

Coaches:

- Luke Marvin, Asst Coach
- Evan Wolff, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 18, 2024	Mon	Practice	N/A	3:15 PM	5:30 PM	Wrestling Room		
Nov 19, 2024	Tue	Practice	N/A	3:15 PM	5:30 PM	Wrestling Room		
Nov 20, 2024	Wed	Practice	N/A	3:15 PM	5:30 PM	Wrestling Room		
Nov 21, 2024	Thu	Practice	N/A	3:15 PM	5:30 PM	Wrestling Room		
CANCELLED Nov 22, 2024	Fri	Practice	N/A	3:15 PM	5:30 PM	Wrestling Room		
Nov 25, 2024	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Nov 26, 2024	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Nov 27, 2024	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	9:00 AM	11:00 AM	Wrestling Room		
Nov 29, 2024	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	9:00 AM	11:00 AM	Wrestling Room		
Nov 30, 2024	Sat	Regular Season (Friends of Section IV Wrestling - Binghamton HighSchool)	@ TBD	7:30 AM		TBD	Departure Point: NHS Gym Doors Departure Time: 6:15 AM	L
Dec 2, 2024	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Dec 3, 2024	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Dec 4, 2024	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Dec 5, 2024	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Dec 6, 2024	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Dec 9, 2024	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Dec 10, 2024	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Dec 10, 2024	Tue	Regular Season	@ Windsor	6:00 PM		Windsor High School	Departure Point: NHS Gym Doors Departure Time: 4:30 PM	L
Dec 11, 2024	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Dec 12, 2024	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Dec 13, 2024	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Dec 16, 2024	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Dec 17, 2024	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Dec 18, 2024	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 19, 2024	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Dec 20, 2024	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Dec 21, 2024	Sat	Regular Season (Cobleskill Richmondville Annual Battle in the valley round robin)	@ TBD	TBD		TBD	Departure Point: NHS Gym Doors Departure Time: 7:30 AM	L
Dec 23, 2024	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	9:00 AM	11:00 AM	Wrestling Room		
Dec 24, 2024	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	9:00 AM	11:00 AM	Wrestling Room		
Dec 26, 2024	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	9:00 AM	11:00 AM	Wrestling Room		
Dec 27, 2024	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	9:00 AM	11:00 AM	Wrestling Room		
Dec 30, 2024	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	9:00 AM	11:00 AM	Wrestling Room		
Dec 31, 2024	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	9:00 AM	11:00 AM	Wrestling Room		
Jan 2, 2025	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 3, 2025	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 6, 2025	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 7, 2025	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 8, 2025	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 8, 2025	Wed	Regular Season	Susquehanna Valley	5:30 PM	6:30 PM	NHS Gym		L
Jan 9, 2025	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 10, 2025	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 13, 2025	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 14, 2025	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 15, 2025	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 16, 2025	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 17, 2025	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 17, 2025	Fri	Regular Season	@ Ithaca	5:30 PM	6:30 PM	IHS Bliss Gym (C149)	Departure Point: NHS Gym Doors Departure Time: 3:30 PM	NL
Jan 21, 2025	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 22, 2025	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 23, 2025	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 24, 2025	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		

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Jan 27, 2025	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 28, 2025	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
CANCELLED Jan 28, 2025	Tue	Regular Season	Sherburne- Earlville	5:30 PM	6:30 PM	NHS Gym	Departure Point: NHS Gym Doors	NL
Jan 29, 2025	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 30, 2025	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		
Jan 31, 2025	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	3:15 PM	5:30 PM	Wrestling Room		

Date: 2025-12-28