

Coaches:

- Shaun Horan, Head Coach
- Sydney Chaffee, Coach
- Gloria Decker, Coach
- Phil Curley, Coach
- Tom Stoddard, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 13, 2023	Mon	Practice	N/A	3:30 PM	4:45 PM	NHS Multipurpose Room			
Mar 14, 2023	Tue	Practice	N/A	3:30 PM	4:45 PM	NHS Multipurpose Room			
Mar 15, 2023	Wed	Practice	N/A	3:30 PM	4:45 PM	NHS Multipurpose Room			
Mar 16, 2023	Thu	Practice	N/A	3:30 PM	4:45 PM	NHS Multipurpose Room			
Mar 17, 2023	Fri	Practice	N/A	3:30 PM	4:45 PM	NHS Multipurpose Room			
Mar 20, 2023	Mon	Practice	N/A	9:00 AM	10:30 AM	NHS Multipurpose Room			
Mar 21, 2023	Tue	Practice	N/A	3:30 PM	4:45 PM	NHS Multipurpose Room			
Mar 22, 2023	Wed	Practice	N/A	3:30 PM	4:45 PM	NHS Multipurpose Room			
Mar 23, 2023	Thu	Practice	N/A	3:30 PM	4:45 PM	NHS Multipurpose Room			
Mar 24, 2023	Fri	Practice	N/A	3:30 PM	4:45 PM	NHS Multipurpose Room			
Mar 27, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	NHS Turf Field			
Mar 28, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	NHS Turf Field			
Mar 29, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	NHS Turf Field			
Mar 30, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	NHS Turf Field			
Mar 31, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	NHS Turf Field			
Apr 3, 2023	Mon	Practice (Girls V Practice)	N/A	9:00 AM	10:30 AM	NHS Turf Field, NHS Multipurpose Room			
Apr 3, 2023	Mon	Practice	N/A	10:00 AM	11:00 AM	NHS Fitness Room			
Apr 4, 2023	Tue	Practice	N/A	10:00 AM		NHS Fitness Room			
Apr 5, 2023	Wed	Practice	N/A	10:00 AM		NHS Fitness Room			
Apr 6, 2023	Thu	Regular Season (Rotary Relays Chenango Forks)	@ TBD	4:30 PM	6:30 PM	TBD	Class Dismissal: 2:45 PM	Departure Time: 3:00 PM	NL
Apr 7, 2023	Fri	Practice	N/A	11:00 AM	12:00 PM	NHS Fitness Room			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 11, 2023	Tue	Regular Season 53-80-17 L	Ithaca, Oneonta	4:30 PM	6:30 PM	NHS Turf Field			L
Apr 18, 2023	Tue	Regular Season 74-65 W	@ Chenango Valley	4:30 PM	8:00 PM	CV - HS Warrior Stadium	Class Dismissal: 2:15 PM	Departure Time: 2:30 PM	L
Apr 22, 2023	Sat	Regular Season (Quinney Invite)	Harpursville (Afton/Harpur), Whitney Point, Cooperstown, Schenevus (Schenevus/Worcester), Oxford (Greene/Oxford), Unadilla Valley (UV), Deposit (Deposit- Hancock), Bainbridge Guilford, Delaware Academy, Edmeston (Morris/Edmeston), Walton, Chenango Valley, Oneonta, Newark Valley, Unatego, Greene (Greene/Oxford), Laurens (Laurens/Milford) @ Sidney	10:00 AM		Sidney HS Track		Departure Time: 8:30 AM	NL
Apr 25, 2023	Tue	Regular Season 88-52 W	Oneonta	5:00 PM	6:30 PM	NHS Turf Field			L
Apr 27, 2023	Thu	Regular Season (Penn Relays @ Philadelphia)	@ TBD	TBD		TBD	Class Dismissal: 1:45 PM		NL
Apr 29, 2023	Sat	Meet (Chittenango Invitational)	Vs. Multiple	1:00 PM	6:00 PM	Chittenango HS- Stadium		Departure Time: 10:45 AM Return Date: Return Time: 7:00 PM	NL
May 2, 2023	Tue	Regular Season	Susquehanna Valley	4:30 PM	6:30 PM	NHS Turf Field			L
May 5, 2023	Fri	Regular Season (REK)	Unatego, Oxford (Greene/Oxford), Bainbridge Guilford, DeRuyter, Edmeston (Morris/Edmeston), Sherburne-Earlville, Cincinnatus, Deposit (Deposit-Hancock), Morrisville-Eaton, Unadilla Valley (UV), Sidney	4:00 PM	9:00 PM	NHS Turf Field	Class Dismissal: 1:45 PM		NL
May 9, 2023	Tue	Regular Season	@ Windsor	5:00 PM		Windsor High School Track	Class Dismissal: 2:15 PM	Departure Time: 2:30 PM Return Date: Return Time: 9:00 PM	L
May 12, 2023	Fri	Regular Season (Yellowjacket Invite @ Oneonta)	@ TBD	4:30 PM		TBD	Class Dismissal: 2:15 PM	Departure Time: 2:30 PM Return Date: Return Time: 9:00 PM	NL
May 17, 2023	Wed	Regular Season (STAC Championships @ Vestal)	@ TBD	5:00 PM		TBD	Class Dismissal: 1:45 PM	Departure Time: 2:00 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 20, 2023	Sat	Regular Season (Need for Speed / STAC Pent @ JC)	@ TBD	10:00 AM		TBD		Departure Time: 8:00 AM	L
May 23, 2023	Tue	Regular Season (Class A/B Championships @ Vestal)	@ TBD	5:00 PM		TBD	Class Dismissal: 2:30 PM	Departure Time: 1:00 PM	L
May 31, 2023	Wed	Post-Season (State Qualifiers @ Union Endicott)	@ TBD	4:00 PM		TBD	Class Dismissal: 1:45 PM	Departure Time: 2:00 PM	NL
Jun 1, 2023	Thu	Post-Season (State Qualifiers @ Union Endicott)	@ TBD	4:00 PM		TBD	Class Dismissal: 1:45 PM	Departure Time: 2:00 PM	NL
Jun 9, 2023	Fri	Post-Season (NYS Championships @ Middletown)	@ TBD	TBD		TBD			NL
TBD		Practice	N/A	10:00 AM	11:00 AM	NHS Fitness Room			

Date: 2024-05-17