



# Norwich (B) V Winter Track

## Coaches:

- Shaun Horan, Head Coach
- Tom Stoddard, Asst Coach
- Mark Dye, Volunteer
- Sydney Chaffee, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 17, 2025	Mon	Practice	N/A	3:15 PM	5:15 PM	NHS Hallways, NHS Fitness Room		
Nov 18, 2025	Tue	Practice	N/A	3:15 PM	5:15 PM	NHS Hallways, NHS Fitness Room		
Nov 19, 2025	Wed	Practice	N/A	3:15 PM	5:15 PM	NHS Hallways, NHS Fitness Room		
Nov 20, 2025	Thu	Practice	N/A	3:15 PM	5:15 PM	NHS Hallways, NHS Fitness Room		
Nov 21, 2025	Fri	Practice	N/A	3:15 PM	5:15 PM	NHS Hallways, NHS Fitness Room		
Dec 3, 2025	Wed	Practice	N/A	3:15 PM	5:30 PM	NHS Fitness Room, NHS Hallways		
Dec 4, 2025	Thu	Practice	N/A	3:15 PM	5:30 PM	NHS Fitness Room, NHS Hallways		
Dec 5, 2025	Fri	Practice	N/A	3:15 PM	5:30 PM	NHS Fitness Room, NHS Hallways		
Dec 6, 2025	Sat	Practice	N/A	9:00 AM	11:00 AM	NHS Fitness Room, NHS Hallways		
Dec 7, 2025	Sun	Regular Season (Ithaca Bomber @ Ithaca College)	@ TBD	8:30 AM		Ithaca College	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 8:00 AM	NL
Dec 8, 2025	Mon	Practice	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Fitness Room		
Dec 9, 2025	Tue	Practice	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Fitness Room		
Dec 10, 2025	Wed	Practice	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Fitness Room		
Dec 11, 2025	Thu	Practice	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Fitness Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 12, 2025	Fri	Practice	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Fitness Room		
Dec 13, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	NHS Hallways, NHS Fitness Room		
Dec 13, 2025	Sat	Regular Season (607 Invitational )	@ TBD	TBD		SUNY Cortland	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 7:00 AM	NL
Dec 15, 2025	Mon	Practice	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Fitness Room		
Dec 16, 2025	Tue	Practice	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Fitness Room		
Dec 17, 2025	Wed	Practice	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Fitness Room		
Dec 18, 2025	Thu	Practice	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Fitness Room		
Dec 19, 2025	Fri	Practice	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Fitness Room		
Dec 20, 2025	Sat	Regular Season (Section IV Classic )	@ TBD	TBD		SUNY Cortland	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 12:15 PM	NL
Dec 22, 2025	Mon	Practice	N/A	TBD		NHS Fitness Room, NHS Hallways		
Dec 23, 2025	Tue	Practice	N/A	TBD		NHS Fitness Room, NHS Hallways		
Dec 24, 2025	Wed	Practice	N/A	TBD		NHS Fitness Room, NHS Hallways		
Dec 26, 2025	Fri	Practice	N/A	TBD		NHS Fitness Room, NHS Hallways		
Dec 27, 2025	Sat	Practice	N/A	TBD		NHS Fitness Room, NHS Hallways		
Dec 27, 2025	Sat	Regular Season (Meet at Utica )	@ TBD	TBD		TBD	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 7:45 AM	NL
Dec 29, 2025	Mon	Practice	N/A	TBD		NHS Fitness Room, NHS Hallways		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 30, 2025	Tue	Practice	N/A	TBD		NHS Fitness Room, NHS Hallways		
Dec 31, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	NHS Fitness Room, NHS Hallways		
Jan 3, 2026	Sat	Regular Season (Quinney Invitational Cornell )	@ TBD	12:00 PM		Cornell University	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 10:30 AM	NL
Jan 10, 2026	Sat	Regular Season (Meet at Utica )	@ TBD	TBD		TBD	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 8:00 AM	NL
Jan 16, 2026	Fri	Regular Season (Hurley Invitational )	@ TBD	3:30 PM		Ithaca College	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 2:00 PM	L
Feb 1, 2026	Sun	Regular Season (Finger Lakes Invite )	@ TBD	12:00 PM		Cornell University	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 10:30 AM	NL
Feb 7, 2026	Sat	Regular Season (Section IV Class Meet)	@ TBD	12:00 PM		TBD	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 10:30 AM	NL
Feb 14, 2026	Sat	Regular Season (Pending Meeting )	@ TBD	TBD		SUNY Cortland	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 7:00 AM	NL
Feb 20, 2026	Fri	Regular Season (Section IV Championship)	@ TBD	3:30 PM		Ithaca College	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 2:00 PM	NL
Mar 8, 2026	Sun	Regular Season (NYSPHSAA Championships @ Ocean Breeze, Staten Island )	@ TBD	7:45 AM		BOE Conference Room	<b>Departure Point:</b> High School Gym Doors	NL

Date: 2026-01-04