



Norwich

(B) 7/8TH Cross Country

Coaches:

- Shaun Horan, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field		
Sep 3, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field		
Sep 4, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field		
Sep 5, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field		
Sep 8, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field		
Sep 9, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field		
Sep 10, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field		
Sep 11, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field		
Sep 12, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field		
Sep 15, 2025	Mon	Practice	N/A	3:30 PM		Stanford Gibson Athletic Field		
Sep 16, 2025	Tue	Regular Season (@ UV)	@ TBD	4:45 PM		TBD	Departure Point: NHS Gym Doors Departure Time: 3:30 PM	L
Sep 16, 2025	Tue	Regular Season (MAC meet (Unadilla Valley))	@ TBD	4:45 PM		TBD	Departure Point: NHS Gym Departure Time: 3:30 PM	L
Sep 17, 2025	Wed	Practice	N/A	3:30 PM		Stanford Gibson Athletic Field		
Sep 18, 2025	Thu	Practice	N/A	3:30 PM		Stanford Gibson Athletic Field		
Sep 23, 2025	Tue	Regular Season (Meghan Sorbera Invitational @Pathfinder Village Edmeston NY 13335)	@ TBD	TBD		TBD	Departure Point: NHS Gym Departure Time: 2:30 PM	L
Sep 27, 2025	Sat	Regular Season (EJ Herman Invite @ Proctor Park Utica)	@ TBD	9:30 AM		TBD	Departure Point: NHS Gym Departure Time: 7:30 AM	L
Sep 30, 2025	Tue	Regular Season (@ General Clinton Park)	@ TBD	TBD		General Clinton Park - Bainbridge	Departure Point: NHS Gym Doors Departure Time: 3:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 30, 2025	Tue	Regular Season (MAC Meet @ Bainbridge Clinton Park)	@ TBD	TBD		TBD	Departure Point: NHS Gym Departure Time: 3:30 PM	L
Oct 4, 2025	Sat	Regular Season (McDaniel-Baxter XC Invitational @ CV School)	@ TBD	9:30 AM		CV - HS Rock Pile Field	Departure Point: NHS Gym Departure Time: 7:30 AM	L
Oct 11, 2025	Sat	Regular Season (Norwich Invite)	Sidney	9:30 AM		NHS Cross Country Field		NL
Oct 18, 2025	Sat	Regular Season (Marathon Invite-Appleby Elementary School)	@ TBD	9:15 AM		TBD	Departure Point: NHS Gym Departure Time: 7:15 AM	L
Oct 25, 2025	Sat	Regular Season (STAC Championships @Ann McGuinness Elementary - Endicott)	@ TBD	11:00 AM		TBD	Departure Point: NHS Gym Departure Time: 9:00 AM	L
Oct 25, 2025	Sat	Regular Season (STAC Varsity Championships)	@ TBD	TBD		TBD	Departure Point: NHS Gym	L

Date: 2025-12-08