



# Norwich

## (B) 7/8TH Cross Country

### Coaches:

- Shaun Horan, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 5, 2023	Tue	Practice (Modified XC Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 6, 2023	Wed	Practice (Modified XC Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 11, 2023	Mon	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 13, 2023	Wed	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 14, 2023	Thu	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 15, 2023	Fri	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 18, 2023	Mon	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 20, 2023	Wed	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 21, 2023	Thu	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 22, 2023	Fri	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 25, 2023	Mon	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 27, 2023	Wed	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 28, 2023	Thu	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 2, 2023	Mon	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 3, 2023	Tue	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 4, 2023	Wed	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 5, 2023	Thu	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 6, 2023	Fri	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 7, 2023	Sat	Regular Season (Norwich Invite)	Sidney	TBD		NHS Hallways		NL
Oct 10, 2023	Tue	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 11, 2023	Wed	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 12, 2023	Thu	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 13, 2023	Fri	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 16, 2023	Mon	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
CANCELLED Oct 17, 2023	Tue	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 19, 2023	Thu	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 20, 2023	Fri	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 23, 2023	Mon	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 24, 2023	Tue	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 25, 2023	Wed	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 26, 2023	Thu	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 27, 2023	Fri	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 30, 2023	Mon	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Oct 31, 2023	Tue	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Nov 1, 2023	Wed	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Nov 3, 2023	Fri	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Nov 6, 2023	Mon	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Nov 7, 2023	Tue	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Nov 8, 2023	Wed	Practice (Boys Modified X-Country Practice )	N/A	3:30 PM	5:00 PM	Stanford Gibson		

Date: 2024-05-16