



Norwich (B) V Wrestling

Coaches:

- Garrett Sylstra, Head Coach
- Luke Marvin, Asst Coach
- Frankie Garcia, Asst Coach
- Joe Downey, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 1, 2023	Fri	Regular Season (Clyde Cole Tournament)	@ TBD	3:30 PM		TBD	Class Dismissal: 2:45 PM	Departure Point: NHS Gym Doors Departure Time: 3:00 PM	L
Dec 1, 2023	Fri	Regular Season (60th Annual Clyde Cole Tournament Day 1)	Spencer-Van Etten (SVEC Eagles), Averill Park High School, Bainbridge Guilford (Bears), Carthage, Chenango Valley, Johnson City, Marathon, Queensbury, Shenendehowa High School, Sherburne-Earlville, Sidney, Vestal, Walton (WDA) @ Oxford (Greene/Oxford)	5:30 PM		Oxford High School Gym			L
Dec 2, 2023	Sat	Regular Season (Clyde Cole Tournament - Oxford)	@ TBD	8:00 AM	9:00 PM	TBD	Class Dismissal: 7:30 AM	Departure Point: NHS Gym Doors	L
Dec 2, 2023	Sat	Regular Season (60th Annual Clyde Cole Tournament Day 2)	Spencer-Van Etten (SVEC Eagles), Averill Park High School, Bainbridge Guilford (Bears), Carthage, Chenango Valley, Johnson City, Marathon, Queensbury, Shenendehowa High School, Sherburne-Earlville, Sidney, Vestal, Walton (WDA) @ Oxford (Greene/Oxford)	9:30 AM		Oxford High School Gym			L
Dec 5, 2023	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Dec 6, 2023	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 7, 2023	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Dec 8, 2023	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Dec 9, 2023	Sat	Regular Season (Coach K Duals)	Sidney	7:15 AM		NHS Gym			NL
Dec 9, 2023	Sat	Regular Season (Coach K Duals)	TBD	8:00 AM		NHS Gym			NL
Dec 11, 2023	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Dec 12, 2023	Tue	Regular Season 30-40 L	Windsor	6:30 PM	9:00 PM	NHS Gym			L
Dec 13, 2023	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Dec 14, 2023	Thu	Regular Season 27-46 L	Harpurville (Bears)	6:00 PM		NHS Gym			L
Dec 15, 2023	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Dec 16, 2023	Sat	Meet (Cato Duals)	Vs. Multiple	9:30 AM		Cato-Meridian Jr. Sr H S Gym			NL
Dec 16, 2023	Sat	Regular Season (Cato-Meridian Dual Tournament)	Rome Free Academy, East Syracuse Minoa, Sherburne-Earlville, Auburn @ Cato-Meridian ((Port Byron/Union Springs/Jordan-Elbridge/Cato-Meridian))	9:30 AM		Cato-Meridian Jr. Sr H S Gym	Departure Point: HS Gym Doors Departure Time: 5:00 AM		L
Dec 18, 2023	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Dec 19, 2023	Tue	Regular Season	@ Oneonta	6:00 PM	9:00 PM	Oneonta High School	Departure Point: HS Gym Doors Departure Time: 3:45 PM		L
Dec 20, 2023	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Dec 21, 2023	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 22, 2023	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Dec 23, 2023	Sat	Practice (Varsity/JV Wrestling Practice)	N/A	9:00 AM	11:00 PM	Wrestling Room			
Dec 26, 2023	Tue	Practice (Varsity Wrestling Practice)	N/A	9:00 AM	11:00 AM	Wrestling Room			
Dec 27, 2023	Wed	Regular Season (Oneonta Wrestling Tournament)	@ TBD	6:45 AM		TBD	Departure Point: NHS Gym Doors Departure Time: 6:00 AM		L
Dec 28, 2023	Thu	Regular Season (Windsor Christmas Tournament)	@ TBD	8:00 AM		TBD	Departure Point: NHS Gym Doors Departure Time: 7:00 AM		L
Dec 29, 2023	Fri	Regular Season (Windsor Christmas Tournament)	@ TBD	7:30 AM		TBD	Departure Point: NHS Gym Doors Departure Time: 6:30 AM		L
Jan 2, 2024	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Jan 3, 2024	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Jan 4, 2024	Thu	Regular Season 30-36 L	@ Susquehanna Valley	6:30 PM	9:00 PM	SVHS Gym	Departure Point: HS Gym Doors Departure Time: 3:45 PM		L
Jan 5, 2024	Fri	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Jan 6, 2024	Sat	Regular Season (2024 Saratoga Tournament)	@ TBD	7:30 AM		TBD	Departure Point: NHS Gym Doors Departure Time: 4:30 AM		NL
Jan 8, 2024	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Jan 9, 2024	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Jan 10, 2024	Wed	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Jan 11, 2024	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 12, 2024	Fri	Regular Season (2nd Annual Southern Tier Memorial Tournament)	@ TBD	9:00 AM		TBD	Class Dismissal: 10:45 AM	Departure Point: NHS Gym Doors Departure Time: 11:00 AM	NL
Jan 13, 2024	Sat	Regular Season (Southern Tier Memorial Tournament - First Arena Elmira NY 14901)	@ TBD	8:00 AM		TBD			L
Jan 13, 2024	Sat	Practice (Varsity/JV Wrestling Practice)	N/A	9:00 AM	11:00 PM	Wrestling Room			
Jan 15, 2024	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Jan 16, 2024	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Jan 17, 2024	Wed	Regular Season	Chenango Forks	6:30 PM		NHS Gym		Departure Point: NHS Gym Doors	L
Jan 18, 2024	Thu	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Jan 19, 2024	Fri	Regular Season (STAC championships at Horseheads)	@ TBD	TBD		TBD	Class Dismissal: 1:20 PM	Departure Point: High School Gym Doors Departure Time: 1:30 PM	NL
Jan 20, 2024	Sat	Regular Season (STAC championships at Horseheads)	@ TBD	TBD		TBD		Departure Point: High School Gym Doors	NL
Jan 22, 2024	Mon	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Jan 23, 2024	Tue	Practice (Varsity/JV Wrestling Practice)	N/A	3:20 PM	5:45 PM	Wrestling Room			
Jan 24, 2024	Wed	Regular Season (Senior Night) 11-50 L	@ Sherburne-Earlville	6:00 PM		Upper Gym	Bus/Driver: Dan Dewey	Departure Point: HS Gym Doors Departure Time: 4:30 PM	NL
Jan 25, 2024	Thu	Regular Season	@ Newark Valley	6:00 PM		Newark Valley High School		Departure Point: NHS Gym Doors Departure Time: 4:00 PM	NL
Feb 3, 2024	Sat	Regular Season (Section IV Championships)	@ TBD	8:00 AM		TBD		Departure Point: NHS Gym Doors Departure Time: 6:30 AM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 10, 2024	Sat	Regular Season (Section IV Finals)	@ TBD	7:00 AM		Visions Memorial Arena	Departure Point: NHS Gym Doors		L

Date: 2024-05-03