

Coaches:

- Mike Chrystie, Head Coach
- Tom Stoddard, Asst Coach
- Wes Mills, Asst Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---|-------------------------|---------------|-------------|--------------------------------|---|----------------------------|
| Aug 20, 2022 | Sat | Practice (Football Practice) | N/A | 9:00 AM | 12:00 PM | NHS Stadium (Turf Field) | | |
| Aug 22, 2022 | Mon | Practice (Football Practice) | N/A | 4:00 PM | 7:00 PM | NHS Stadium (Turf Field) | | |
| Aug 23, 2022 | Tue | Practice (Football Practice) | N/A | 4:00 PM | 7:00 PM | NHS Stadium (Turf Field) | | |
| Aug 24, 2022 | Wed | Practice (Football Practice) | N/A | 4:00 PM | 7:00 PM | NHS Stadium (Turf Field) | | |
| Aug 25, 2022 | Thu | Practice (Football Practice) | N/A | 4:00 PM | 7:00 PM | NHS Stadium (Turf Field) | | |
| Aug 26, 2022 | Fri | Practice (Football Practice) | N/A | 4:00 PM | 7:00 PM | NHS Stadium (Turf Field) | | |
| Aug 27, 2022 | Sat | Practice (Football Practice) | N/A | 9:00 AM | 12:00 PM | NHS Stadium (Turf Field) | | |
| Aug 29, 2022 | Mon | Practice (Football Practice) | N/A | 4:00 PM | 7:00 PM | NHS Stadium (Turf Field) | | |
| Aug 30, 2022 | Tue | Practice (Football Practice) | N/A | 4:00 PM | 7:00 PM | NHS Stadium (Turf Field) | | |
| Aug 31, 2022 | Wed | Practice (Football Practice) | N/A | 4:00 PM | 7:00 PM | NHS Stadium (Turf Field) | | |
| Sep 1, 2022 | Thu | Practice (Football Practice) | N/A | 4:00 PM | 7:00 PM | NHS Stadium (Turf Field) | | |
| Sep 2, 2022 | Fri | Regular Season (Week "0" Game) 69-0 W | Sherburne- Earlville | 7:00 PM | 9:00 PM | NHS Stadium (Turf Field) | | NL |
| Sep 9, 2022 | Fri | Regular Season 34-40 L | Westhill | 7:00 PM | 9:00 PM | NHS Stadium (Turf Field) | | NL |
| Sep 16, 2022 | Fri | Regular Season 14-45 L | @ Maine- Endwell | 7:00 PM | | Maine- Endwell HS Turf | Departure Point: Highschool Gym Doors Departure Time: 3:45 PM | L |
| Sep 23, 2022 | Fri | Regular Season 28-6 W | Windsor | 7:00 PM | 9:00 PM | NHS Stadium (Turf Field) | | L |
| Sep 30, 2022 | Fri | Regular Season 38-26 W | @ Johnson City | 7:00 PM | 10:00 PM | JC Wildcat Stadium | Departure Point: Highschool Gym Doors Departure Time: 3:45 PM | L |
| Oct 7, 2022 | Fri | Regular Season 26-6 W | Oneonta | 7:00 PM | 9:00 PM | NHS Stadium (Turf Field) | | L |

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| Oct 14, 2022 | Fri | Regular Season (Homecoming) 48-6 W | Chenango Valley | 7:00 PM | 9:00 PM | NHS Stadium (Turf Field) | | L |
| Oct 21, 2022 | Fri | Regular Season 23-20 W | @ Owego Apalachin | 7:00 PM | | OFA Stadium | Departure Point: Highschool Gym Doors Departure Time: 3:30 PM | L |
| Oct 28, 2022 | Fri | Regular Season (Senior Night) 17-34 L | Waverly | 7:00 PM | 9:00 PM | NHS Stadium (Turf Field) | | L |
| Nov 4, 2022 | Fri | Regular Season (Sectional Semi-final) 35-34 W | Windsor | 7:00 PM | 9:00 PM | NHS Stadium (Turf Field) | | L |
| Nov 12, 2022 | Sat | Post-Season (Section IV Class B Final) 13-37 L | @ Maine- Endwell | 1:30 PM | | Maine- Endwell HS Turf | | L |
| Apr 23, 2023 | Sun | Practice (Off-season workouts) | N/A | 6:00 PM | 7:30 PM | NHS Stadium (Turf Field) | | |
| Apr 30, 2023 | Sun | Practice (Off-season workouts) | N/A | 6:00 PM | 7:30 PM | NHS Stadium (Turf Field) | | |
| May 7, 2023 | Sun | Practice (Off-season workouts) | N/A | 6:00 PM | 7:30 PM | NHS Stadium (Turf Field) | | |
| May 14, 2023 | Sun | Practice (Off-season workouts) | N/A | 6:00 PM | 7:30 PM | NHS Stadium (Turf Field) | | |
| May 21, 2023 | Sun | Practice (Off-season workouts) | N/A | 6:00 PM | 7:30 PM | NHS Stadium (Turf Field) | | |
| May 28, 2023 | Sun | Practice (Off-season workouts) | N/A | 6:00 PM | 7:30 PM | NHS Stadium (Turf Field) | | |
| Jun 4, 2023 | Sun | Practice (Off-season workouts) | N/A | 6:00 PM | 7:30 PM | NHS Stadium (Turf Field) | | |
| Jun 11, 2023 | Sun | Practice (Off-season workouts) | N/A | 6:00 PM | 7:30 PM | NHS Stadium (Turf Field) | | |
| Jun 12, 2023 | Mon | Practice (Norwich Thud Camp) | N/A | 5:00 PM | 7:30 PM | NHS Stadium (Turf Field) | | |
| Jun 13, 2023 | Tue | Practice (Norwich Thud Camp) | N/A | 5:00 PM | 7:30 PM | NHS Stadium (Turf Field) | | |
| Jun 18, 2023 | Sun | Practice (Off-season workouts) | N/A | 6:00 PM | 7:30 PM | NHS Stadium (Turf Field) | | |
| Jun 25, 2023 | Sun | Practice (Off-season workouts) | N/A | 6:00 PM | 7:30 PM | NHS Stadium (Turf Field) | | |
| Jun 26, 2023 | Mon | Practice (Team Camp @ Cortland) | N/A | 5:30 PM | 8:30 PM | TBD | | |
| Jun 27, 2023 | Tue | Practice (Team Camp @ Cortland) | N/A | 5:30 PM | 8:30 PM | TBD | | |
| Jun 27, 2023 | Tue | Practice (Off-season workouts) | N/A | 5:45 PM | 7:00 PM | NHS Stadium (Turf Field) | | |

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| Jun 29, 2023 | Thu | Practice (Off-season workouts) | N/A | 5:45 PM | 7:00 PM | NHS Stadium (Turf Field) | | |

Date: 2025-12-06