



# Norwich

## (B) V Swimming/Diving

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 11, 2024	Mon	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	7:00 PM	NHS Pool			
Nov 12, 2024	Tue	Practice (Varsity Boys Swimming Practice )	N/A	3:30 PM	6:30 PM	NHS Pool			
Nov 13, 2024	Wed	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Nov 14, 2024	Thu	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	7:00 PM	NHS Pool			
Nov 15, 2024	Fri	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Nov 16, 2024	Sat	Practice (Varsity Boys Swimming Practice - Swim/Stretch)	N/A	8:30 AM	10:30 PM	NHS Pool			
Nov 18, 2024	Mon	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	7:00 PM	NHS Pool			
Nov 19, 2024	Tue	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Nov 20, 2024	Wed	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Nov 21, 2024	Thu	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	7:00 PM	NHS Pool			
CANCELLED Nov 22, 2024	Fri	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Nov 23, 2024	Sat	Practice (Varsity Boys Swimming Practice - Swim/Stretch)	N/A	8:30 AM	10:30 PM	NHS Pool			
Nov 25, 2024	Mon	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	7:00 PM	NHS Pool			
Nov 26, 2024	Tue	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Nov 27, 2024	Wed	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Nov 30, 2024	Sat	Practice (Varsity Boys Swimming Practice - Swim/Stretch)	N/A	8:30 AM	10:30 PM	NHS Pool			
Dec 3, 2024	Tue	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 4, 2024	Wed	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Dec 6, 2024	Fri	Regular Season 54-91 L	Chenango Valley	5:30 PM	8:00 PM	NHS Pool			L
Dec 7, 2024	Sat	Practice (Varsity Boys Swimming Practice - Swim/Stretch)	N/A	8:30 AM	10:30 AM	NHS Pool			
Dec 10, 2024	Tue	Regular Season 59-103 L	@ Susquehanna Valley	5:30 PM	8:00 PM	SVHS Pool	Departure Point: NHS Gym Doors Departure Time: 3:30 PM		L
Dec 11, 2024	Wed	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Dec 13, 2024	Fri	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Dec 14, 2024	Sat	Practice (Varsity Boys Swimming Practice - Swim/Stretch)	N/A	8:30 AM	10:30 AM	NHS Pool			
Dec 17, 2024	Tue	Regular Season 62-25 W	Waverly	5:30 PM	8:00 PM	NHS Pool			L
Dec 18, 2024	Wed	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Dec 19, 2024	Thu	Regular Season 61-79 L	@ Owego Apalachin	5:30 PM	8:00 PM	OFA Pool	Class Dismissal: 3:00 PM Departure Point: NHS Gym Doors Departure Time: 3:15 PM		L
Dec 20, 2024	Fri	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Dec 21, 2024	Sat	Practice (Varsity Boys Swimming Practice - Swim/Stretch)	N/A	8:30 AM	10:30 AM	NHS Pool			
Dec 23, 2024	Mon	Practice (Varsity Boys Swimming Practice )	N/A	8:30 AM	11:30 AM	NHS Pool			
Dec 27, 2024	Fri	Practice (Varsity Boys Swimming Practice )	N/A	8:30 AM	11:30 AM	NHS Pool			
Dec 28, 2024	Sat	Practice (Varsity Boys Swimming Practice - Swim/Stretch)	N/A	8:30 AM	10:30 AM	NHS Pool			
Dec 30, 2024	Mon	Practice (Varsity Boys Swimming Practice )	N/A	8:30 AM	11:30 AM	NHS Pool			
Dec 31, 2024	Tue	Practice (Varsity Boys Swimming Practice )	N/A	8:30 AM	11:30 AM	NHS Pool			
Jan 3, 2025	Fri	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Jan 4, 2025	Sat	Practice (Varsity Boys Swimming Practice - Swim/Stretch)	N/A	8:30 AM	10:30 AM	NHS Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 7, 2025	Tue	Regular Season 57-90 L	Chenango Forks	5:30 PM	8:00 PM	NHS Pool			L
Jan 8, 2025	Wed	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Jan 10, 2025	Fri	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Jan 11, 2025	Sat	Regular Season (Wolverine Invite - Waverly High School )	@ TBD	1:00 PM		TBD	<b>Departure Point:</b> NHS Gym Doors <b>Departure Time:</b> 11:00 AM		L
Jan 15, 2025	Wed	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	Norwich YMCA			
Jan 17, 2025	Fri	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Jan 18, 2025	Sat	Practice (Varsity Boys Swimming Practice - Swim/Stretch)	N/A	8:30 AM	10:30 AM	NHS Pool			
Jan 21, 2025	Tue	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Jan 22, 2025	Wed	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Jan 24, 2025	Fri	Practice (Varsity Boys Swimming Practice )	N/A	8:30 AM	11:30 AM	NHS Gym			
Jan 25, 2025	Sat	Regular Season (ME Invitational - ME High School )	@ TBD	12:00 PM		TBD	<b>Departure Point:</b> NHS Gym Doors <b>Departure Time:</b> 11:00 AM		L
Jan 28, 2025	Tue	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Jan 28, 2025	Tue	Regular Season 38-72 L	@ Chenango Valley	5:30 PM		CV - HS Pool	<b>Departure Point:</b> NHS Gym Doors <b>Departure Time:</b> 3:30 PM		NL
Jan 29, 2025	Wed	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Jan 31, 2025	Fri	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Feb 1, 2025	Sat	Practice (Varsity Boys Swimming Practice - Swim/Stretch)	N/A	8:30 AM	10:30 AM	NHS Pool			
Feb 3, 2025	Mon	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	7:00 PM	NHS Pool			
Feb 4, 2025	Tue	Regular Season 63-79 L	@ Windsor	5:30 PM	8:00 PM	Windsor High School Pool	<b>Departure Point:</b> NHS Gym Doors <b>Departure Time:</b> 3:30 PM		L
Feb 5, 2025	Wed	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 6, 2025	Thu	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	7:00 PM	NHS Pool			
Feb 7, 2025	Fri	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Feb 8, 2025	Sat	Practice (Varsity Boys Swimming Practice - Swim/Stretch)	N/A	8:30 AM	10:30 AM	NHS Pool			
Feb 10, 2025	Mon	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	7:00 PM	NHS Pool			
Feb 11, 2025	Tue	Regular Season 56-94 L	Oneonta	5:30 PM	8:00 PM	NHS Pool			L
Feb 12, 2025	Wed	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Feb 13, 2025	Thu	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	7:00 PM	NHS Pool			
Feb 14, 2025	Fri	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Feb 15, 2025	Sat	Practice (Varsity Boys Swimming Practice - Swim/Stretch)	N/A	8:30 AM	10:30 AM	NHS Pool			
Feb 17, 2025	Mon	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	7:00 PM	NHS Pool			
Feb 18, 2025	Tue	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:30 PM	NHS Pool			
Feb 19, 2025	Wed	Regular Season (Sectional Prelims - Maine Endwell)	@ TBD	5:00 PM		TBD	<b>Class Dismissal:</b> 1:15 PM	<b>Departure Point:</b> NHS Gym Doors <b>Departure Time:</b> 1:15 PM	L
Feb 20, 2025	Thu	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	7:00 PM	NHS Pool			
Feb 22, 2025	Sat	Regular Season (Sectional Finals - Maine Endwell)	@ TBD	3:30 PM		TBD	<b>Class Dismissal:</b> 12:30 PM	<b>Departure Point:</b> NHS Gym Doors <b>Departure Time:</b> 12:45 PM	L
Feb 22, 2025	Sat	Practice (Varsity Boys Swimming Practice )	N/A	4:30 PM	6:00 PM	NHS Pool			

Date: 2025-12-05