



Norwich

(G) V Winter Track

Coaches:

- Shaun Horan, Head Coach
- Tom Stoddard, Asst Coach
- Sydney Chaffee, Volunteer
- Mark Dye, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 4, 2023	Mon	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 5, 2023	Tue	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 6, 2023	Wed	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 7, 2023	Thu	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 8, 2023	Fri	Regular Season (Weight Throw Only - Cortland)	@ TBD	TBD		TBD			Departure Point: High School Gym Doors Departure Time: 5:15 PM L
Dec 9, 2023	Sat	Regular Season (Finger Lakes Invite - Cortland)	@ TBD	2:00 PM		TBD			Departure Point: High School Gym Doors Departure Time: 12:15 PM L
Dec 11, 2023	Mon	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 12, 2023	Tue	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 13, 2023	Wed	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 14, 2023	Thu	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 15, 2023	Fri	Regular Season (Weight Throw Only - Cortland)	@ TBD	TBD		TBD			Departure Point: High School Gym Doors Departure Time: 3:15 PM L
Dec 15, 2023	Fri	Regular Season (Weight Throw Only - Cortland)	@ TBD	TBD		TBD			Departure Point: High School Gym Doors Departure Time: 3:15 PM L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 16, 2023	Sat	Regular Season (Winter Classic - Cortland)	@ TBD	9:00 AM		TBD		Departure Point: High School Gym Doors Departure Time: 7:15 AM	L
Dec 18, 2023	Mon	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 19, 2023	Tue	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 20, 2023	Wed	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 21, 2023	Thu	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 22, 2023	Fri	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Dec 26, 2023	Tue	Practice (Varsity Girls Winter Track Practice)	N/A	9:00 AM	11:00 AM	TBD			
Dec 27, 2023	Wed	Regular Season (CNY Holiday Classic - Utica)	@ TBD	11:45 AM		TBD		Departure Point: High School Gym Doors Departure Time: 9:45 AM	L
Dec 28, 2023	Thu	Practice (Varsity Girls Winter Track Practice)	N/A	9:00 AM	11:00 AM	TBD			
Dec 29, 2023	Fri	Practice (Varsity Girls Winter Track Practice)	N/A	9:00 AM	11:00 AM	TBD			
Jan 2, 2024	Tue	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 3, 2024	Wed	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 4, 2024	Thu	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 5, 2024	Fri	Regular Season (Hurley Invite - Ithaca)	@ TBD	4:30 PM		TBD	Class Dismissal: 2:00 PM	Departure Point: High School Gym Doors Departure Time: 2:15 PM	L
Jan 8, 2024	Mon	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Jan 9, 2024	Tue	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 10, 2024	Wed	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Jan 11, 2024	Thu	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Jan 13, 2024	Sat	Regular Season (Utica Invite - Utica)	@ TBD	11:45 AM		TBD	Departure Point: High School Gym Doors Departure Time: 9:45 AM	L
Jan 16, 2024	Tue	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Jan 17, 2024	Wed	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Jan 18, 2024	Thu	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Jan 19, 2024	Fri	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Jan 20, 2024	Sat	Regular Season (Armory Officials HOF Invite - Armory NY)	@ TBD	TBD		TBD	Departure Point: High School Gym Doors Departure Time: 8:00 AM	L
Jan 22, 2024	Mon	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Jan 23, 2024	Tue	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Jan 24, 2024	Wed	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Jan 25, 2024	Thu	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Jan 29, 2024	Mon	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Jan 30, 2024	Tue	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Jan 31, 2024	Wed	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 1, 2024	Thu	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 2, 2024	Fri	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 3, 2024	Sat	Regular Season (Quinney STAC Invite)	@ TBD	6:00 PM		TBD		Departure Point: High School Gym Doors Departure Time: 4:15 PM	L
Feb 4, 2024	Sun	Regular Season (Throwers Only Championships SUNY Cortland)	@ TBD	7:15 PM		TBD	Bus/Driver: Tom Stoddard	Departure Point: High School Gym Doors Departure Time: 4:00 PM	L
Feb 5, 2024	Mon	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 6, 2024	Tue	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 7, 2024	Wed	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 8, 2024	Thu	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 9, 2024	Fri	Regular Season (Section iv Class Meet - Ithaca)	@ TBD	5:00 PM		TBD	Class Dismissal: 2:30 PM	Departure Point: High School Gym Doors Departure Time: 2:45 PM	L
Feb 12, 2024	Mon	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 13, 2024	Tue	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 14, 2024	Wed	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 15, 2024	Thu	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 16, 2024	Fri	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Feb 17, 2024	Sat	Regular Season (Section 4 Classic - Cortland)	@ TBD	6:00 PM		TBD	Class Dismissal: 4:15 PM	Departure Point: High School Gym Doors	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 19, 2024	Mon	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Feb 19, 2024	Mon	Practice (Varsity Winter Track - Throwers)	N/A	5:30 PM	6:30 PM	NHS Alcove Multipurpose Gym		
Feb 20, 2024	Tue	Practice (Varsity Winter Track - Runners/Jumpers)	N/A	9:00 AM	10:30 AM	NHS Hallways		
Feb 20, 2024	Tue	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Feb 20, 2024	Tue	Practice (Varsity Winter Track - Throwers)	N/A	5:30 PM	6:30 PM	NHS Alcove Multipurpose Gym		
Feb 21, 2024	Wed	Practice (Varsity Winter Track - Runners/Jumpers)	N/A	9:00 AM	10:30 AM	NHS Hallways		
Feb 21, 2024	Wed	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Feb 22, 2024	Thu	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Feb 22, 2024	Thu	Practice (Varsity Winter Track - Throwers)	N/A	5:30 PM	6:30 PM	NHS Alcove Multipurpose Gym		
Feb 23, 2024	Fri	Practice (Varsity Winter Track - Runners/Jumpers)	N/A	9:00 AM	10:30 AM	NHS Hallways		
Feb 23, 2024	Fri	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Feb 25, 2024	Sun	Regular Season (Section 4 State Qualifiers Cornell)	@ TBD	2:00 PM		Cornell University	Departure Point: High School Gym Doors Departure Time: 11:45 AM	L
Feb 26, 2024	Mon	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Feb 27, 2024	Tue	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Feb 28, 2024	Wed	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		
Feb 29, 2024	Thu	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 1, 2024	Fri	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Mar 2, 2024	Sat	Regular Season (NYS Championships - Staten Island)	@ TBD	TBD		TBD		Departure Point: High School Gym	L
Mar 4, 2024	Mon	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Mar 5, 2024	Tue	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Mar 6, 2024	Wed	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			
Mar 7, 2024	Thu	Practice (Girls Winter Track Practice Schedule)	N/A	3:25 PM	5:00 PM	NHS Hallways			

Date: 2024-05-03