



Norwich

(G) V Outdoor Track

Coaches:

- Shaun Horan, Head Coach
- Sydney Chaffee, Coach
- Phil Curley, Coach
- Tom Stoddard, Coach
- Gloria Decker, Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|-----------|------------|----------|---|-----------|----------------|---------------------|
| Mar 11, 2024 | Mon | Practice (Varsity Girls Outdoor Track) | N/A | 3:15 PM | 5:00 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Mar 12, 2024 | Tue | Practice (Varsity Girls Outdoor Track) | N/A | 3:15 PM | 5:00 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Mar 13, 2024 | Wed | Practice (Varsity Girls Outdoor Track) | N/A | 3:15 PM | 5:00 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Mar 14, 2024 | Thu | Practice (Varsity Girls Outdoor Track) | N/A | 3:15 PM | 5:00 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Mar 15, 2024 | Fri | Practice (Varsity Girls Outdoor Track) | N/A | 3:15 PM | 5:00 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Mar 18, 2024 | Mon | Practice (Varsity Girls Outdoor Track) | N/A | 3:15 PM | 5:00 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Mar 19, 2024 | Tue | Practice (Varsity Girls Outdoor Track) | N/A | 3:15 PM | 5:00 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Mar 20, 2024 | Wed | Practice (Varsity Girls Outdoor Track) | N/A | 3:15 PM | 5:00 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Mar 21, 2024 | Thu | Practice (Varsity Girls Outdoor Track) | N/A | 3:15 PM | 5:00 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Mar 21, 2024 | Thu | Practice (Varsity Boys/Girls Outdoor Tract Practice - SE School) | N/A | TBD | | TBD | | | |
| Mar 22, 2024 | Fri | Practice (Varsity Girls Outdoor Track) | N/A | 3:15 PM | 5:00 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|---|-----------|------------|----------|---|---|---|---------------------|
| Mar 25, 2024 | Mon | Practice (Varsity Girls Outdoor Track) | N/A | 3:15 PM | 5:00 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| CANCELLED Mar 25, 2024 | Mon | Practice (Varsity Boys/Girls Outdoor Tract Practice - SE School) | N/A | TBD | | TBD | | Departure Point: NHS Gym Doors Departure Time: 3:45 PM | |
| Mar 26, 2024 | Tue | Practice (Varsity Girls Outdoor Track) | N/A | 3:15 PM | 5:00 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Mar 27, 2024 | Wed | Practice (Varsity Girls Outdoor Track) | N/A | 3:15 PM | 5:00 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Mar 28, 2024 | Thu | Practice (Varsity Girls Outdoor Track) | N/A | 3:15 PM | 5:00 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Mar 28, 2024 | Thu | Regular Season (Rotary Relays @ CF) | @ TBD | 4:30 PM | | TBD | Bus/Driver: Leslie Wilcox Class Dismissal: 2:45 PM | Departure Point: NHS Gym Doors Departure Time: 3:00 PM | NL |
| Mar 28, 2024 | Thu | Practice (Varsity Boys/Girls Outdoor Tract Practice - SE School) | N/A | TBD | | TBD | | Departure Point: NHS Gym Doors Departure Time: 3:45 PM | |
| Mar 29, 2024 | Fri | Practice (Varsity Girls Outdoor Track) | N/A | 10:00 AM | 12:00 PM | NHS Multipurpose Room, NHS Fitness Room | | | |
| Mar 30, 2024 | Sat | Practice (Varsity Girls Outdoor Track) | N/A | 10:00 AM | 12:00 PM | NHS Multipurpose Room, NHS Fitness Room | | | |
| Apr 1, 2024 | Mon | Practice (Varsity Girls Outdoor Track) | N/A | 10:00 AM | 12:00 PM | NHS Multipurpose Room, NHS Fitness Room | | | |
| Apr 2, 2024 | Tue | Practice (Varsity Girls Outdoor Track) | N/A | 10:00 AM | 12:00 PM | NHS Multipurpose Room, NHS Fitness Room | | | |
| Apr 3, 2024 | Wed | Practice (Varsity Girls Outdoor Track) | N/A | 10:00 AM | 12:00 PM | NHS Multipurpose Room, NHS Fitness Room | | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|-----------------------|----------|---|-----------|------------|----------|---|---|---|---------------------|
| CANCELLED Apr 4, 2024 | Thu | Practice (Varsity Girls Outdoor Track) | N/A | 10:00 AM | 12:00 PM | NHS Multipurpose Room, NHS Fitness Room | | | |
| Apr 5, 2024 | Fri | Practice (Varsity Girls Outdoor Track) | N/A | 10:00 AM | 12:00 PM | NHS Multipurpose Room, NHS Fitness Room | | | |
| Apr 8, 2024 | Mon | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed) | | 3:15 PM | 5:30 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Apr 9, 2024 | Tue | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed) | | 3:15 PM | 5:30 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Apr 9, 2024 | Tue | Regular Season | @ Ithaca | 4:30 PM | 7:30 PM | IHS Moresco Stadium | Bus/Driver: Danny Dewey Class Dismissal: 2:00 PM | Departure Point: NHS Gym Doors Departure Date: Apr 9, 2024 Departure Time: 2:15 PM | NL |
| Apr 10, 2024 | Wed | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed) | | 3:15 PM | 5:30 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Apr 11, 2024 | Thu | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed) | | 3:15 PM | 5:30 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Apr 12, 2024 | Fri | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed) | | 3:15 PM | 5:30 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Apr 13, 2024 | Sat | Regular Season (NY/PA Track Invitational Windsor) | @ TBD | 9:30 AM | | TBD | | Departure Point: NHS Gym Doors Departure Time: 8:30 AM | L |
| Apr 15, 2024 | Mon | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed) | | 3:15 PM | 5:30 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Apr 16, 2024 | Tue | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed) | | 3:15 PM | 5:30 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| Apr 16, 2024 | Tue | Regular Season 65-60 W | @ Vestal | 5:00 PM | | Vestal Dick Hoover Stadium | Class Dismissal: 2:30 PM | Departure Point: NHS Gym Doors Departure Time: 2:45 PM | L |
| Apr 17, 2024 | Wed | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed) | | 3:15 PM | 5:30 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |

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|--------------|----------|--|-----------|------------|----------|---|--|---|
| Apr 18, 2024 | Thu | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed) | | 3:15 PM | 5:30 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | |
| Apr 19, 2024 | Fri | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed) | | 3:15 PM | 5:30 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | |
| Apr 20, 2024 | Sat | Regular Season (Douglas Quinney Invitational Track Meet - Sidney High School) | @ TBD | 9:30 AM | | TBD | Bus/Driver: Danny Dewey | Departure Point: NHS Gym Doors Departure Date: Apr 20, 2024 Departure Time: 8:30 AM L |
| Apr 22, 2024 | Mon | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed) | | 3:15 PM | 5:30 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | |
| Apr 23, 2024 | Tue | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed) | | 3:15 PM | 5:30 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | |
| Apr 23, 2024 | Tue | Regular Season (Senior Night) 36-101 L | @ Oneonta | 5:00 PM | | Oneonta High School | Bus/Driver: Keith Corbin Class Dismissal: 2:45 PM | Departure Point: NHS Gym Doors Departure Date: Apr 23, 2024 Departure Time: 3:00 PM L |
| Apr 24, 2024 | Wed | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed) | | 3:15 PM | 5:30 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | |
| Apr 24, 2024 | Wed | Regular Season (Penn Relay) | @ TBD | TBD | | TBD | Bus/Driver: Phil Curley Syd Chaffee Van C2 Class Dismissal: 1:45 PM | Departure Point: NHS Gym Departure Date: Apr 24, 2024 Departure Time: 2:00 PM NL |
| Apr 25, 2024 | Thu | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed) | | 3:15 PM | 5:30 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | |
| Apr 26, 2024 | Fri | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed) | | 3:15 PM | 5:30 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | |
| Apr 26, 2024 | Fri | Regular Season (Cahill Classic - Sauquoit Valley Track & Field) | @ TBD | 4:00 PM | | TBD | Class Dismissal: 12:45 PM | Departure Point: NHS Gym Departure Time: 1:00 PM NL |
| Apr 29, 2024 | Mon | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed) | | 3:15 PM | 5:30 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | |

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|--------------|----------|---|--|------------|----------|---|---|--|---------------------|
| Apr 30, 2024 | Tue | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed) | | 3:15 PM | 5:30 PM | NHS Hallways, NHS Alcove Multipurpose Gym | | | |
| May 3, 2024 | Fri | Regular Season (REK Invitational hosted by Norwich at Sidney) | Deposit (Deposit-Hancock), Cincinnati, Bainbridge Guilford, Unadilla Valley (UV), Oxford (Greene/Oxford), Gilbertsville-Mount Upton, Edmeston (Morris/Edmeston), DeRuyter, Afton (Afton/Harpur), Unatego, Newark Valley @ Sidney | 4:00 PM | | Sidney HS Track | Bus/Driver: Arthur Graves Class Dismissal: 1:45 PM | Departure Point: NHS Gym Doors Departure Date: May 3, 2024 Departure Time: 2:00 PM | NL |
| May 7, 2024 | Tue | Regular Season 84-12 W | @ Windsor | 5:00 PM | | Windsor High School Track | Bus/Driver: Arthur Graves Class Dismissal: 1:45 PM | Departure Point: NHS Gym Doors Departure Date: May 7, 2024 Departure Time: 2:00 PM | L |
| May 10, 2024 | Fri | Regular Season (Oneonta Track and Field Invitational) | @ TBD | 4:30 PM | | TBD | Bus/Driver: Arthur Graves Class Dismissal: 2:45 PM | Departure Point: NHS Gym Doors Departure Date: May 10, 2024 Departure Time: 3:00 PM | L |
| May 15, 2024 | Wed | Regular Season (STAC Championships @ JC) | @ TBD | 4:00 PM | | TBD | Class Dismissal: 1:50 PM | Departure Point: NHS Gym Departure Time: 2:05 PM | L |
| May 17, 2024 | Fri | Regular Season 72-34 W | @ Susquehanna Valley | 4:30 PM | 7:00 PM | SVHS Track | Bus/Driver: George Rameriz | Departure Point: NHS Gym Doors Departure Time: 2:30 PM | L |
| May 22, 2024 | Wed | Regular Season (Class A/B Championships - Elmira NY) | @ TBD | TBD | | TBD | Class Dismissal: 1:45 PM | Departure Point: NHS Gym Departure Time: 2:00 PM | L |
| May 29, 2024 | Wed | Regular Season (State Qualifier Meet - Union Endicott) | @ TBD | 5:00 PM | | TBD | Class Dismissal: 2:45 PM | Departure Point: NHS Gym Departure Time: 3:00 PM | L |
| May 30, 2024 | Thu | Regular Season (State Qualifier Meet - Union Endicott) | @ TBD | 5:00 PM | | TBD | Class Dismissal: 2:45 PM | Departure Point: NHS Gym Departure Time: 3:00 PM | L |

Date: 2025-12-28