



# Norwich

## (G) V Winter Track

### Coaches:

- Shaun Horan, Head Coach
- Tom Stoddard, Asst Coach
- Sydney Chaffee, Volunteer
- Mark Dye, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 4, 2023	Mon	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 5, 2023	Tue	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 6, 2023	Wed	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 7, 2023	Thu	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 8, 2023	Fri	Regular Season (Weight Throw Only - Cortland )	@ TBD	TBD		TBD		<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 5:15 PM	L
Dec 9, 2023	Sat	Regular Season (Finger Lakes Invite - Cortland )	@ TBD	2:00 PM		TBD		<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 12:15 PM	L
Dec 11, 2023	Mon	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 12, 2023	Tue	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 13, 2023	Wed	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 14, 2023	Thu	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 15, 2023	Fri	Regular Season (Weight Throw Only - Cortland )	@ TBD	TBD		TBD		<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 3:15 PM	L
Dec 15, 2023	Fri	Regular Season (Weight Throw Only - Cortland )	@ TBD	TBD		TBD		<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 3:15 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 16, 2023	Sat	Regular Season (Winter Classic - Cortland )	@ TBD	9:00 AM		TBD		<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 7:15 AM	L
Dec 18, 2023	Mon	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 19, 2023	Tue	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 20, 2023	Wed	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 21, 2023	Thu	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 22, 2023	Fri	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 26, 2023	Tue	Practice (Varsity Girls Winter Track Practice )	N/A	9:00 AM	11:00 AM	TBD			
Dec 27, 2023	Wed	Regular Season (CNY Holiday Classic - Utica )	@ TBD	11:45 AM		TBD		<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 9:45 AM	L
Dec 28, 2023	Thu	Practice (Varsity Girls Winter Track Practice )	N/A	9:00 AM	11:00 AM	TBD			
Dec 29, 2023	Fri	Practice (Varsity Girls Winter Track Practice )	N/A	9:00 AM	11:00 AM	TBD			
Jan 2, 2024	Tue	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 3, 2024	Wed	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 4, 2024	Thu	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 5, 2024	Fri	Regular Season (Hurley Invite - Ithaca )	@ TBD	4:30 PM		TBD	<b>Class Dismissal:</b> 2:00 PM	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 2:15 PM	L
Jan 8, 2024	Mon	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 9, 2024	Tue	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 10, 2024	Wed	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 11, 2024	Thu	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 13, 2024	Sat	Regular Season (Utica Invite - Utica )	@ TBD	11:45 AM		TBD		<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 9:45 AM	L
Jan 16, 2024	Tue	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 17, 2024	Wed	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 18, 2024	Thu	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 19, 2024	Fri	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 20, 2024	Sat	Regular Season (Armory Officials HOF Invite - Armory NY )	@ TBD	TBD		TBD		<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 8:00 AM	L
Jan 22, 2024	Mon	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 23, 2024	Tue	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 24, 2024	Wed	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 25, 2024	Thu	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 29, 2024	Mon	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 30, 2024	Tue	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 31, 2024	Wed	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 1, 2024	Thu	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 2, 2024	Fri	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 3, 2024	Sat	Regular Season (Quinney STAC Invite )	@ TBD	6:00 PM		TBD		<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 4:15 PM	L
Feb 4, 2024	Sun	Regular Season (Throwers Only Championships SUNY Cortland )	@ TBD	7:15 PM		TBD	<b>Bus/Driver:</b> Tom Stoddard	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 4:00 PM	L
Feb 5, 2024	Mon	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 6, 2024	Tue	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 7, 2024	Wed	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 8, 2024	Thu	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 9, 2024	Fri	Regular Season (Section iv Class Meet - Ithaca )	@ TBD	5:00 PM		TBD	<b>Class Dismissal:</b> 2:30 PM	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 2:45 PM	L
Feb 12, 2024	Mon	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 13, 2024	Tue	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 14, 2024	Wed	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 15, 2024	Thu	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 16, 2024	Fri	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 17, 2024	Sat	Regular Season (Section 4 Classic - Cortland )	@ TBD	6:00 PM		TBD	<b>Class Dismissal:</b> 4:15 PM	<b>Departure Point:</b> High School Gym Doors	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 19, 2024	Mon	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways		
Feb 19, 2024	Mon	Practice (Varsity Winter Track - Throwers)	N/A	5:30 PM	6:30 PM	NHS Alcove Multipurpose Gym		
Feb 20, 2024	Tue	Practice (Varsity Winter Track - Runners/Jumpers )	N/A	9:00 AM	10:30 AM	NHS Hallways		
Feb 20, 2024	Tue	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways		
Feb 20, 2024	Tue	Practice (Varsity Winter Track - Throwers)	N/A	5:30 PM	6:30 PM	NHS Alcove Multipurpose Gym		
Feb 21, 2024	Wed	Practice (Varsity Winter Track - Runners/Jumpers )	N/A	9:00 AM	10:30 AM	NHS Hallways		
Feb 21, 2024	Wed	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways		
Feb 22, 2024	Thu	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways		
Feb 22, 2024	Thu	Practice (Varsity Winter Track - Throwers)	N/A	5:30 PM	6:30 PM	NHS Alcove Multipurpose Gym		
Feb 23, 2024	Fri	Practice (Varsity Winter Track - Runners/Jumpers )	N/A	9:00 AM	10:30 AM	NHS Hallways		
Feb 23, 2024	Fri	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways		
Feb 25, 2024	Sun	Regular Season (Section 4 State Qualifiers Cornell)	@ TBD	2:00 PM		Cornell University	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 11:45 AM	L
Feb 26, 2024	Mon	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways		
Feb 27, 2024	Tue	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways		
Feb 28, 2024	Wed	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways		
Feb 29, 2024	Thu	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 1, 2024	Fri	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways		
Mar 2, 2024	Sat	Regular Season (NYS Championships - Staten Island )	@ TBD	TBD		TBD	<b>Departure Point:</b> High School Gym Doors	L
Mar 4, 2024	Mon	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways		
Mar 5, 2024	Tue	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways		
Mar 6, 2024	Wed	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways		
Mar 7, 2024	Thu	Practice (Girls Winter Track Practice Schedule )	N/A	3:25 PM	5:00 PM	NHS Hallways		

Date: 2024-05-17