	Bus/Driver: Durham	Departure Point: Notre Dame Lane Departure Time: 2:45 PM	L
Sep 30, 2023	Sat	Regular Season (EJ Hermann Invitational)	TBD	9:30 AM		Proctor Park, Utica			L
Oct 3, 2023	Tue	Regular Season	Vernon-Verona-Sherrill, Utica Proctor @ Whitesboro	4:00 PM		Deerfield Town Wilderness Park	Bus/Driver: Durham	Departure Point: Notre Dame Lane Departure Time: 2:45 PM	L
Oct 7, 2023	Sat	Regular Season (Tully Co-Ed Invitational)	Chittenango, Cortland, Fulton, Homer, Liverpool, Nottingham (Nottingham), Bishop Grimes, Bishop Ludden, Cincinnatus, Christian Brothers Academy, Dewitt, Faith Heritage, Livingston Manor, Manlius Pebble Hill, Marcellus, Mexico, Pulaski, South Jefferson, Westhill @ Tully	9:00 AM		Tully XC Course			NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 10, 2023	Tue	Regular Season	Camden, Utica Proctor @ New Hartford	4:00 PM		Cross Country Course (Perry JH)	Bus/Driver: Durham	Departure Point: Notre Dame Lane Departure Time: 2:45 PM	L
Oct 14, 2023	Sat	Regular Season (Manhattan Van Cortlandt Park Meet)	@ TBD	9:00 AM		TBD		Departure Point: Notre Dame Lane	NL
Oct 21, 2023	Sat	Regular Season (TVL League Championship)	Whitesboro, Camden, Central Valley Academy, New Hartford, Oneida, Rome Free Academy, Vernon-Verona-Sherrill, Utica Proctor @ Holland Patent	11:40 AM	4:00 PM	HS Stadium / Track	Bus/Driver: Birnie	Departure Point: Notre Dame Lane Departure Time: 8:00 AM	L
Oct 28, 2023	Sat	Regular Season (John Bernard Invitational)	@ Adirondack	10:15 AM		Adirondack HS	Bus/Driver: Birnie Bus	Departure Point: Notre Dame Lane Departure Time: 8:00 AM	L
Nov 4, 2023	Sat	Regular Season (Section 3 finals)	@ Vernon-Verona-Sherrill	9:00 AM	12:00 PM	Cross Country Course	Bus/Driver: Birnie Bus	Departure Point: Notre Dame Lane Departure Time: 7:30 AM	NL

Date: 2024-05-04