



Norwich

(G) V Outdoor Track

Coaches:

- Shaun Horan, Head Coach
- Sydney Chaffee, Coach
- Phil Curley, Coach
- Tom Stoddard, Coach
- Gloria Decker, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 17, 2025	Mon	Practice (Indoor Location: NHS Hallways/MP Gym When Available Mon-Fri 3:15-5:30pm)	N/A	3:15 PM	5:30 PM	NHS Stadium (Turf Field)			
Mar 18, 2025	Tue	Practice (Indoor Location: NHS Hallways/MP Gym When Available Mon-Fri 3:15-5:30pm)	N/A	3:15 PM	5:30 PM	NHS Stadium (Turf Field)			
Mar 18, 2025	Tue	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room			
Mar 19, 2025	Wed	Practice (Indoor Location: NHS Hallways/MP Gym When Available Mon-Fri 3:15-5:30pm)	N/A	3:15 PM	5:30 PM	NHS Stadium (Turf Field)			
Mar 20, 2025	Thu	Practice (Indoor Location: NHS Hallways/MP Gym When Available Mon-Fri 3:15-5:30pm)	N/A	3:15 PM	5:30 PM	NHS Stadium (Turf Field)			
Mar 20, 2025	Thu	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room			
Mar 21, 2025	Fri	Practice (Indoor Location: NHS Hallways/MP Gym When Available Mon-Fri 3:15-5:30pm)	N/A	3:15 PM	5:30 PM	NHS Stadium (Turf Field)			
Mar 24, 2025	Mon	Practice (Indoor Location: NHS Hallways/MP Gym When Available Mon-Fri 3:15-5:30pm)	N/A	3:15 PM	5:30 PM	NHS Stadium (Turf Field)			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Mar 25, 2025	Tue	Practice (Indoor Location: NHS Hallways/MP Gym When Available Mon-Fri 3:15-5:30pm)	N/A	3:15 PM	5:30 PM	NHS Stadium (Turf Field)		
Mar 25, 2025	Tue	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room		
Mar 26, 2025	Wed	Practice (Indoor Location: NHS Hallways/MP Gym When Available Mon-Fri 3:15-5:30pm)	N/A	3:15 PM	5:30 PM	NHS Stadium (Turf Field)		
Mar 27, 2025	Thu	Practice (Indoor Location: NHS Hallways/MP Gym When Available Mon-Fri 3:15-5:30pm)	N/A	3:15 PM	5:30 PM	NHS Stadium (Turf Field)		
Mar 27, 2025	Thu	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room		
Mar 28, 2025	Fri	Practice (Indoor Location: NHS Hallways/MP Gym When Available Mon-Fri 3:15-5:30pm)	N/A	3:15 PM	5:30 PM	NHS Stadium (Turf Field)		
Mar 29, 2025	Sat	Practice (Indoor Location: MP Gym)	N/A	8:00 AM	10:00 AM	NHS Stadium (Turf Field)		
Mar 31, 2025	Mon	Practice	N/A	3:15 PM	3:45 PM	NHS Room 1		
Mar 31, 2025	Mon	Practice (Indoor Location: NHS Halways and Weight Room)	N/A	3:15 PM	5:30 PM	NHS Stadium - Track		
Apr 1, 2025	Tue	Practice (Indoor Location: NHS Halways and Weight Room)	N/A	3:15 PM	5:30 PM	NHS Stadium - Track		
Apr 1, 2025	Tue	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room		
Apr 3, 2025	Thu	Practice (Indoor Location: NHS Halways and Weight Room)	N/A	3:15 PM	5:30 PM	NHS Stadium - Track		
Apr 3, 2025	Thu	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 3, 2025	Thu	Regular Season	Horseheads, Seton Catholic Central @ Johnson City	4:30 PM	6:30 PM	JC Wildcat Stadium	Class Dismissal: 2:30 PM	Departure Point: NHS Gym Doors Departure Time: 2:45 PM	L
Apr 4, 2025	Fri	Practice (Indoor Location: NHS Halways and Weight Room)	N/A	3:15 PM	5:30 PM	NHS Stadium - Track			
Apr 5, 2025	Sat	Regular Season (NYPA Invite @ Windsor)	@ TBD	TBD		TBD	Bus/Driver: Bus & Van	Departure Point: NHS Gym Departure Time: 9:00 AM	L
Apr 7, 2025	Mon	Practice	N/A	3:15 PM	3:45 PM	NHS Room 1			
Apr 8, 2025	Tue	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room			
Apr 10, 2025	Thu	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room			
CANCELLED Apr 13, 2025	Sun	Regular Season (Square Deal Invite @ JC)	@ TBD	10:00 AM		TBD	Bus/Driver: Bus & Van	Departure Point: NHS Gym Departure Time: 8:00 AM	L
Apr 14, 2025	Mon	Practice	N/A	3:15 PM	3:45 PM	NHS Room 1			
Apr 15, 2025	Tue	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room			
Apr 15, 2025	Tue	Regular Season 55-71 L	Oneonta	5:00 PM		NHS Stadium (Turf Field)			L
Apr 15, 2025	Tue	Regular Season	Oneonta, Maine-Endwell	5:00 PM	8:00 PM	NHS Stadium (Turf Field)		Departure Point: NHS Gym	NL
Apr 17, 2025	Thu	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room			
Apr 28, 2025	Mon	Practice	N/A	3:15 PM	3:45 PM	NHS Room 1			
Apr 29, 2025	Tue	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room			
Apr 29, 2025	Tue	Regular Season 83-27 W	Susquehanna Valley	5:00 PM	8:00 PM	NHS Stadium (Turf Field)		Departure Point: NHS Gym	L
May 1, 2025	Thu	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room			
May 2, 2025	Fri	Regular Season (REK Invite)	TBD	3:45 PM		NHS Stadium (Turf Field)			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 2, 2025	Fri	Regular Season (REK - Norwich)	Newark Valley, Unadilla Valley (UV), Sidney, Bainbridge Guilford, Afton (Afton/Harpur), Harpursville (Afton/Harpur), Oxford (Greene/Oxford), Greene (Greene/Oxford), Edmeston (Morris/Edmeston), DeRuyter, Unatego, Deposit (Deposit-Hancock), TBD, Gilbertsville-Mount Upton, Morrisville-Eaton	4:00 PM		NHS Stadium - Track			NL
May 2, 2025	Fri	Regular Season	Newark Valley	4:00 PM		NHS Stadium (Turf Field)			L
May 2, 2025	Fri	Regular Season (REK Invitational)	Gilbertsville-Mount Upton	4:30 PM	6:30 PM	NHS Stadium (Turf Field)			NL
May 5, 2025	Mon	Practice	N/A	3:15 PM	3:45 PM	NHS Room 1			
May 6, 2025	Tue	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room			
May 8, 2025	Thu	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room			
May 8, 2025	Thu	Regular Season (Senior @ Windsor Night)	@ Windsor	5:00 PM		Windsor High School Track			L
May 9, 2025	Fri	Regular Season (Yellow Jacket Invite @ Oneonta)	@ TBD	4:30 PM		TBD	Bus/Driver: Bus & Van Class Dismissal: 2:15 PM	Departure Point: NHS Gym Doors Departure Time: 2:30 PM	L
May 12, 2025	Mon	Practice	N/A	3:15 PM	3:45 PM	NHS Room 1			
May 13, 2025	Tue	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room			
May 14, 2025	Wed	Regular Season (Need For Speed/STAC Pent @ Johnson City)	@ TBD	4:30 PM		TBD	Bus/Driver: Bus & Van Class Dismissal: 2:15 PM	Departure Point: NHS Gym Doors Departure Time: 2:30 PM	L
May 15, 2025	Thu	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room			
May 16, 2025	Fri	Regular Season (Quinney Invite @ Sidney)	@ TBD	4:30 PM		TBD	Bus/Driver: Bus & Van Class Dismissal: 2:45 PM	Departure Point: NHS Gym Doors Departure Time: 3:00 PM	L

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May 19, 2025	Mon	Practice	N/A	3:15 PM	3:45 PM	NHS Room 1			
May 20, 2025	Tue	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room			
May 21, 2025	Wed	Regular Season (STAC Championships @ Vestal)	@ TBD	4:00 PM		TBD	Bus/Driver: Bus & Van Class Dismissal: 1:30 PM	Departure Point: NHS Gym Doors Departure Time: 1:45 PM	L
May 22, 2025	Thu	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room			
May 27, 2025	Tue	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room			
May 28, 2025	Wed	Regular Season (Class A/B Championships @ UE)	@ TBD	5:00 PM		TBD	Bus/Driver: Bus & Van Class Dismissal: 2:45 PM	Departure Point: NHS Gym Doors Departure Time: 3:00 PM	L
May 29, 2025	Thu	Practice (Sprinters Only)	N/A	3:30 PM	4:00 PM	NHS Fitness Room			
Jun 4, 2025	Wed	Regular Season (State Qualifiers @UE)	@ TBD	5:00 PM		TBD	Bus/Driver: TBD - must have qualifiers Class Dismissal: 2:45 PM	Departure Point: NHS Gym Doors Departure Time: 3:00 PM	L
Jun 5, 2025	Thu	Regular Season (State Qualifiers @ UE)	@ TBD	5:00 PM		TBD	Bus/Driver: TBD - must have qualifiers Class Dismissal: 2:45 PM	Departure Point: NHS Gym Doors Departure Time: 3:00 PM	L
Jun 13, 2025	Fri	Regular Season (NYS Championships @ Middletown)	@ TBD	TBD		TBD	Bus/Driver: TBD - must have qualifiers	Departure Point: NHS Gym Doors	L
Jun 14, 2025	Sat	Regular Season (NYS Championships @ Middletown)	@ TBD	TBD		TBD	Bus/Driver: TBD - must have qualifiers	Departure Point: NHS Gym Doors	L
Jun 19, 2025	Thu	Regular Season (New Balance National Championships)	@ TBD	TBD		TBD	Bus/Driver: VAN - must have qualifiers	Departure Point: NHS Gym Doors	L
Jun 20, 2025	Fri	Regular Season (New Balance National Championships)	@ TBD	TBD		TBD	Bus/Driver: VAN - must have qualifiers	Departure Point: NHS Gym Doors	L
Jun 21, 2025	Sat	Regular Season (New Balance National Championships)	TBD	TBD		TBD	Bus/Driver: VAN - must have qualifiers	Departure Point: NHS Gym Doors	L

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Jun 22, 2025	Sun	Regular Season (New Balance National Championships)	TBD	TBD	TBD		Bus/Driver: VAN - must have qualifiers	Departure Point: NHS Gym Doors	L

Date: 2025-12-20