

## Coaches:

- Shaun Horan, Head Coach
- Sydney Chaffee, CoachPhil Curley, Coach
- Tom Stoddard, Coach
- Gloria Decker, Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGU TRANSPORTATION / NON- LEAGU
Mar 11, 2024	Mon	Practice (Varsity Girls Outdoor Track)	N/A	3:15 PM	5:00 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
Mar 12, 2024	Tue	Practice (Varsity Girls Outdoor Track)	N/A	3:15 PM	5:00 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
Mar 13, 2024	Wed	Practice (Varsity Girls Outdoor Track)	N/A	3:15 PM	5:00 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
Mar 14, 2024	Thu	Practice (Varsity Girls Outdoor Track)	N/A	3:15 PM	5:00 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
Mar 15, 2024	Fri	Practice (Varsity Girls Outdoor Track)	N/A	3:15 PM	5:00 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
Mar 18, 2024	Mon	Practice (Varsity Girls Outdoor Track)	N/A	3:15 PM	5:00 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
Mar 19, 2024	Tue	Practice (Varsity Girls Outdoor Track)	N/A	3:15 PM	5:00 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
Mar 20, 2024	Wed	Practice (Varsity Girls Outdoor Track)	N/A	3:15 PM	5:00 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
Mar 21, 2024	Thu	Practice (Varsity Girls Outdoor Track)	N/A	3:15 PM	5:00 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
Mar 21, 2024	Thu	Practice (Varsity Boys/Girls Outdoor Tract Practice - SE School )	N/A	TBD		TBD	
Mar 22, 2024	Fri	Practice (Varsity Girls Outdoor Track)	N/A	3:15 PM	5:00 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
Mar 25, 2024	Mon	Practice (Varsity Girls Outdoor Track)	N/A	3:15 PM	5:00 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
CANCELLED Mar 25, 2024	Mon	Practice (Varsity Boys/Girls Outdoor Tract Practice - SE School )	N/A	TBD		TBD	Departure Point: NHS Gym Doors Departure Time: 3:45 PM
Mar 26, 2024	Tue	Practice (Varsity Girls Outdoor Track)	N/A	3:15 PM	5:00 PM	NHS Hallways, NHS Alcove Multipurpose Gym	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
Mar 27, 2024	Wed	Practice (Varsity Girls Outdoor Track)	N/A	3:15 PM	5:00 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
Mar 28, 2024	Thu	Practice (Varsity Girls Outdoor Track)	N/A	3:15 PM	5:00 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
Mar 28, 2024	Thu	Practice (Varsity Boys/Girls Outdoor Tract Practice - SE School )	N/A	TBD		TBD	Departure Point: NHS Gym Doors Departure Time: 3:45 PM
Mar 29, 2024	Fri	Practice (Varsity Girls Outdoor Track)	N/A	10:00 AM	12:00 PM	NHS Multipurpose Room, NHS Fitness Room	
Mar 30, 2024	Sat	Practice (Varsity Girls Outdoor Track)	N/A	10:00 AM	12:00 PM	NHS Multipurpose Room, NHS Fitness Room	
Apr 1, 2024	Mon	Practice (Varsity Girls Outdoor Track)	N/A	10:00 AM	12:00 PM	NHS Multipurpose Room, NHS Fitness Room	
Apr 2, 2024	Tue	Practice (Varsity Girls Outdoor Track)	N/A	10:00 AM	12:00 PM	NHS Multipurpose Room, NHS Fitness Room	
Apr 3, 2024	Wed	Practice (Varsity Girls Outdoor Track)	N/A	10:00 AM	12:00 PM	NHS Multipurpose Room, NHS Fitness Room	
CANCELLED Apr 4, 2024	Thu	Practice (Varsity Girls Outdoor Track)	N/A	10:00 AM	12:00 PM	NHS Multipurpose Room, NHS Fitness Room	
Apr 5, 2024	Fri	Practice (Varsity Girls Outdoor Track)	N/A	10:00 AM	12:00 PM	NHS Multipurpose Room, NHS Fitness Room	
Apr 8, 2024	Mon	Practice (Varsity Girls Outdoor Track - Indoor practice as needed )	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
Apr 9, 2024	Tue	Practice (Varsity Girls Outdoor Track - Indoor practice as needed )	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
Apr 10, 2024	Wed	Practice (Varsity Girls Outdoor Track - Indoor practice as needed )	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
Apr 11, 2024	Thu	Practice (Varsity Girls Outdoor Track - Indoor practice as needed )	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
Apr 12, 2024	Fri	Practice (Varsity Girls Outdoor Track - Indoor practice as needed )	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Alcove Multipurpose Gym	
Apr 15, 2024	Mon	Practice (Varsity Girls Outdoor Track - Indoor practice as needed)	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Alcove Multipurpose Gym	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 16, 2024	Tue	Practice (Varsity Girls Outdoor Track - Indoor practice as needed )	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Alcove Multipurpose Gym		
Apr 17, 2024	Wed	Practice (Varsity Girls Outdoor Track - Indoor practice as needed )	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Alcove Multipurpose Gym		
Apr 18, 2024	Thu	Practice (Varsity Girls Outdoor Track - Indoor practice as needed )	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Alcove Multipurpose Gym		
Apr 19, 2024	Fri	Practice (Varsity Girls Outdoor Track - Indoor practice as needed )	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Alcove Multipurpose Gym		
Apr 22, 2024	Mon	Practice (Varsity Girls Outdoor Track - Indoor practice as needed )	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Alcove Multipurpose Gym		
Apr 23, 2024	Tue	Practice (Varsity Girls Outdoor Track - Indoor practice as needed )	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Alcove Multipurpose Gym		
Apr 24, 2024	Wed	Practice (Varsity Girls Outdoor Track - Indoor practice as needed )	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Alcove Multipurpose Gym		
Apr 25, 2024	Thu	Practice (Varsity Girls Outdoor Track - Indoor practice as needed )	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Alcove Multipurpose Gym		
Apr 26, 2024	Fri	Practice (Varsity Girls Outdoor Track - Indoor practice as needed )	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Alcove Multipurpose Gym		
Apr 29, 2024	Mon	Practice (Varsity Girls Outdoor Track - Indoor practice as needed )	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Alcove Multipurpose Gym		
Apr 30, 2024	Tue	Practice (Varsity Girls Outdoor Track - Indoor practice as needed )	N/A	3:15 PM	5:30 PM	NHS Hallways, NHS Alcove Multipurpose Gym		

Date: 2024-05-15