

## Coaches:

- Shaun Horan, Head Coach
- Tom Stoddard, Asst Coach
- Mark Dye, Volunteer
- Sydney Chaffee, Volunteer

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LEAGUE LOCATION TRANSPORTATION / NON- LEAGUE
Dec 4, 2023	Mon	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Dec 5, 2023	Tue	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Dec 7, 2023	Thu	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Dec 11, 2023	Mon	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Dec 12, 2023	Tue	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Dec 13, 2023	Wed	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Dec 14, 2023	Thu	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Dec 18, 2023	Mon	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Dec 19, 2023	Tue	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Dec 20, 2023	Wed	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Dec 21, 2023	Thu	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Dec 22, 2023	Fri	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Dec 26, 2023	Tue	Practice (Boys Winter Track Practice )	N/A	9:00 AM	11:00 AM	TBD
Dec 28, 2023	Thu	Practice (Boys Winter Track Practice )	N/A	9:00 AM	11:00 AM	TBD
Dec 29, 2023	Fri	Practice (Boys Winter Track Practice )	N/A	9:00 AM	11:00 AM	TBD
Jan 2, 2024	Tue	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Jan 3, 2024	Wed	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Jan 4, 2024	Thu	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Jan 8, 2024	Mon	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Jan 9, 2024	Tue	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Jan 10, 2024	Wed	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Jan 11, 2024	Thu	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Jan 16, 2024	Tue	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Jan 17, 2024	Wed	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Jan 18, 2024	Thu	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Jan 19, 2024	Fri	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways

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Jan 22, 2024	Mon	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Jan 23, 2024	Tue	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Jan 24, 2024	Wed	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Jan 25, 2024	Thu	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Jan 29, 2024	Mon	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Jan 30, 2024	Tue	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Jan 31, 2024	Wed	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Feb 1, 2024	Thu	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Feb 2, 2024	Fri	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Feb 5, 2024	Mon	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Feb 6, 2024	Tue	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Feb 7, 2024	Wed	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Feb 8, 2024	Thu	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Feb 12, 2024	Mon	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Feb 13, 2024	Tue	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Feb 14, 2024	Wed	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Feb 15, 2024	Thu	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Feb 16, 2024	Fri	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Feb 19, 2024	Mon	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Feb 20, 2024	Tue	Practice (Varsity Winter Track - Runners/Jumpers )	N/A	9:00 AM	10:30 AM	Hallways
Feb 20, 2024	Tue	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Feb 21, 2024	Wed	Practice (Varsity Winter Track - Runners/Jumpers )	N/A	9:00 AM	10:30 AM	NHS Hallways
Feb 21, 2024	Wed	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
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Feb 26, 2024	Mon	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Feb 27, 2024	Tue	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Feb 28, 2024	Wed	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways

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Mar 1, 2024	Fri	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Mar 4, 2024	Mon	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Mar 5, 2024	Tue	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Mar 6, 2024	Wed	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways
Mar 7, 2024	Thu	Practice (Boys Varsity Winter Track Practice )	N/A	3:25 PM	5:00 PM	NHS Hallways

Date: 2024-05-17