



# Norwich

## (G) V Outdoor Track

### Coaches:

- Shaun Horan, Head Coach
- Sydney Chaffee, Coach
- Phil Curley, Coach
- Tom Stoddard, Coach
- Gloria Decker, Coach

| DATE         | WEEK DAY | TYPE  | OPPONENTS | START TIME | END TIME | LOCATION                                  | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|-----------|------------|----------|---|-----------|----------------|---------------------|
| Mar 11, 2024 | Mon      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 3:15 PM    | 5:00 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |           |                |                     |
| Mar 12, 2024 | Tue      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 3:15 PM    | 5:00 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |           |                |                     |
| Mar 13, 2024 | Wed      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 3:15 PM    | 5:00 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |           |                |                     |
| Mar 14, 2024 | Thu      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 3:15 PM    | 5:00 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |           |                |                     |
| Mar 15, 2024 | Fri      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 3:15 PM    | 5:00 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |           |                |                     |
| Mar 18, 2024 | Mon      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 3:15 PM    | 5:00 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |           |                |                     |
| Mar 19, 2024 | Tue      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 3:15 PM    | 5:00 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |           |                |                     |
| Mar 20, 2024 | Wed      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 3:15 PM    | 5:00 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |           |                |                     |
| Mar 21, 2024 | Thu      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 3:15 PM    | 5:00 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |           |                |                     |
| Mar 21, 2024 | Thu      | Practice (Varsity Boys/Girls Outdoor Tract Practice - SE School ) | N/A       | TBD        |          | TBD                                       |           |                |                     |
| Mar 22, 2024 | Fri      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 3:15 PM    | 5:00 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |           |                |                     |

| DATE                   | WEEK DAY | TYPE  | OPPONENTS | START TIME | END TIME | LOCATION                                  | DEPARTURE   | TRANSPORTATION  | LEAGUE / NON-LEAGUE |
|------------------------|----------|---|-----------|------------|----------|---|---|---|---------------------|
| Mar 25, 2024           | Mon      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 3:15 PM    | 5:00 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |   |   |                     |
| CANCELLED Mar 25, 2024 | Mon      | Practice (Varsity Boys/Girls Outdoor Tract Practice - SE School ) | N/A       | TBD        |          | TBD                                       |   | <b>Departure Point:</b> NHS Gym Doors<br><b>Departure Time:</b> 3:45 PM |                     |
| Mar 26, 2024           | Tue      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 3:15 PM    | 5:00 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |   |   |                     |
| Mar 27, 2024           | Wed      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 3:15 PM    | 5:00 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |   |   |                     |
| Mar 28, 2024           | Thu      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 3:15 PM    | 5:00 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |   |   |                     |
| Mar 28, 2024           | Thu      | Regular Season (Rotary Relays @ CF)                               | @ TBD     | 4:30 PM    |          | TBD                                       | <b>Bus/Driver:</b> Leslie Wilcox<br><b>Class Dismissal:</b> 2:45 PM | <b>Departure Point:</b> NHS Gym Doors<br><b>Departure Time:</b> 3:00 PM | NL                  |
| Mar 28, 2024           | Thu      | Practice (Varsity Boys/Girls Outdoor Tract Practice - SE School ) | N/A       | TBD        |          | TBD                                       |   | <b>Departure Point:</b> NHS Gym Doors<br><b>Departure Time:</b> 3:45 PM |                     |
| Mar 29, 2024           | Fri      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 10:00 AM   | 12:00 PM | NHS Multipurpose Room, NHS Fitness Room   |   |   |                     |
| Mar 30, 2024           | Sat      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 10:00 AM   | 12:00 PM | NHS Multipurpose Room, NHS Fitness Room   |   |   |                     |
| Apr 1, 2024            | Mon      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 10:00 AM   | 12:00 PM | NHS Multipurpose Room, NHS Fitness Room   |   |   |                     |
| Apr 2, 2024            | Tue      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 10:00 AM   | 12:00 PM | NHS Multipurpose Room, NHS Fitness Room   |   |   |                     |
| Apr 3, 2024            | Wed      | Practice (Varsity Girls Outdoor Track )                           | N/A       | 10:00 AM   | 12:00 PM | NHS Multipurpose Room, NHS Fitness Room   |   |   |                     |

| DATE                  | WEEK DAY | TYPE  | OPPONENTS | START TIME | END TIME | LOCATION                                  | DEPARTURE   | TRANSPORTATION  | LEAGUE / NON-LEAGUE |
|-----------------------|----------|---|-----------|------------|----------|---|---|---|---------------------|
| CANCELLED Apr 4, 2024 | Thu      | Practice (Varsity Girls Outdoor Track )                                 | N/A       | 10:00 AM   | 12:00 PM | NHS Multipurpose Room, NHS Fitness Room   |   |   |                     |
| Apr 5, 2024           | Fri      | Practice (Varsity Girls Outdoor Track )                                 | N/A       | 10:00 AM   | 12:00 PM | NHS Multipurpose Room, NHS Fitness Room   |   |   |                     |
| Apr 8, 2024           | Mon      | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed ) |           | 3:15 PM    | 5:30 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |   |   |                     |
| Apr 9, 2024           | Tue      | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed ) |           | 3:15 PM    | 5:30 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |   |   |                     |
| Apr 9, 2024           | Tue      | Regular Season  | @ Ithaca  | 4:30 PM    | 7:30 PM  | IHS Moresco Stadium                       | <b>Bus/Driver:</b> Danny Dewey<br><b>Class Dismissal:</b> 2:00 PM | <b>Departure Point:</b> NHS Gym Doors<br><b>Departure Date:</b> Apr 9, 2024<br><b>Departure Time:</b> 2:15 PM | NL                  |
| Apr 10, 2024          | Wed      | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed ) |           | 3:15 PM    | 5:30 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |   |   |                     |
| Apr 11, 2024          | Thu      | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed ) |           | 3:15 PM    | 5:30 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |   |   |                     |
| Apr 12, 2024          | Fri      | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed ) |           | 3:15 PM    | 5:30 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |   |   |                     |
| Apr 13, 2024          | Sat      | Regular Season (NY/PA Track Invitational Windsor )                      | @ TBD     | 9:30 AM    |          | TBD                                       |   | <b>Departure Point:</b> NHS Gym Doors<br><b>Departure Time:</b> 8:30 AM                                       | L                   |
| Apr 15, 2024          | Mon      | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed ) |           | 3:15 PM    | 5:30 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |   |   |                     |
| Apr 16, 2024          | Tue      | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed ) |           | 3:15 PM    | 5:30 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |   |   |                     |
| Apr 16, 2024          | Tue      | Regular Season 65-60 W  | @ Vestal  | 5:00 PM    |          | Vestal Dick Hoover Stadium                | <b>Class Dismissal:</b> 2:30 PM                                   | <b>Departure Point:</b> NHS Gym Doors<br><b>Departure Time:</b> 2:45 PM                                       | L                   |
| Apr 17, 2024          | Wed      | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed ) |           | 3:15 PM    | 5:30 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |   |   |                     |

| DATE         | WEEK DAY | TYPE   | OPPONENTS | START TIME | END TIME | LOCATION                                  | DEPARTURE TRANSPORTATION   | LEAGUE / NON-LEAGUE   |
|--------------|----------|--|-----------|------------|----------|---|--|---|
| Apr 18, 2024 | Thu      | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed )        |           | 3:15 PM    | 5:30 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |  |   |
| Apr 19, 2024 | Fri      | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed )        |           | 3:15 PM    | 5:30 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |  |   |
| Apr 20, 2024 | Sat      | Regular Season (Douglas Quinney Invitational Track Meet - Sidney High School ) | @ TBD     | 9:30 AM    |          | TBD                                       | <b>Bus/Driver:</b> Danny Dewey   | <b>Departure Point:</b> NHS Gym Doors<br><b>Departure Date:</b> Apr 20, 2024<br><b>Departure Time:</b> 8:30 AM<br>L |
| Apr 22, 2024 | Mon      | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed )        |           | 3:15 PM    | 5:30 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |  |   |
| Apr 23, 2024 | Tue      | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed )        |           | 3:15 PM    | 5:30 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |  |   |
| Apr 23, 2024 | Tue      | Regular Season (Senior Night) 36-101 L   | @ Oneonta | 5:00 PM    |          | Oneonta High School                       | <b>Bus/Driver:</b> Keith Corbin<br><b>Class Dismissal:</b> 2:45 PM                         | <b>Departure Point:</b> NHS Gym Doors<br><b>Departure Date:</b> Apr 23, 2024<br><b>Departure Time:</b> 3:00 PM<br>L |
| Apr 24, 2024 | Wed      | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed )        |           | 3:15 PM    | 5:30 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |  |   |
| Apr 24, 2024 | Wed      | Regular Season (Penn Relay )   | @ TBD     | TBD        |          | TBD                                       | <b>Bus/Driver:</b> Phil Curley<br>Syd Chaffee<br>Van C2<br><b>Class Dismissal:</b> 1:45 PM | <b>Departure Point:</b> NHS Gym<br><b>Departure Date:</b> Apr 24, 2024<br><b>Departure Time:</b> 2:00 PM<br>NL      |
| Apr 25, 2024 | Thu      | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed )        |           | 3:15 PM    | 5:30 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |  |   |
| Apr 26, 2024 | Fri      | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed )        |           | 3:15 PM    | 5:30 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |  |   |
| Apr 26, 2024 | Fri      | Regular Season (Cahill Classic - Sauquoit Valley Track & Field )               | @ TBD     | 4:00 PM    |          | TBD                                       | <b>Class Dismissal:</b> 12:45 PM   | <b>Departure Point:</b> NHS Gym<br><b>Departure Time:</b> 1:00 PM<br>NL   |
| Apr 29, 2024 | Mon      | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed )        |           | 3:15 PM    | 5:30 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |  |   |

| DATE                   | WEEK DAY | TYPE  | OPPONENTS   | START TIME | END TIME | LOCATION                                  | DEPARTURE   | TRANSPORTATION   | LEAGUE / NON-LEAGUE |
|------------------------|----------|---|---|------------|----------|---|---|--|---------------------|
| Apr 30, 2024           | Tue      | Practice (Varsity Girls Outdoor Track - N/A Indoor practice as needed ) |   | 3:15 PM    | 5:30 PM  | NHS Hallways, NHS Alcove Multipurpose Gym |   |  |                     |
| POSTPONED Apr 30, 2024 | Tue      | Regular Season  | @ Susquehanna Valley  | 4:30 PM    | 7:00 PM  | SVHS Track                                | <b>Class Dismissal:</b> 2:15 PM                                     | <b>Departure Point:</b> NHS Gym Doors<br><b>Departure Time:</b> 2:30 PM  | L                   |
| May 3, 2024            | Fri      | Regular Season (REK Invitational hosted by Norwich at Sidney)           | Deposit (Deposit-Hancock), Cincinnatus, Bainbridge Guilford, Unadilla Valley (UV), Oxford (Greene/Oxford), Gilbertsville-Mount Upton, Edmeston (Morris/Edmeston), DeRuyter, Afton (Afton/Harpur), Unatego, Newark Valley @ Sidney | 4:00 PM    |          | Sidney HS Track                           | <b>Bus/Driver:</b> Arthur Graves<br><b>Class Dismissal:</b> 1:45 PM | <b>Departure Point:</b> NHS Gym Doors<br><b>Departure Date:</b> May 3, 2024<br><b>Departure Time:</b> 2:00 PM  | NL                  |
| May 7, 2024            | Tue      | Regular Season 84-12 W  | @ Windsor   | 5:00 PM    |          | Windsor High School Track                 | <b>Bus/Driver:</b> Arthur Graves<br><b>Class Dismissal:</b> 1:45 PM | <b>Departure Point:</b> NHS Gym Doors<br><b>Departure Date:</b> May 7, 2024<br><b>Departure Time:</b> 2:00 PM  | L                   |
| May 10, 2024           | Fri      | Regular Season (Oneonta Track and Field Invitational )                  | @ TBD   | 4:30 PM    |          | TBD                                       | <b>Bus/Driver:</b> Arthur Graves<br><b>Class Dismissal:</b> 2:45 PM | <b>Departure Point:</b> NHS Gym Doors<br><b>Departure Date:</b> May 10, 2024<br><b>Departure Time:</b> 3:00 PM | L                   |
| May 15, 2024           | Wed      | Regular Season (STAC Championships @ JC )                               | @ TBD   | 4:00 PM    |          | TBD                                       | <b>Class Dismissal:</b> 1:50 PM                                     | <b>Departure Point:</b> NHS Gym<br><b>Departure Time:</b> 2:05 PM  | L                   |
| May 17, 2024           | Fri      | Regular Season (@ Sus Valley )  | @ TBD   | 4:30 PM    |          | TBD                                       | <b>Class Dismissal:</b> 2:15 PM                                     | <b>Departure Point:</b> NHS Gym<br><b>Departure Time:</b> 2:30 PM  | L                   |
| May 22, 2024           | Wed      | Regular Season (Class A/B Championships - Elmira NY )                   | @ TBD   | TBD        |          | TBD                                       | <b>Class Dismissal:</b> 1:45 PM                                     | <b>Departure Point:</b> NHS Gym<br><b>Departure Time:</b> 2:00 PM  | L                   |
| May 29, 2024           | Wed      | Regular Season (State Qualifier Meet - Union Endicott)                  | @ TBD   | 5:00 PM    |          | TBD                                       | <b>Class Dismissal:</b> 2:45 PM                                     | <b>Departure Point:</b> NHS Gym<br><b>Departure Time:</b> 3:00 PM  | L                   |
| May 30, 2024           | Thu      | Regular Season (State Qualifier Meet - Union Endicott)                  | @ TBD   | 5:00 PM    |          | TBD                                       | <b>Class Dismissal:</b> 2:45 PM                                     | <b>Departure Point:</b> NHS Gym<br><b>Departure Time:</b> 3:00 PM  | L                   |

Date: 2024-05-16