



# Norwich

## (G) V Swimming/Diving

### Coaches:

- Sandra Gantt, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 22, 2022	Mon	Practice (Practice)	N/A	8:00 AM	10:00 AM	NHS Pool			
Aug 22, 2022	Mon	Practice (Practice)	N/A	5:30 PM	7:30 PM	NHS Pool			
Aug 23, 2022	Tue	Practice (Practice)	N/A	8:30 AM	10:30 AM	NHS Pool			
Aug 23, 2022	Tue	Practice (Practice)	N/A	5:30 PM	7:30 PM	NHS Pool			
Aug 24, 2022	Wed	Practice (Practice)	N/A	8:00 AM	11:00 AM	NHS Pool			
Aug 25, 2022	Thu	Practice (Practice)	N/A	8:30 AM	10:30 AM	NHS Pool			
Aug 25, 2022	Thu	Practice (Practice)	N/A	5:30 PM	7:30 PM	NHS Pool			
Aug 26, 2022	Fri	Practice (Practice)	N/A	8:00 AM	10:00 AM	NHS Pool			
Aug 26, 2022	Fri	Practice (Practice)	N/A	5:30 PM	7:30 PM	NHS Pool			
Aug 27, 2022	Sat	Practice (Practice)	N/A	8:00 AM	10:30 AM	NHS Pool			
Aug 29, 2022	Mon	Practice (Practice)	N/A	8:00 AM	10:00 AM	NHS Pool			
Aug 29, 2022	Mon	Practice (Practice)	N/A	5:30 PM	7:30 PM	NHS Pool			
Aug 30, 2022	Tue	Practice (Practice)	N/A	8:30 AM	10:30 AM	NHS Pool			
Aug 30, 2022	Tue	Practice (Practice)	N/A	5:30 PM	7:30 PM	NHS Pool			
Aug 31, 2022	Wed	Practice (Practice)	N/A	8:00 AM	10:00 AM	NHS Pool			
Aug 31, 2022	Wed	Practice (Practice)	N/A	5:30 PM	7:30 PM	NHS Pool			
Sep 1, 2022	Thu	Practice (Practice)	N/A	8:30 AM	10:30 AM	NHS Pool			
Sep 1, 2022	Thu	Practice (Practice)	N/A	5:30 PM	7:30 PM	NHS Pool			
Sep 2, 2022	Fri	Practice (Practice)	N/A	8:00 AM	10:00 AM	NHS Pool			
Sep 2, 2022	Fri	Practice (Practice)	N/A	5:30 PM	7:30 PM	NHS Pool			
Sep 3, 2022	Sat	Practice (Practice)	N/A	8:30 AM	10:30 AM	NHS Pool			
Sep 5, 2022	Mon	Practice (Practice)	N/A	5:30 PM	7:30 PM	NHS Pool			
Sep 6, 2022	Tue	Regular Season 76-64 W	Greene	5:30 PM	7:00 PM	NHS Pool			L
Sep 7, 2022	Wed	Practice (Practice)	N/A	4:00 PM	6:00 PM	NHS Pool			
Sep 8, 2022	Thu	Practice (Practice)	N/A	4:00 PM	7:00 PM	NHS Pool			
Sep 9, 2022	Fri	Practice (Practice)	N/A	4:00 PM	6:00 PM	NHS Pool			

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Sep 10, 2022	Sat	Regular Season (2022 Wolverine Swim & Dive Invite) 199-436-366-324-181-150-78-197 L	Corning-Painted Post, Chenango Valley (Chenango Valley), Maine-Endwell, Elmira, Notre Dame, Elmira, Susquehanna Valley @ Waverly	5:00 PM		Waverly High School Pool			NL
Sep 12, 2022	Mon	Practice (Practice)	N/A	4:00 PM	7:00 PM	NHS Pool			
Sep 13, 2022	Tue	Regular Season 83-45 W	@ Susquehanna Valley	5:30 PM	7:00 PM	SVHS Pool	<b>Class Dismissal:</b> 3:00 PM	<b>Departure Point:</b> Highschool Gym Doors <b>Departure Time:</b> 3:15 PM	L
Sep 14, 2022	Wed	Practice (Practice)	N/A	4:00 PM	6:00 PM	NHS Pool			
Sep 15, 2022	Thu	Practice (Practice)	N/A	4:00 PM	7:00 PM	NHS Pool			
Sep 16, 2022	Fri	Practice (Practice)	N/A	4:00 PM	6:00 PM	NHS Pool			
Sep 17, 2022	Sat	Practice (Practice)	N/A	8:30 AM	10:30 AM	NHS Pool			
Sep 19, 2022	Mon	Practice (Practice)	N/A	4:00 PM	7:00 PM	NHS Pool			
Sep 20, 2022	Tue	Regular Season	@ Chenango Forks	5:30 PM	7:00 PM	High School - Pool	<b>Departure Point:</b> Highschool Gym Doors <b>Departure Time:</b> 3:30 PM		L
Sep 21, 2022	Wed	Practice (Practice)	N/A	4:00 PM	6:00 PM	NHS Pool			
Sep 22, 2022	Thu	Practice (Practice)	N/A	4:00 PM	7:00 PM	NHS Pool			
Sep 23, 2022	Fri	Practice (Practice)	N/A	4:00 PM	6:00 PM	NHS Pool			
Sep 24, 2022	Sat	Practice (Practice)	N/A	8:30 AM	10:30 AM	NHS Pool			
Sep 26, 2022	Mon	Practice (Practice)	N/A	4:00 PM	7:00 PM	NHS Pool			
Sep 27, 2022	Tue	Regular Season 59-88 L	Chenango Valley (Chenango Valley)	6:00 PM	8:00 PM	NHS Pool			L
Sep 28, 2022	Wed	Practice (Practice)	N/A	4:00 PM	6:00 PM	NHS Pool			
Sep 29, 2022	Thu	Practice (Practice)	N/A	4:00 PM	7:00 PM	NHS Pool			
Sep 29, 2022	Thu	Regular Season	@ Maine-Endwell	5:30 PM		Maine-Endwell HS Pool	<b>Class Dismissal:</b> 3:00 PM	<b>Departure Point:</b> Highschool Gym Doors <b>Departure Time:</b> 3:15 PM	NL
Oct 3, 2022	Mon	Practice (Practice)	N/A	4:00 PM	7:00 PM	NHS Pool			
Oct 4, 2022	Tue	Regular Season	Owego Apalachin	5:30 PM	7:00 PM	NHS Pool			L

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Oct 5, 2022	Wed	Practice (Practice)	N/A	4:00 PM	6:00 PM	NHS Pool			
Oct 7, 2022	Fri	Practice (Practice)	N/A	4:00 PM	6:00 PM	NHS Pool			
Oct 8, 2022	Sat	Regular Season (Maine-Endwell Invitational)	@ TBD	1:00 PM	7:00 PM	TBD			
							<b>Departure Point:</b> High School Gym Doors		NL
							<b>Departure Time:</b> 10:15 AM		
Oct 10, 2022	Mon	Practice (Practice)	N/A	4:00 PM	7:00 PM	NHS Pool			
Oct 11, 2022	Tue	Regular Season 75-86 L	@ Windsor	5:30 PM	7:00 PM	Windsor High School Pool	<b>Class Dismissal:</b> 3:00 PM		
							<b>Departure Point:</b> Highschool Gym Doors		L
							<b>Departure Time:</b> 3:15 PM		
Oct 12, 2022	Wed	Practice (Practice)	N/A	4:00 PM	6:00 PM	NHS Pool			
Oct 13, 2022	Thu	Regular Season (Senior Night)	Oneonta	5:30 PM	7:00 PM	NHS Pool			L
Oct 14, 2022	Fri	Practice (Practice)	N/A	4:00 PM	6:00 PM	NHS Pool			
Oct 15, 2022	Sat	Practice (Practice)	N/A	8:30 AM	10:30 AM	NHS Pool			
Oct 17, 2022	Mon	Practice (Practice)	N/A	4:00 PM	7:00 PM	NHS Pool			
Oct 19, 2022	Wed	Practice (Practice)	N/A	4:00 PM	6:00 PM	NHS Pool			
Oct 20, 2022	Thu	Practice (Practice)	N/A	4:00 PM	7:00 PM	NHS Pool			
Oct 21, 2022	Fri	Practice (Practice)	N/A	4:00 PM	6:00 PM	NHS Pool			
Oct 22, 2022	Sat	Practice (Practice)	N/A	8:30 AM	10:30 AM	NHS Pool			
Oct 24, 2022	Mon	Practice (Practice)	N/A	4:00 PM	7:00 PM	NHS Pool			
Oct 25, 2022	Tue	Practice (Practice)	N/A	4:00 PM	6:15 PM	NHS Pool			
Oct 26, 2022	Wed	Practice (Practice)	N/A	4:00 PM	6:00 PM	NHS Pool			
Oct 27, 2022	Thu	Practice (Practice)	N/A	4:00 PM	7:00 PM	NHS Pool			
Oct 28, 2022	Fri	Practice (Practice)	N/A	4:00 PM	6:00 PM	NHS Pool			
Oct 29, 2022	Sat	Practice (Practice)	N/A	8:30 AM	10:30 AM	NHS Pool			
Oct 31, 2022	Mon	Practice (Practice)	N/A	4:00 PM	7:00 PM	NHS Pool			
Nov 1, 2022	Tue	Practice (Practice)	N/A	4:00 PM	6:00 PM	NHS Pool			
Nov 2, 2022	Wed	Post-Season (Class B Sectional Championships)	@ TBD	TBD		TBD	<b>Class Dismissal:</b> 12:15 PM		
							<b>Departure Point:</b> High School Gym Doors		NL
							<b>Departure Time:</b> 12:30 PM		
Nov 3, 2022	Thu	Practice (Practice)	N/A	4:00 PM	7:00 PM	NHS Pool			
Nov 4, 2022	Fri	Practice (Practice)	N/A	4:00 PM	6:00 PM	NHS Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 5, 2022	Sat	Post-Season (Class B Sectional Championships)	@ TBD	TBD		TBD			NL

**Departure Point:**  
High School Gym  
Doors

**Departure Time:**  
12:45 PM

Date: 2022-12-03