



Norwich

(B) 7/8TH Wrestling

Coaches:

- Luke Marvin, Asst Coach
- Evan Wolff, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 2, 2024	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Dec 3, 2024	Tue	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Dec 4, 2024	Wed	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Dec 5, 2024	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Dec 6, 2024	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Dec 9, 2024	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Dec 10, 2024	Tue	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Dec 10, 2024	Tue	Regular Season	@ Windsor	6:00 PM		Windsor High School	Departure Point: NHS Gym Doors Departure Time: 4:30 PM		L
Dec 11, 2024	Wed	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Dec 12, 2024	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Dec 13, 2024	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Dec 14, 2024	Sat	Regular Season	Windsor, Oneonta, Waverly, Susquehanna Valley, Chenango Valley, Owego Apalachin @ Chenango Forks	9:00 AM		High School - Gym	Departure Point: NHS Gym Doors Departure Time: 7:30 AM		L
Dec 16, 2024	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 17, 2024	Tue	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Dec 18, 2024	Wed	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Dec 19, 2024	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Dec 20, 2024	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 2, 2025	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 3, 2025	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 6, 2025	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 7, 2025	Tue	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 8, 2025	Wed	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 9, 2025	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 10, 2025	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 11, 2025	Sat	Regular Season	Oneonta, Susquehanna Valley, Windsor, Vestal, Union-Endicott, Binghamton, Johnson City @ Maine-Endwell	9:00 AM		Maine-Endwell HS Gym	Departure Point: nhs gym Departure Time: 7:00 AM		L
Jan 11, 2025	Sat	Regular Season (@ M-E)	@ TBD	TBD		TBD	Departure Point: NHS Gym Doors		L
Jan 13, 2025	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 14, 2025	Tue	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 15, 2025	Wed	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 16, 2025	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 17, 2025	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 17, 2025	Fri	Regular Season	@ Ithaca	5:00 PM		IHS Bliss Gym (C149)			L
Jan 18, 2025	Sat	Regular Season	Horseheads, Ithaca, Corning-Painted Post, Windsor, Oneonta, Susquehanna Valley @ Elmira	10:00 AM		EHS Gym	Bus/Driver: Bus Needed	Departure Point: NHS Gym Doors Departure Time: 6:45 AM	L
Jan 19, 2025	Sun	Regular Season (At Ithaca)	@ TBD	TBD		TBD	Bus/Driver: Van Needed - Coach Garcia	Departure Point: NHS Gym Doors Departure Time: 5:50 AM	NL
Jan 20, 2025	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 21, 2025	Tue	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 22, 2025	Wed	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 23, 2025	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 24, 2025	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 27, 2025	Mon	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
CANCELLED Jan 28, 2025	Tue	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 29, 2025	Wed	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Jan 30, 2025	Thu	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 31, 2025	Fri	Practice (Modified Wrestling Practice)	N/A	3:30 PM	5:00 PM	NHS Cafeteria			
Feb 8, 2025	Sat	Regular Season (2025 Wyckoff-Riddell Modified Wrestling Tournament @ Binghamton HS)	@ TBD	9:30 AM		TBD	Bus/Driver: Bus Needed	Departure Point: NHS Gym Doors Departure Time: 7:00 AM	L

Date: 2025-12-18