

## Coaches:

• Sydney Chaffee, Asst Coach

| DATE                     | WEEK<br>DAY | ТҮРЕ  | OPPONENTS | START<br>TIME | END<br>TIME | LOCATION  | LEAGUE<br>DEPARTURE TRANSPORTATION / NON-<br>LEAGUE |
|--------------------------|-------------|---|-----------|---------------|-------------|---|---|
| Mar 29, 2024             | Fri         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track<br>Practice)                     | N/A       | 10:00<br>AM   | 12:00<br>PM | NHS<br>Multipurpose<br>Room, NHS<br>Fitness<br>Room |   |
| Mar 30, 2024             | Sat         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track<br>Practice)                     | N/A       | 10:00<br>AM   | 12:00<br>PM | NHS<br>Multipurpose<br>Room, NHS<br>Fitness<br>Room |   |
| Apr 1, 2024              | Mon         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track<br>Practice)                     | N/A       | 10:00<br>AM   | 12:00<br>PM | NHS<br>Multipurpose<br>Room, NHS<br>Fitness<br>Room |   |
| Apr 1, 2024              | Mon         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A       | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop                           |   |
| Apr 2, 2024              | Tue         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track<br>Practice)                     | N/A       | 10:00<br>AM   | 12:00<br>PM | NHS<br>Multipurpose<br>Room, NHS<br>Fitness<br>Room |   |
| Apr 2, 2024              | Tue         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A       | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop                           |   |
| Apr 3, 2024              | Wed         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track<br>Practice)                     | N/A       | 10:00<br>AM   | 12:00<br>PM | NHS<br>Multipurpose<br>Room, NHS<br>Fitness<br>Room |   |
| Apr 3, 2024              | Wed         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A       | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop                           |   |
| CANCELLED Apr<br>4, 2024 | Thu         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track<br>Practice)                     | N/A       | 10:00<br>AM   | 12:00<br>PM | NHS<br>Multipurpose<br>Room, NHS<br>Fitness<br>Room |   |

| DATE         | WEEK<br>DAY | ТҮРЕ  | OPPONENTS | START<br>TIME | END<br>TIME | LOCATION  | <b>DEPARTURE TRANSPORTATION</b> / | LEAGUE<br>'NON-<br>LEAGUE |
|--------------|-------------|---|-----------|---------------|-------------|---|-----------------------------------|---------------------------|
| Apr 4, 2024  | Thu         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A       | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop                           |                                   |                           |
| Apr 5, 2024  | Fri         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track<br>Practice)                     | N/A       | 10:00<br>AM   | 12:00<br>PM | NHS<br>Multipurpose<br>Room, NHS<br>Fitness<br>Room |                                   |                           |
| Apr 5, 2024  | Fri         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A       | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop                           |                                   |                           |
| Apr 8, 2024  | Mon         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A       | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop                           |                                   |                           |
| Apr 9, 2024  | Tue         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A       | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop                           |                                   |                           |
| Apr 10, 2024 | Wed         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A       | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop                           |                                   |                           |
| Apr 11, 2024 | Thu         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A       | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop                           |                                   |                           |
| Apr 12, 2024 | Fri         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A       | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop                           |                                   |                           |
| Apr 15, 2024 | Mon         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A       | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop                           |                                   |                           |

| DATE         | WEEK<br>DAY | ТҮРЕ  | OPPONENTS               | START<br>TIME | END<br>TIME | LOCATION                  | DEPARTURE                       | TRANSPORTATION  | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|---|-------------------------|---------------|-------------|---------------------------|---------------------------------|---|----------------------------|
| Apr 16, 2024 | Tue         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A                     | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop |                                 |   |                            |
| Apr 17, 2024 | Wed         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A                     | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop |                                 |   |                            |
| Apr 18, 2024 | Thu         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A                     | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop |                                 |   |                            |
| Apr 19, 2024 | Fri         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A                     | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop |                                 |   |                            |
| Apr 22, 2024 | Mon         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A                     | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop |                                 |   |                            |
| Apr 22, 2024 | Mon         | Regular<br>Season   | Oneonta @<br>Binghamton | 5:30<br>PM    |             | Alumni<br>Stadium         | Bus/Driver:<br>James<br>Jenkins | Departure Point:<br>HS Gym Doors<br>Departure Date:<br>Apr 22, 2024<br>Departure Time:<br>4:00 PM | L                          |
| Apr 23, 2024 | Tue         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A                     | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop |                                 |   |                            |
| Apr 24, 2024 | Wed         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A                     | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop |                                 |   |                            |
| Apr 25, 2024 | Thu         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A                     | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop |                                 |   |                            |

| DATE         | WEEK<br>DAY | ТҮРЕ  | OPPONENTS  | START<br>TIME | END<br>TIME | LOCATION                      | DEPARTURE                           | TRANSPORTATION  | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|---|--|---------------|-------------|-------------------------------|-------------------------------------|---|----------------------------|
| Apr 29, 2024 | Mon         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A  | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop     |                                     |   |                            |
| Apr 29, 2024 | Mon         | Regular<br>Season   | Maine-Endwell<br>@ Johnson City                              | 5:00<br>PM    | 8:00<br>PM  | JC Wildcat<br>Stadium         | Bus/Driver:<br>Randi<br>Crandall    | Departure Point:<br>HS Gym Doors<br>Departure Date:<br>Apr 29, 2024<br>Departure Time:<br>3:30 PM | L                          |
| Apr 30, 2024 | Tue         | Practice<br>(Modified<br>Girls<br>Outdoor<br>Track Indoor<br>practice as<br>needed) | N/A  | 3:15<br>PM    | 5:30<br>PM  | NMS Hallway<br>- The Loop     |                                     |   |                            |
| May 2, 2024  | Thu         | Regular<br>Season   | Union-Endicott<br>@<br>Susquehanna<br>Valley                 | 5:00<br>PM    | 7:30<br>PM  | SVHS Track                    | Bus/Driver:<br>Jaylmo<br>Santalucia | Departure Point:<br>HS Gym Doors<br>Departure Date:<br>May 2, 2024<br>Departure Time:<br>3:30 PM  | L                          |
| May 6, 2024  | Mon         | Regular<br>Season   | TBD @<br>Chenango<br>Valley                                  | 5:00<br>PM    | 7:15<br>PM  | CV - HS<br>Warrior<br>Stadium | Bus/Driver:<br>Arthur<br>Graves     | Departure Point:<br>HS Gym Doors<br>Departure Date:<br>May 6, 2024<br>Departure Time:<br>3:30 PM  | L                          |
| May 9, 2024  | Thu         | Regular<br>Season   | Oneonta @<br>Susquehanna<br>Valley                           | 5:00<br>PM    | 7:30<br>PM  | SVHS Track                    | Bus/Driver:<br>Jaylmo<br>Santalucia | Departure Point:<br>HS Gym Doors<br>Departure Date:<br>May 9, 2024<br>Departure Time:<br>3:30 PM  | L                          |
| May 13, 2024 | Mon         | Regular<br>Season   | Horseheads,<br>Susquehanna<br>Valley @<br>Chenango<br>Valley | 5:00<br>PM    | 7:15<br>PM  | CV - HS<br>Warrior<br>Stadium |                                     | Departure Point:<br>HS Gym Doors<br>Departure Time:<br>3:30 PM                                    | L                          |
| May 16, 2024 | Thu         | Regular<br>Season   | Oneonta, Vestal<br>@ Chenango<br>Valley                      | 5:30<br>PM    | 7:30<br>PM  | CV - HS<br>Warrior<br>Stadium |                                     | Departure Point:<br>HS Gym Doors<br>Departure Time:<br>3:30 PM                                    | L                          |

| DATE         | WEEK<br>DAY | ТҮРЕ              | OPPONENTS   | START<br>TIME | END<br>TIME | LOCATION              | DEPARTURE | E TRANSPORTATION   | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|-------------------|---|---------------|-------------|-----------------------|-----------|--|----------------------------|
| May 28, 2024 | Tue         | Regular<br>Season | Vestal, Union- Endicott, Binghamton, Ithaca, Elmira (Elmira Express), Corning- Painted Post, Horseheads, Maine-Endwell, Waverly, Oneonta, Windsor, Seton Catholic Central, TBD, Chenango Valley, Susquehanna Valley, Owego Apalachin @ Johnson City | 5:00<br>PM    | 8:00<br>PM  | JC Wildcat<br>Stadium |           | Departure Point:<br>HS Gym Doors<br>Departure Time:<br>3:30 PM | L                          |

Date: 2025-12-05