

Coaches:

• Kevin Diefenbacher, Head Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION DEPARTUR | RE TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---|-----------------------|---------------|-------------|-------------------|--|----------------------------|
| Nov 13, 2023 | Mon | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Nov 14, 2023 | Tue | Practice (Varsity Boys Swimming) | | 4:00 PM | 6:00 PM | NHS Pool | | |
| Nov 15, 2023 | Wed | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Nov 16, 2023 | Thu | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Nov 17, 2023 | Fri | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Nov 20, 2023 | Mon | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Nov 21, 2023 | Tue | Practice (Varsity Boys Swimming) | | 4:00 PM | 6:00 PM | NHS Pool | | |
| Nov 27, 2023 | Mon | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Nov 28, 2023 | Tue | Practice (Varsity Boys Swimming) | | 4:00 PM | 6:00 PM | NHS Pool | | |
| Nov 30, 2023 | Thu | Practice (Varsity Boys Swimming) | N/A | 3:30 PM | 5:30 PM | NHS Pool | | |
| Dec 1, 2023 | Fri | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Dec 4, 2023 | Mon | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Dec 5, 2023 | Tue | Regular Season 26-119 L | Susquehanna Valley | 5:30 PM | 8:00 PM | NHS Pool | | L |
| Dec 6, 2023 | Wed | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Dec 8, 2023 | Fri | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Dec 8, 2023 | Fri | Regular Season 49-89 L | @ Chenango Valley | 5:30 PM | 8:00 PM | CV - HS Pool | Departure Point: HS Gym Doors Departure Time: 3:30 PM | L |
| Dec 11, 2023 | Mon | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Dec 13, 2023 | Wed | Practice (Varsity Boys Swimming | | 3:30 PM | 5:30 PM | NHS Pool | | |

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION DEPARTUR | E TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|--|--|---------------|-------------|-------------------|---|----------------------------|
| Dec 14, 2023 | Thu | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Dec 15, 2023 | Fri | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Dec 18, 2023 | Mon | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Dec 19, 2023 | Tue | Regular Season 27-86 L | Owego Apalachin | 5:30 PM | 8:00 PM | NHS Pool | | L |
| Dec 20, 2023 | Wed | Practice (Varsity Boys Swimming) | N/A | 3:30 PM | 5:30 PM | NHS Pool | | |
| Dec 21, 2023 | Thu | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Dec 22, 2023 | Fri | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Dec 26, 2023 | Tue | Practice (Varsity Boys Swimming) | | 9:00 AM | 11:00 AM | NHS Pool | | |
| Dec 27, 2023 | Wed | Practice (Varsity Boys Swimming Practice) | | 9:00 AM | 11:00 AM | NHS Pool | | |
| Dec 28, 2023 | Thu | Practice (Varsity Boys Swimming Practice) | | 9:00 AM | 11:00 AM | NHS Pool | | |
| Dec 29, 2023 | Fri | Regular Season (Chenango Valley Swimming Invitational) | @ TBD | 9:00 AM | | TBD | Departure Point: NHS Gym Doors Departure Time: 8:00 AM | L |
| Dec 29, 2023 | Fri | Regular Season | Windsor, Johnson City @ Chenango Valley | 10:00 AM | | CV - HS Pool | | NL |
| Jan 2, 2024 | Tue | Practice (Varsity Boys Swimming) | N/A | 4:00 PM | 6:00 PM | NHS Pool | | |
| Jan 3, 2024 | Wed | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Jan 4, 2024 | Thu | Regular Season 31-81 L | Chenango Forks | 5:30 PM | | NHS Pool | | L |
| Jan 5, 2024 | Fri | Practice (Varsity Boys Swimming) | N/A | 3:30 PM | 5:30 PM | NHS Pool | | |
| Jan 8, 2024 | Mon | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | |
| Jan 10, 2024 | Wed | Practice (Varsity Boys Swimming) | N/A | 3:30 PM | 5:30 PM | NHS Pool | | |
| Jan 11, 2024 | Thu | Practice (Varsity Boys Swimming) | N/A | 3:30 PM | 5:30 PM | NHS Pool | | |
| Jan 12, 2024 | Fri | Practice (Varsity Boys Swimming | N/A | 3:30 PM | 5:30 PM | NHS Pool | | |

| DATE | WEEK DAY | ITPE | OPPONENTS | START TIME | END TIME | LOCATION | | TRANSPORTATION | LEAGUI / NON- LEAGUI |
|--------------|-------------|---|-----------|---------------|-------------|-----------------------------------|---------------------------------------|---|------------------------------|
| Jan 12, 2024 | Fri | Regular Season 43-78 L | Greene | 5:30 PM | 8:00 PM | NHS Pool | | | L |
| Jan 15, 2024 | Mon | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | | |
| Jan 16, 2024 | Tue | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | | |
| Jan 17, 2024 | Wed | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | | |
| Jan 18, 2024 | Thu | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | | |
| Jan 19, 2024 | Fri | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | | |
| Jan 22, 2024 | Mon | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | | |
| Jan 23, 2024 | Tue | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:35 PM | NHS Pool | | | |
| Jan 24, 2024 | Wed | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | | |
| Jan 25, 2024 | Thu | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | | |
| Jan 26, 2024 | Fri | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | | |
| Jan 29, 2024 | Mon | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | | |
| Jan 30, 2024 | Tue | Regular Season 39-74 L | Windsor | 5:30 PM | 8:00 PM | NHS Pool | | | L |
| Jan 31, 2024 | Wed | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | | |
| Feb 1, 2024 | Thu | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | | |
| Feb 2, 2024 | Fri | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | | |
| Feb 2, 2024 | Fri | Regular Season | @ Waverly | 5:30 PM | 8:00 PM | Waverly High School Pool | Class Dismissal: 2:30 PM | Departure Point: HS Gym Doors Departure Time: 2:45 PM | L |
| Feb 5, 2024 | Mon | Practice (Varsity Boys Swimming) | | 3:30 PM | 5:30 PM | NHS Pool | | | |
| Feb 6, 2024 | Tue | Regular Season | @ Oneonta | 5:30 PM | 8:00 PM | Oneonta High School | | Departure Point: HS Gym Doors Departure Time: 3:30 PM | L |
| Feb 14, 2024 | Wed | Regular Season (Class B Sectionals at Maine Endwell) | @ TBD | 5:00 PM | | TBD | Class Dismissal: 2:15 PM | Departure Point: NHS Gym Doors Departure Time: 2:30 PM | L |

| DATE | WEEI DAY | КТҮРЕ | OPPONENTS | START END TIME TIME | | E TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---|-----------|------------------------|-----|---|----------------------------|
| Feb 17, 2024 | Sat | Regular Seasor (Class B Sectionals at Maine Endwell) | @ TBD | 4:00 PM | TBD | Departure Point: NHS Gym Doors Departure Time: 1:30 PM | L |

Date: 2024-05-02